

The voice of Southbank

SOUTHBANK Local NEWS

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Fashion frenzy hits Southbank

Melbourne's Spring Fashion Week has burst into life at Southgate, with an extended program of free exhibitions and displays. Find out more on page 12.

Southbank snubbed on overshadowing

By Sean Car

The City of Melbourne has gone against its own planning advice to support overshadowing of the "sacrosanct" south bank of the Yarra, in return for open space in the CBD.

Only a month after stating that rules preventing overshadowing the Yarra River were "sacrosanct," Lord Mayor Robert Doyle concluded at the September 9 Future Melbourne Committee meeting that the Collins St development "carries the day."

By voting 6-3, councillors gave their approval of an application submitted to the Planning Minister for a 300-metre skyscraper at 433-455 Collins St, which will cast a shadow onto Queensbridge Square in Southbank.

Under the deal, developer Cbus has agreed to provide the City of Melbourne with 1900 square metres of public open space for a park, in a "trade off" for council supporting increased height of its proposed tower.

While the decision marks the first time the council has supported overshadowing of the Yarra River, the Lord Mayor dismissed concerns that it would set a dangerous precedent for developers in the future.

"To say it creates a precedent is simply wrong," he said. "The Rialto is there, 555 has a permit to overshadow, and there are two other buildings that either just overshadow or are just short of it."

If approved by Planning Minister Matthew Guy, the tower would cast a moving 25-metre shadow over the Southbank Promenade, Freshwater Place and Crown Casino during the deepest part of winter.

During the meeting, Cbus representatives



branded the proposal as "exceptional," calling on a relaxation of the planning scheme for what they argued would be only a minor incursion of shadow.

Cr Ken Ong agreed saying that the permanency of the shadow wasn't enough to deprive the city of desperately needed open space.

"25 metres, yes it is a shadow. 25 metres, depending on the pace you walk, you would probably out-walk it within 10 seconds," he said.

Freshwater Place resident Peter Renner said compromising already limited open space in Southbank would have a profound impact on residential and public amenity.

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Deadline for edition 35 is October 12.

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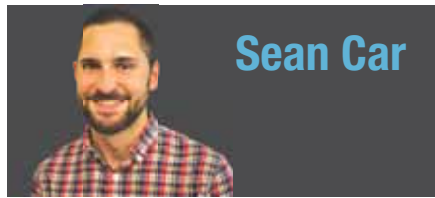
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Sean Car

From a political perspective, it has undoubtedly been a rough month for Southbank.

With a council based in Melbourne, state representation in Albert Park and a distant federal member in St Kilda, this community is certainly no stranger to political ambiguity.

However, while political boundaries might only represent lines on a map to some, those same lines continue to provide the only comprehensible justification as to why this community's voice too often becomes lost and ultimately disregarded.

And while as an editor of the newspaper I am conscious of overreaching the mark as an independent observer, I can't help but notice what's fair and what's concerning.

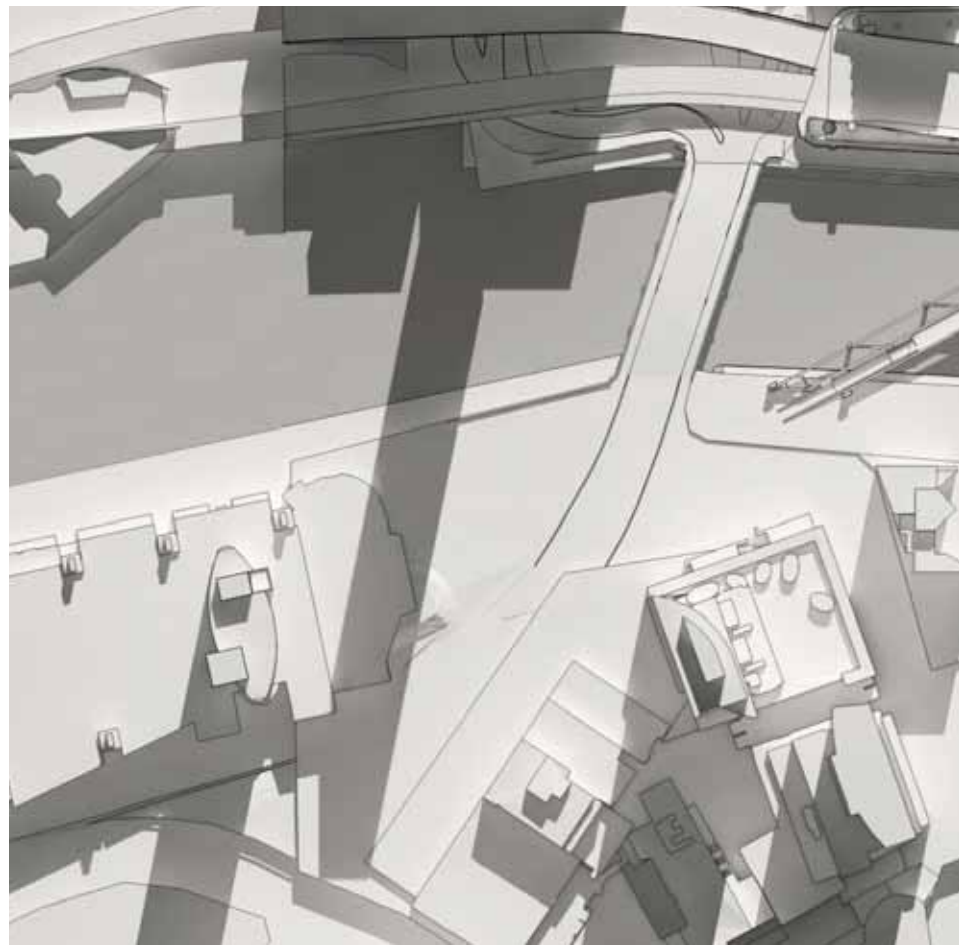
Twice in September, the City of Melbourne ruled against the wishes of the Southbank community and twice ignored the professional and mandatory advice of its own planning officers to do so.

Even to an independent observer, I can't help but deem a rogue council as concerning.

This community has an important voice, yet twice in the space of a week, many of our councillors chose to disregard it.

In wake of these decisions I can't help but be inclined to feel that without some added volume, Southbank risks losing one of the few remaining voices it has politically.

I can only hope next time council rules on a matter affecting Southbank, that it does so with the community in mind and not the "1 per cent".



A diagram highlighting the extent of shadow cast over Queensbridge Square and Freshwater Pl by the proposed tower

Southbank snubbed on overshadowing

Continued from page 1

"The issue here is the access that people have got to sunlight and daylight in Southbank. There's not a lot," he said.

"We've got a prohibition on a shadow at Southbank and we're talking about overriding that because it's exceptional."

Yarra River Business Association executive officer Tim Bracher said Southbank promenade businesses were dependent on sunlight, with winter being the most challenging financial period.

Only a week after councillors voted to

override the advice of planning officers to deny a permit for the Southbank UpMarket, Cr Rohan Leppert was once again critical of his colleagues.

"We're actually talking about a mandatory control here, so this isn't about negotiating under the current rules. It's about changing the rules," he said.

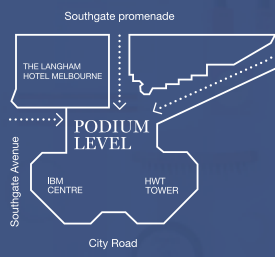
"Citizens are looking at council and saying that they're happy to breach their own planning scheme, they're happy to break their own rules and we do it far too often."

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Council sides against market majority

A packed City of Melbourne Future Melbourne Committee meeting was left stunned on September 2, as councillors voted to reject a planning permit for the new designer 'UpMarket' in Southbank.

After voting 6-3 against the proposal, the decision marks the first time in which the current council has dismissed the advice of their own planning officers and a local residents group.

Had it been approved, the market would have operated 9am until 4pm every Saturday at the forecourt of Australian Centre for Contemporary Arts (ACCA), on Grant St.

Having been expected to approve a permit at August's meeting, the council elected to delay its decision until September in wake of strong opposition from residents of the Melburnian and the Sovereign apartment complexes.

Residents lined up again to express their fury at the prospect of having their Saturday's ruined by noise and traffic, with owners corporation chair at the Sovereign Ross Passalacqua even suggesting market goers would urinate on his fence.

Despite the market's management team presenting 546 support letters to council, addressed by members of the community and residents of both buildings, council still proceeded to deny organisers a permit.

Cr Beverley Pinder-Mortimer was one of the six councillors to sympathise with the small number of opposing residents, arguing that the market would affect traffic and the safety of pets and children.

"I actually live in a street that gets blocked off every year for the Grand Prix five days of the year," she said. "If there were a further 47 days where it was blocked off, I don't know what I'd do."

Lord Mayor Robert Doyle surprised many by also voting against the market, arguing that it

lacked merit as a "design-hub".

"The argument has been put before us is that it's a design hub, not just a market, but a design hub. Yet I have not heard a single argument about anything about design," he said

"When that question was asked, the response was about food and the quality of food produce. That's not the same thing."

Cr Rohan Leppert, one of the three councillors to vote in favour of the UpMarket, was quick to slam his fellow councillors for basing their vote on "indulgence" rather than principle.

"It was an atrocious decision," he said. "Council has the duty to apply the planning scheme, but I think that too many of the councillors who voted against the market did so for reasons beyond our remit."

"It's decisions like these, which contradict the planning scheme and adopted strategies for Southbank, which frustrate local communities and erode the trust in government."

Unlike August, September's meeting heard submissions from a number of community members, including Sovereign resident Paul Doyle, who spoke in "enthusiastic support" of the market.

Former president of the Southbank Residents Group, Joe Bagnara, also spoke in favour, arguing the market was exactly what Southbank needed to find its soul.

"You've spent over a million dollars developing that beautiful park area, but it's sterile," he said. "We want to get people out of their little boxes."



An artist's impression of the proposed residential tower on the former MCEC site at Flinders Wharf.

River residential plans submitted

Plans for a \$400 million residential precinct on the former Melbourne Convention and Exhibition Centre site were last month submitted to the state planning department.

A joint venture between Eureka Funds Management and Clement Lee, the proposal would see some 1100 apartments constructed across four residential buildings at the corner of Flinders and Spencer streets.

The two companies have been partners in the site since acquiring it from the

State Government in 2010.

According to Asset1 WTC (a Clement Lee business) chief operating officer Gavin Boyd, the towers will range in height from 24 to 34 storeys.

He said the shorter of the towers would be situated closer to the river, while the taller towers would be closer to Flinders St, avoiding overshadowing of the southern bank of the river.

Mr Boyd said the plan to convert the site to a residential permit was driven by a stronger "appetite" in the current market for residential buildings over commercial.

According to Mr Boyd, demolition work to remove the former convention and exhibition centre was currently underway.

He said there was no date confirmed for commencement of construction.

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Beware of con-artist monks

A pair of con-artists dressed as Buddhist monks have been sighted along Southbank Promenade tricking unsuspecting shoppers and tourists into giving them cash.

Southbank Local News spotted two men in September, approaching members of the public up and down the footbridge between Southgate and Flinders St Station.

A group of four has also been spotted scamming people along South Wharf Promenade and outside the Arts Precinct.

The con-artists are a part of a scam that has been widely reported in other major cities around the world.

The scammers will often approach people by thrusting a gold-coloured plastic card with a hologram of Buddha into their hand, before demanding cash in return.

They also ask people to write their initials and how much money they have given into a small notepad, which has records of previous "donations" listed.

A Victoria Police spokesperson said police were aware of the scam but were unable to charge the men, because they didn't claim to be monks or say they were collecting money for a charity.

The Federation of Australian Buddhist Councils President Kim Hollows labeled the men as "characters" and said the scam was damaging the reputation of genuine Buddhist monks.

"In no way does Buddhism condone a monk or a nun, to wander the streets and ask people for money," he said.

"We have received a number of complaints from people over the scam, mainly from overseas tourists."

Mr Hollows said genuine monks would also only ever wear sandals and not properly-closed shoes.

The public is being urged to ignore the con-artists advances if approached and to report any scams to Consumer Affairs.




An image of two of the con artists captured by a local resident (above and top right) and the two men trick members of the public at the footbridge between Flinders St Station and Southbank Promenade (bottom right).



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Fishermans Bend gets off to a flying start

Five major planning permits have been given the green light by Planning Minister Matthew Guy for Southbank's newest neighbour, Fishermans Bend.

Mr Guy has approved the construction of 11 towers in the Montague precinct of the area, between Southbank and South Melbourne, which will run immediately adjacent to the new Melbourne Rail Link underground metro station.

The \$738 million investment will provide 2800 new homes and is expected to create up to 6000 jobs over the course of construction.

Mr Matthew Guy said the inner-city renewal project was a major boost to Melbourne's and Victoria's economies.

"Fishermans Bend will be a key driver of Melbourne's liveability over the next decades," he said.

"Development will create significant investment, jobs and commercial opportunities right on the doorstep of Melbourne's CBD."

"Construction alone will deliver billions of dollar in economic benefits to Victoria over the next 40 years."

The five permits relate to four sites on Buckhurst and Gladstone streets in South Melbourne, and a 40-storey tower at Normanby Rd in Southbank.

Four of the six towers to be built on Buckhurst St will be between 27 and 30-storeys, while another four towers on Gladstone St will each top out at 30 storeys.

The project also includes plans for two new CBD-style laneways between Gladstone and Buckhurst Streets, through land covered by three of the permits.

Mr Guy slammed Labor's criticism of the Fishermans Bend planning strategy, stating that the central city was the appropriate place for high-density urban renewal.

"Labor has been hopelessly inconsistent about Fishermans Bend and have lost any credibility on the issue," he said.

"We shouldn't be pushing high-rise projects into quiet suburban streets as happened



An artist's impression of the 40-storey tower approved for construction at 199 Normanby Rd in Southbank.

under Labor's anything goes Melbourne 2030 policy."

However, Helen Halliday of the Fishermans Bend Network (FBN), a community-based advocacy group, has slammed the State Government's decision to approve the towers.

"The Victorian Government is showing it has no concept of how to turn the objectives of its own planning framework into a liveable reality," she said.

"Even worse, the Government is ignoring the views of the community, two local councils and a number of other expert bodies."

With two of the 30-storey developments in Buckhurst and Gladstone Streets situated next to the proposed Ferrars St School, Ms Halliday said students would have a shadow cast on them.

"These kids will never see the light of day and their feet will never touch the ground," she said. "Mr Guy's trying to put up the penthouse before putting in the foundations."

"The government only has the sketchiest of ideas on where schools, open space, and transport infrastructure will be located."

"Other community services such as aged care, libraries and health centres have not even been mentioned."

Member for Albert Park Martin Foley has called for a moratorium on further approvals until questions of infrastructure funding, public transport and community services - including schools - have been resolved.

Construction is expected to get underway later this year.



Forensic first

A new world-class forensic centre has been unveiled at the Coroners Court of Victoria at Kavanagh St in Southbank.

The \$102.7 million extension of the State Coronial Services Centre provides cutting-edge facilities and a new centralised home for the Victorian Institute of Forensic Medicine.

The improvements will aid the institute with a refurbished mortuary, histopathology, toxicology and molecular laboratories, as well as a clinical forensic department.

Speaking at the unveiling, Attorney-General Rob Clark said the redevelopment was a major boost to forensic investigation in Victoria.

"This facility will be a centre for expertise in clinic forensic medicine, death investigation and tissue banking," he said.

"This refurbishment provides an integrated facility where experts across forensic medicine and the justice system can share their knowledge."

The major renovation also includes three new courtrooms, a remote witness room, counseling suites, as well as upgraded facilities for Victoria Police.

Construction of the new Donor Tissue Bank of Victoria centre is expected to be complete by the end of the year and will provide the most advanced facility in Australia for the recovery of body tissue for transplantation.



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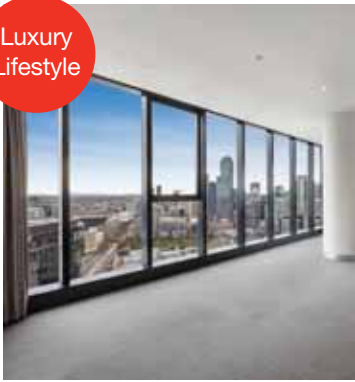
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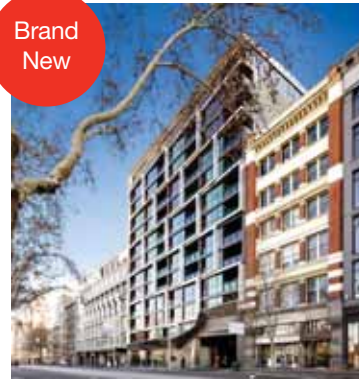
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A local parent addresses the three candidates for the seat of Albert Park at September's Education Q&A forum.

Parents voice school anger

The three main contenders for the state parliamentary seat of Albert Park witnessed parent frustration boil over at September 10's education forum, over the area's growing schools crisis.

Education lobby group Two Schools Now invited Labor MP Martin Foley, Liberal candidate Shannon Eeles and Greens candidate David Collis to provide the audience a chance to test their policies ahead of November's state election.

Candidates were subjected to fierce scrutiny, as many of the 70 attendees vented their anger in the hope of seeking answers behind the disastrous state of public education in our area.

A local father stated that he was "angry as hell," while a mother was even reduced to tears, branding the nature of the debate as "un-fathomable" and questioned why local children were still being forced to suffer.

"A decade ago we were fighting for childcare; we have known about this problem for so long," she said. "We shouldn't have to fight for it, it's just ridiculous."

Another parent made an impassioned plea for political action, acknowledging that, while local members "have their hearts in the right place," it was time to put policy makers on notice.

Liberal candidate Shannon Eeles said she was using everything in her power to persuade the Education Minister Martin Dixon to commit further funding to the Coalition's promised Ferrars St school.

"Like you, I don't want to be in this position in another two, or four, or 10 years time," she said.

Albert Park MP Martin Foley said Labor's \$11.5 million dollar plan for South Melbourne Park Primary remained the most viable option for a new school, with concerns surrounding contamination at Ferrars St.

However, parents expressed greater concerns by the fact that neither major party had secured a site for a secondary school or stated plans for an additional primary school.

While the Napthine government has committed \$20 million for a new secondary school in Prahran, which will accept students from the City of Port Phillip, parents were unanimous in agreeing that it wouldn't come close to solving the issue.

Mr Foley quizzed Ms Eeles as to why no site had been designated as part of the new Fishermans Bend strategy, despite five permits recently being issued for high-rise developments.

"Why is there a building application sitting on Mr Guy's desk for a 35-storey development at what has been allocated as green space, but no school?" he asked.

Ms Eeles agreed Ferrars St was not enough but said her party would only promise schools they would actually build.

Two Schools Now president Marie Walters said that, of more than 400 local parents who responded to a recent survey, almost 90 per cent said the issue would be a "vote decider."

Theft clamp down

Police are urging local residents to be more vigilant, following a growing rate of thefts being reported in the Southbank area.

According to members of St Kilda Road Police Station, theft of, or theft from motor vehicles are among the highest crimes in the Southbank area, with incidents reported everyday.

Station commander at St Kilda Road Police Station Snr-Sgt Steve Bills says residents must take more caution in considering what possessions they leave behind when exiting their vehicles.

"In 95 per cent of the cases, if you don't leave something in your vehicle that's inviting the offender to think about breaking into your car, then invariably they won't," he said.

"Stuff like \$10 in coins sitting in the centre console or your smelly gym bag - it may only have smelly gym clothes in it to you, but to the crook that's looking in through the window, there could be a phone or a wallet."

Snr-Sgt Bills said residents living in high-rise apartment complexes must also take more care when entering and exiting underground car parks, with thefts occurring as a result of people simply

sneaking in.

"A lot of these apartments are sold on this promise of secure parking and that is a misnomer straight up," he said.

"All you need to see when you drive into the parking area is to see how slowly the gate behind you closes. There are so many people that live in these apartments, you've got no idea who's meant to be there or not."

According to police, bicycles are the most commonly stolen item, as a result of people either not securing them properly or not securing them at all.

Snr-Sgt Bills said such crimes were difficult for police and there was a lot the public could do to prevent them from occurring.

"It comes down to people using really lousy locks on these bikes, they've got thousand dollar bikes that they're putting a \$10 lock on," he said.

"These crimes can all be avoided by the people taking more care to discourage offenders from even thinking about offending in the first place."

Council leads on waterways

The City of Melbourne (CoM) last month extended its advocacy for rationalisation of governance structure of the Yarra River.

The council included the issue as one of 15 questions to candidates in the upcoming state election.

Specifically, the council is asking: "Will you support rationalisation of the management of the Docklands waterways and Yarra River?"

The questionnaire is a first for the council and results will be published on the CoM website.

And on October 24 the council's delegates councillors Stephen Mayne and Rohan Leppert will be asking the Municipal Association of Victoria's (MAV) state conference for support on the issue.

On September 9, the council's Future

Melbourne Committee approved a proposal seeking support from the wider local government community to lobby the State Government for change.

The CoM's motion reads: "That MAV State Council seeks support from the State Government for a rationalisation of the governance of the Yarra, Docklands and Port Phillip Bay."

A report supporting the motion said: "The existing waterways governance model involves 16 agencies and a complex framework of 21 pieces of overlapping, non-hierarchical legislation. The intricacy leads to duplicated processes and a scenario where there are many hands on the wheel, but nobody steering."



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Behind the Victoria Barracks gates

With the iconic Victoria Barracks currently receiving some major upgrades, the Department of Defence was kind enough to grant 'Southbank Local News' a tour, to get an insight into the project.

As part of a 2009 review of the national defence system's protective security arrangements, the Federal Government ultimately established the Base Security Improvement Program (BSIP) to implement the review's recommendations.

The Victoria Barracks was one of a number of bases across Australia to be identified as a site needing an upgrade through the Base Infrastructure Works (BIW) project.

Senior Defence Officer at Victoria Barracks, Air Commodore Christine Tolson, said careful consideration of the heritage status of other buildings at the barracks was one of the most challenging aspects of the project.

"As Victoria Barracks Melbourne has been part of the defence estate since the mid 19th century, the potential for historical archaeology has been documented at the site," she said.

"The construction plan had to ensure that if any finds are uncovered during construction, they are managed in accordance with state and federal legislation."

Air Commodore Tolson said Defence Australia had engaged a specialist environment and heritage consultant to prepare an initial review of all heritage sites at the base.



An artist's impression of the new control point at the Wells St entrance to Victoria Barracks.

"This review also considered heritage issues and noted that a number of the sites to receive works under the BIW Project include nationally significant heritage values."

"Specific attention was given in the design phase to avoid or minimise any heritage impacts on the site, with the process being informed by engagement with defence and local government heritage planners."

Upgrade works at Wells St, Southbank will provide a new access control point facility with pass office, command and monitoring facility, guard house and mail-sorting room opposite Miles St.

And while whispers have circulated that the historic gates at the existing control point would be removed as part of the St Kilda Rd redevelopment, Air Commodore Tolson confirmed this is not the case.

"The historic gates on the St Kilda Rd entrance will not be removed, however this access control point will become a pedestrian-only entrance," she said.

"The refurbishment will include a new pass office, security gate, vehicle barriers and landscaping."

Air Commodore Tolson said increased CCTV coverage, a public alert system and duress alarm system would also be implemented, in an effort to modernise security within the base.

The Victoria Barracks was first established in 1856 for the purpose of providing accommodation for British Empire garrison troops, who were most notably renowned for dismantling the Eureka Stockade rebellion in Ballarat.

The base was also home to the Department of Defence between 1901 and 1958, the Australian War Cabinet during World War II and the first Air Force headquarters.

Today, the barracks is predominantly home to the Defence Materiel Organisation (DMO) and the ADF Joint Logistics Command, as well as a host of other smaller units.

The redevelopment is expected to be complete later this year.

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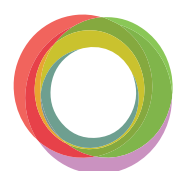
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An artist's impression of the ABC's redeveloped facilities at Southbank Boulevard and Sturt St in Southbank.

New-look ABC

Construction is now underway on a \$176 million expansion to the ABC's facilities in Southbank.

Having been given the green light by the State Government in February, the new building is being constructed on the adjacent site at 102-118 Sturt St, with the purpose of integrating it into the existing building at Southbank Boulevard.

Constructed by Cox Architecture, the five-storey development will incorporate new television studios for the production of local, national and international news and current affairs, as well as a host of other programs.

The studios will address the ABC's urgent need to increase audience capacity, in a bid to enhance viewer experience and take strain off its current studios at Elsternwick.

The new-look facility is also expected to bring significant cultural benefits to Melbourne's art precinct, providing accommodation for up to 700 staff, including the Melbourne Symphony Orchestra.

An ABC spokesperson said the project came as a major boost to the media industry and reinforced the organisation's long-term commitment to Southbank.

"The proposed scope of works involves consolidation of all of ABC Melbourne metropolitan operations to 120 Southbank Boulevard," the spokesperson said.

"This project becomes important to the broader commercial and independent television production sectors and supporting the maintenance and development of production and operational skills."

"It will support Southbank's place as a vibrant arts precinct by providing greater public connection, interactive program opportunities and an improved streetscape."

The upgrades will also include a new ground floor cafe, which is expected to increase street level activation for staff, precinct neighbours and the general public.

The project is expected to generate 300 full-time jobs for the duration of construction and provide a \$491.5 million boost to the Victorian economy over its lifespan.

The new facilities are expected to be officially unveiled in early 2017.

White Night set to dazzle again

Fast-becoming one of Australia's premier cultural events, White Night will light up Melbourne's streets once again on February 21, 2015.

Since being established in 2013, the all-night event has become a major fixture on the city's cultural calendar and a national celebration embraced by residents and tourists.

In confirming the return of White Night, Minister for Tourism and Major Events Louise Asher said the Government was pleased to be launching the event for another year.

"In two short years, White Night Melbourne has staked its place as a significant major cultural event in Australia," she said.

"The event is a major tourist draw card, it delivers economic dividends for city traders and hoteliers, and provides wonderful opportunities for the local and international creative community," she said.

Melbourne's streets, laneways, public buildings and cultural institutions such as the Arts Centre and the National Gallery of Victoria in Southbank, will once again be transformed over a 12-hour period.

Artists, performers and organisers can register their interest in participating in White Night 2015 by visiting www.whitenightmelbourne.com.au



White Night focussed on Flinders St Station in previous years.

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A bicycle ride like no other

Southbank businessman Adrian Moelands has just completed the ride of his life, in an effort to raise awareness for a cause that is very close to his heart.

Following months of rigorous training, the 34-year-old CUB development manager was one of 40 riders to embark on the Ride for Sick Kids, a seven-day 500km bike ride around Victoria and Tasmania.

All proceeds raised through the week-long trek have been donated to Ronald McDonald House, a charity Adrian has a personal connection with.

At just three-weeks-old, Adrian's younger brother Nathan was diagnosed with hydrocephalus, a condition in which there is an abnormal accumulation of cerebrospinal fluid in the cavities of the brain.

According to the Brain Foundation, one in every 1000 children is born with hydrocephalus each year in Australia and a cure is yet to be discovered.

While the severity of the condition can often be fatal, Adrian says it was the early support of Ronald McDonald House, which helped his family through the most difficult times.

Nathan Moelands is now 26 and Adrian says the opportunity to give back to the charity, which continues to help thousands of sick children every year, just like his brother, was extremely fulfilling.

"The bike ride was fantastic," he said. "It was a pleasure to go around and meet so many people that have been fortunate enough to use the services of Ronald McDonald House."

"The actual time on the bike was brilliant, there were a couple of tough hills but I got through okay with the support of a great crew of people all working towards a similar goal."

Having ridden up to 100kms a week while training and raising thousands of dollars, he said he was extremely grateful for the support received from friends, family and the local community.

"I have raised just under \$6000 so far and all the riders, including all the functions, raised approximately \$575,000," he said.

"It was an amazing effort from all the organisers and a massive thank you to all the people that donated."

Donations can still be made at: www.rideforsickkids.com.au



Southbank businessman Adrian Moelands.

Steady at YRBA

The Yarra River Business Association (YRBA) executive committee remains largely unchanged following the business group's annual general meeting on September 11.

John Ahern remains president, Bill Blakeney is again vice-president, Paul Sullivan is secretary and Peter King is treasurer.

There has been a little movement on the executive committee. Ten nominations were received for 10 positions and elected unopposed were the following.

John Ahern, Peter King, Bobby Stephens, Cassandra Geneopoulos, Jeremy Vincent, Paul Sullivan, Allan Cayzer, John Forman, Philip Hill and James Gantidis.

Emma Cullen and Bill Horman have been seconded to the committee.



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Spectators make the most of the surprise at the September market.

Fancy a song with your vegies?

Market goers were given a pleasant surprise at September's Farmers Market, when a pop-up choir broke into song.

Participants emerged from all corners of the market, to sing renowned theatrical classic, *Coffee in a Cardboard Cup*, as listeners hurriedly whipped out phones and iPads to capture the stunt.

The flash mob capped off what was yet another successful day for market organisers, with shoppers enjoying a second consecutive month of sublime weather, produce and musical entertainment!

Southbank hosts philanthropy conference

More than 50 leading philanthropists gathered at the Melbourne Recital Centre in Southbank during September for the 2014 National Philanthropy Conference.

Trendsetters and visionaries from Australia and overseas joined delegates from the philanthropic, advisory and not-for-profit sectors to discuss and debate global trends at the two-day conference.

The International Keynote Day on Tuesday September 2, saw the likes of indigenous leader Noel Pearson, Ian Potter Foundation CEO Janet Hirst and

Minderoo Foundation founder Andrew Forrest, address participants.

The biennial conference, bringing more than 700 delegates together, aims to raise the awareness and importance of giving in Australia, and help inspire funders, potential funders and grant seekers.

The next philanthropy conference will be held in Sydney in 2016.



Graham Tuckwell and Andrew Forrest discuss the state of philanthropy.

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Horror from Southbank

Southbank cinematographer Damien Lipp has recently completed his biggest project to date with the international release of horror film 'Beckoning the Butcher.'

With a long running passion for acting and film, it was in January 2013 when an idea came to Damien Lipp and director Dale Trott to shoot a film together.

"Over the years I have loved doing acting and being on a film set, I got a lot of inspiration from past projects that I have worked on and thought I can do it myself," he said.

"I pushed hard and worked long hours and finally got a product to sell internationally, which I am very proud to have done."

Beckoning the Butcher follows the story of Chris Shaw, who takes his friends out to an isolated house to make a web video, when



Southbank film maker Damien Lipp

they summon an evil spirit and must fight for survival once it begins to hunt them down.

Despite one reviewer touting the film as the scariest since *The Blair Witch Project*, Damien said horror isn't a theme that he's ever had a strong interest in previously.

"It's not something that I have always thought of doing, but when someone has a brilliant idea and I can give my half of creativity then it just evolves," he said.

Shot in Damien's northern Victorian hometown of Kerang, he said the landscape provided the ideal setting for a horror film, with the initiative being embraced by the whole community.

"There were many months of prep for the film to happen. The local people of Kerang played a big role in the film because they donated houses and cars and accommodation."

While currently in the United States as part of an international journey to promote the film, he says Southbank is always a great place to return home to.

"Food, culture, people and the arts. I am on the second year of living in Southbank and I love everything about it," he said.

www.facebook.com/BeckoningTheButcher



Headpiece designer Richard Nylon is one of a number of designers showcasing works at Southgate for Fashion Week.

Fashion week funanza

Melbourne's Spring Fashion Week has burst into life at Southgate, with an extended program of free exhibitions and displays showcasing some of the city's most innovative designers and celebrated fashion icons.

Running through until September 30, leading fashion week designers will exhibit their work for those who missed out on the runway shows, as part of the Spring Fashion Week's hero garments display.

The Elodie Rose headpiece from Richard Nylon (pictured) and the MSFW hero dress display from Jason Grech are among a number of high-profile designers exhibiting

some of their most prized works.

All designers are also featured in Southgate Promenade's *Concept to Creation: Icons of Melbourne Design* exhibition located at the precincts mid-level.

For more information and to see what else is on offer visit:

www.southgatemelbourne.com.au

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**CHANTAL MITVALSKY AND CANNONBALL
MELBOURNE RECITAL CENTRE
FRIDAY, OCTOBER 10.**

**MELBOURNE BASED VOCALIST AND
COMPOSER – SOLO/BACKING/
RECORDING ARTIST.**

By Chole Strahan

Chantal Mitvalsky will perform with Cannonball at the Melbourne Recital Centre on Friday, October 10.

Working under stage name Skycha, Chantal's current record displays her skill of integrating traditional jazz music with elements of hip-hop, soul and contemporary R&B.

"I'm interested in exploring jazz and how that mixes with neo-soul music, R&B and elements of electronics and hip hop that belong to now but pays tribute to things past, present and future," she said.

Appearing this October with jazz/groove ensemble Cannonball, Chantal will demonstrate her interest in mixing genres to create a unique sound.

"When composing for this record, I wanted to draw on all of the music that I love to listen to and create a sound that isn't easily identifiable by a clear-cut

genre," she said.

Chantal will be joined on stage by Melbourne musicians Kumar Shome on guitar, Sam Zerna on bass, Hugh Harvey on drums, and special guest pianist Sam Keevers.

The Melbourne-based vocalist and composer has worked with a groups from a range of musical genres such as The Cat Empire, The Meltdown and Jackson Jackson.

Cannonball plays blends of soulful classics that are infused with jazz and blues influences, and is inspired by the late Julian "Cannonball" Adderley.

The performance is part of the Recital Centre's Mood Indigo program, which is dedicated to exploring the genres of jazz, blues and their offspring (funk, soul, fusion and pop). Mood Indigo features intimate concerts from Australian and international jazz stars.

BELL SHAKESPEARE - 'THE DREAM'

By Chole Strahan



Be prepared for mayhem at "The Dream".

AUSTRALIA'S ONLY TRULY NATIONAL THEATRE COMPANY DEDICATED TO WILLIAM SHAKESPEARE. SEPTEMBER 18 – OCTOBER 4 'THE DREAM' WILL RUN AT THE ART CENTRE MELBOURNE'S PLAYHOUSE FROM SEPTEMBER 18.

Peter Evans' latest reworked Shakespeare classic follows the story of *A Midsummer Night's Dream*, but with an inventive new approach.

A small cast of eight Australian actors play multiple characters. This fresh approach unveils the madness behind Shakespeare's writing, and highlights Evans' creative stage-work.

"It is a celebration of theatre – a play within a play, three different worlds, three different styles of plays, that work seamlessly together," Mr Evans said.

The *Dream* follows the story of a

looming royal wedding, and the four young lovers, Hermia and Lysander, and Demetrius and Helena. Set in Athens, Hermia and Lysander make plans to elope, much to the disapproval of the lovesick Demetrius. In a fairy-inhabited forest occupied by a group of tradies, mayhem is sure to evolve as the three plots cross paths.

"I want to remind people how funny this play is and how dark it is. Shakespeare's observation on the fickleness of love and the irrationality of love is really dark," Mr Evans said.

Some cast members are familiar with Peter Evans' productions, including Julie Forsyth who was in the 2013 production of *Phèdre*, and Ray Chong Nee and Janine Watson who were apart of Bell Shakespeare's 2013 ensemble.

The comedic revamp of the Shakespeare classic is comedic, magical and chaotic, and runs for a family-friendly 90 minutes.

Mr Evans said that the play was full of silliness and seriousness, and that it was a privilege to work on one of Shakespeare's most loved plays.



Argentinian DJ's Frikstailers

FRIDAY NIGHTS AT JEAN PAUL GAULTIER

By Chole Strahan

FRIDAY, OCTOBER 24, 2014 – FRIDAY, FEBRUARY 6, 2015 (EXCLUDING DECEMBER 26 AND JANUARY 2). 5.30-9.30PM.

Popular 'Friday Nights with Jean Paul Gaultier' will open this October at the National Gallery of Victoria.

During *The Fashion World of Jean Paul Gaultier: From the Sidewalk to the Catwalk* exhibition, visitors can enjoy live performances and an after-hours look at the gallery.

A stellar line up of Australian and international performers will greet the stage every Friday night during the exhibition, allowing for a more social and entertaining experience.

An array of electric artists, solo performers and bands are featured in the line up, including The Bombay Royale, Kate Miller-Heidke, Saskwatch, Remi and Rat & Co.

Kicking off the Friday Night series will be JD Samson from USA on Friday, October 24.

The exhibition celebrates the outstanding French couture of Jean Paul Gaultier. The National Gallery of Victoria will be the only Australian venue for the exhibition. Mr Gaultier

says he is thrilled to be returning to Australia.

"I am honoured and flattered that my exhibition will travel to Australia," he said.

Innovative street artist Rone, from Melbourne's Everfresh Studio, will be collaborating with a group of designers to create the entrance and some spaces inside the gallery.

The director of the National Gallery of Victoria, Tony Ellwood said Friday Nights would offer an enhanced experience of seeing Jean Paul Gaultier's exhibition.

"Friday Nights provides a social setting for people to catch up with friends at the Gallery. Visitors can see the exhibition after-hours in a different setting, while also experiencing some of the most innovative live acts performing today," Mr Ellwood said.

The Friday Night series will also provide food and dining experiences, as well as pop-up fashion talks in the heart of the gallery.

The exhibition will feature more than 140 of Jean Paul Gaultier's garments, including pieces worn by Kylie Minogue, Beyonce, Nicole Kidman and Cate Blanchett. A collection of photographs, sketches, stage costumes, and excerpts from runway shows, film and concerts will be featured in the exhibition.

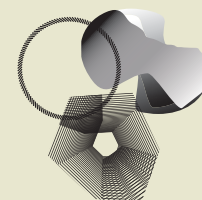


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Featuring Orchestra Victoria, *In Memoriam* reflects on the impact of the First World War through music including works by George Butterworth and Arvo Pärt, Maurice Ravel's *Le tombeau de Couperin* and Mozart's intense and powerful Adagio and Fugue.

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PHOTOGRAPHY PROFILE
EMMA MCEVOY

For Emma, imagery is seen as an opportunity to encapsulate not only people but also their entire story – something she is able to achieve by photographing from the inside out.

Her work often explores unique and symbolic aspects of the human condition, a theme in which she says has been heavily influenced by a passion for art, culture and psychology.

"I get a lot of inspiration from music, poetry and reading and writing but mainly it's about people and real life experiences that I or others I know have had," she said.

"I like to sort of take their story and create it in more mythical, fantasy kind of way."

After recently graduating from her Fine Art Major at the Photography Studies

College in Southbank, the 26-year-old enjoyed a break-through year in 2013, having spent six months in Iceland creating her biggest body of work to date.

"Iceland, the land of fire and ice, has so many metaphors and contradictions that are in line with my work about finding the balance between light and dark," she said.

"It's about women and feminine consciousness and the balance between the light and dark or shadow aspects of ourselves."

She was awarded with the Australian Institute of Professional Photography (AIPP) Student Photographer of the Year and the Australian Commercial and Media Photographers (ACMP) Portraiture of the Year.

Having just started up her own studio, she is now looking to conduct her next body of work in New Zealand and take on a bachelor degree with a hope of getting into teaching and art therapy. She says the Photography Studies College has provided her with the perfect platform to realize her passion and potential.

"It's been amazing, I really love all the lecturers that work here," she said.

"You'll make your best work if you're living to your passions and working towards what you want to say and that's what I love about it here."

For more information and to view Emma's work head to

www.emmamcevoy.com



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Image by PSC student Justin Whitecock

**HEPHZIBAH MENUHIN MEMORIAL AWARDS****Oct 5 - St. Johns Southgate**

The Musical Society of Victoria will present a concert featuring nine talented musicians, who have been chosen as finalists for the Hephzibah Menuhin Memorial Awards with a total over \$4000 in prize money.

www.msv.org.au

**RED BULL FLYING BACH****Oct 2 - Oct 4 - State Theatre**

Red Bull Flying Bach fuses the elegant masterpieces of visionary 18th century composer, Johann Sebastian Bach, with the unrestricted and explosive dance style of four times world champion breakdance crew, Flying Steps.

www.artscentremelbourne.com.au

**TIMOTHY YOUNG & GIULIO PLOTINO****Sep 25 - Salon**

Students together at the Niccolò Paganini Conservatorium in Genova, Italy, Timothy and Giulio present a program of joyous and virtuosic favorites.

www.melbournerecital.com.au

**BEN FOLDS****Dec 19 - Dec 20 - Hamer Hall**

American singer-songwriter Ben Folds brings his pop-rock flair to the classical stage in a unique performance with the MSO, transforming the traditional orchestra into a stellar back-up band.

www.mso.com.au

THE SUBLIME**Aug 22 - Oct 4 - Fairfax Studio**

World premiere from award-winning actor and writer Brendan Cowell comes a brilliantly perceptive take on everything true Australians hold dear: mateship, family, footy and sex scandals.

www.artscentremelbourne.com.au

THE NUTCRACKER**Sep 12 - Sep 25 - State Theatre**

Peter Wright's production of The Nutcracker is considered the world's most beautiful, and coupled with Tchaikovsky's beloved score, it truly is a magical experience for the whole family.

www.australianballet.com.au

DROP BY DRAWINGS FOR KIDS**Sep 21 - Oct 1 - NGV International**

Led by contemporary artists, children and families are invited to spend time together and draw from masterpieces in the Salon Gallery.

www.ngv.vic.gov.au

MAGNIFICAT**Oct 2 - Salon**

Noted for its pure intonation and historic approach to choral sound, Ensemble Gombert is Melbourne's outstanding chamber choir playing music of the High Renaissance.

www.melbournerecital.com.au

**TIM STEVENS TRIO****Oct 15 - Salon**

The Tim Stevens Trio have released four albums, putting on record a distinctive original repertoire that mixes compositions and collective improvisations born of an aesthetic that is democratic, conversational and adventurous.

www.melbournerecital.com.au

**STAR TREK LIVE IN CONCERT****Jan 31 & Feb 1 - Plenary**

The recent rebooting of the legendary Star Trek film franchise, launched to widespread critical acclaim and box office success, brought forth an extraordinary collaboration between film and the Melbourne Symphony Orchestra

www.mso.com.au

**HELLO, GOODBYE & HAPPY BIRTHDAY****Oct 9 - Oct 26 - Beckett Theatre**

This play celebrates two epic birthdays – eighteen and eighty – the bookends of adult life. One represents untold potential; the other, the accumulation of a lifetime of experiences – the aspirations, fears and memories.

www.malthousetheatre.com.au

**BILL BAILEY - LIMBOLAND****Oct 5 - Oct 8 - Hamer Hall**

The gap between how we imagine our lives to be and how they really are is the subject of comedian Bill Bailey's new show Limboland.

www.artscentremelbourne.com.au

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Yarra River Business Association Luncheon

Members of Southbank's business community were given a beautiful day for the Yarra River Business Association's networking luncheon on Friday, August 22.

Up to 40 guests gathered at the Meat Market on South Wharf Promenade for the quarterly event and were treated to an afternoon of magnificent weather and hospitality.

The event also featured a guest presentation from Southbank-based image consultant Avril Laurie, who enlightened the audience with her views on the important role that personal style and business etiquette play in the business world.

The Yarra River Business Association will hold its next luncheon in late-November.



Guest speaker Avril Laurie addresses members.



YRBA lunch guests enjoy a drink at the Meat Market on South Wharf Promenade.



MCEC celebrates record year

Melbourne Convention and Exhibition Centre (MCEC) has officially completed its most successful month in history.

Having hosted more than 100 events and more than 87,600 delegates for the month of August, the centre provided a \$35 million boost to the Victorian economy.

Achieving a little under \$10.5 million in operating revenue, the record month smashes the venue's previous best month of \$8.5 million, which came in August last year.

Having also hosted one of its biggest events in history with the AIDS 2014 conference, the results come off the back

of the venue's largest year on record to date, which has so far generated \$274 million for Victoria.

After hosting a record number of visitors for 2014, MCEC Chief Executive Peter King said it marked a proud moment for his team and Melbourne.

"Everything we do at MCEC is a team effort, so I congratulate our employees who together help deliver events that are memorable and generate a great legacy for the city," he said.

A festival full of fun for seniors

Seniors are invited to enjoy everything the waterfront has to offer during the 2014 Seniors Festival next month.

Between October 5 and October 12 Seniors Card holders can enjoy a range of free activities in Docklands.

Due to the Docklands Chamber of Commerce's involvement in the Docklands Age Friendly Partners Program, Docklands is a key part of the festival program.

One of the major highlights of the festival is free ferry tours of Victoria Harbour, departing half hourly between 10.30am and 2.30pm.

Seniors can also enjoy free tours of the

historic Mission to Seafarers building on Flinders St, along with complimentary morning tea.

Free rides for grandparents are on offer at Wonderland Fun Park during Grandparents Day on both October 5 and 12.

And seniors can enjoy an afternoon of toe-tapping at the Spiegeltent Spectacular Jazz Festival on October 10.

The Library at the Dock is also offering a range of activities for seniors including technology training sessions, tai chi, table tennis, author's talks and afternoon tea.

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I am walking with a lightness, a happiness, a sense of conviction that everything is going to be OK. I have no idea why nothing extraordinary has happened. Nothing has dramatically changed the environment in which I live. (Although I do have six new palm trees which are making me immeasurably happy).

But aside from that, I am still a single mum, I'm still working two jobs and I'm still committed to my long distance travels to balance my country living with my city meetings. I'm still driving my 10-year-old 4WD, and I am wearing boots with a broken zip. Life hasn't got easier, yet, somehow, it has.

As human beings we possess extraordinary skills and a mind with unfathomable powers. Whilst we often view our lifestyles, assets and physical attributes as less than ideal, the reality is we constantly harness our energy and power to create change, create drama, create peace, create wealth, create spaces to improve and duplicate our existence.

We grow families, gardens, businesses, buildings, communities. We fight for environmental rights, health rights, equality, refugees, whales and tip ice cold water on our heads for charity. We make a million choices every day, we have a power we often underestimate.

What I think we need to do more often, is make choices for us, for our own lives, for our core being. Whether you need to create a dream board (goal board, mood board, vision board - there's loads of names for

them, I love a good old dream board!), or do an audit of your own personal life (good things on one side, things that are unbalanced on the other) just work out a way to look at what it is you want, for you.

And then do something about it, decide what you think will make you happy (er).

I've done some personal development recently, and loved every second of it. I've done lots of personal development courses over the years and they all come down to the same thing. The power of your mind.

Clear the clutter and the noise, work out what you truly desire, and start to focus on the powerful positivity that it is possible. Be open to it happening - take the steps that need to be taken.

Do what you know has to be done. If you want to get fit, start exercising, but visualise

achieving the goal, picture the result whilst you focus on taking each step.

Whatever your dream or your goal is, make sure it isn't you who is standing in the way of making it happen. Believe in yourself.

I am walking around with an incredible feeling of positivity. Calm, but focused. I have no idea what is going to happen, but it feels like things are starting to happen ... a few more successful meetings, fitness creeping in, all deliciously coinciding with the feeling that spring really is here ... I realise that I'm in love with the POSSIBILITIES. It's not that something wonderful has happened, it's that it could.

Have a great month, smile, be positive and see what it brings. What a woman wants is to achieve her goals, but all a woman needs is to believe in herself.

Abby xx



with Pastor Ian Vainikka

'What are we missing?'

I have a bad habit of walking fast. I call it a bad habit, because sometimes it makes me miss the beauty around me.

My mother says that I inherited it from my grandfather. Or it may be my city upbringing. After all, trying to catch a train in the centre of Melbourne means you have to be quick on your feet.

Enter a Washington DC train station in the USA on a cold winter's morning. It's peak hour. A man stands with his violin and plays

six Bach pieces for about 45 minutes. During that time, approximately 2000 people go through the station, most of them on their way to work.

After three minutes, a middle-aged man slowed down and stopped for a few seconds and then hurried off. A little boy stopped, but his mother tugged him along hurriedly as the kid stopped to look at the violinist. Finally the mother pushed hard and the child continued to walk, turning his head all the time. This was repeated by several other children. Every parent, without exception, forced them to move on.

The musician played. In total only six people

stopped and stayed for a while. About 20 people gave him money, but hurriedly walked off. He finished playing. No one noticed. No one applauded. No one knew that the violinist was one of the world's renowned musicians. He played one of the most intricate pieces ever written, with a violin worth \$3.5 million dollars. Two days before, he sold out a theatre in Boston where the seats averaged \$100 each.

This young artist playing incognito at the train station was organised by *The Washington Post* as part of a social experiment about perception, taste and people's priorities. In a common place

environment at an inappropriate hour, do we perceive beauty? Do we stop to appreciate it? Do we recognise talent in an unexpected context?

The children did! But I wonder how I would have gone on that cold winter's morning at the train station. Knowing myself, I probably would have walked hurriedly past with the crowd. And if we don't have a moment to stop and listen to one of the best musicians in the world, playing some of the finest music ever written, with one of the most beautiful instruments, how many other things are we missing?

Pastor Ian



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OWNERS with Tom Bacon CORPORATION LAW

Enforcing rules and achieving compliance

Owners' corporations and committees have enough on their plate in maintaining common property and attending to the financial management of the building without getting involved in matters where owners and occupiers are breaching the rules of the owners' corporation.

However, adopting a rigorous grievance process will at least ensure that only the most serious disputes will be unresolved and later ventilated at VCAT.

When advising owners' corporations on these matters, if the offending involves a tenant or occupier of the unit, I advise owners' corporations to issue a breach notice against both the owner and the tenant/occupier. Often, the owner (being a landlord) will have little or no idea that their tenant is causing grief to other residents within the building.

Most rules available to the owners' corporation will use wording such as: "A lot owner or occupier must not, or must not cause to permit ..." which gives an owners' corporation the discretion to take enforcement action against either or both the owner and the tenant/occupier.

By issuing a breach notice to both parties, and offering to meet with the parties in a meeting with the grievance committee, it is usually the case that the owner will step in and regularise the matter before the meeting, either by taking steps to evict the tenant or making sufficient reparations on behalf.

There ought to be no place for warning letters or "quiet words" by the building manager in enforcing the rules of the owners' corporation. Either there has been a breach or there has not. If the offending party can be positively identified, the owners' corporation should always issue a breach notice, otherwise the offending party might conclude there are no consequences to their bad behaviour.

Other owners and residents have the right to live in their units and to traverse the common property without suffering acts of nuisance from other owners and residents. There ought to be no second chances given. Rules should be seen by all residents as no more than minimum community standards.

True enough, a person issued with a breach notice does not have to participate in or attend a grievance committee meeting, however if they breach the rules again, then a final breach notice ought to be issued straight away. For recidivist offenders, sometimes the only way to enforce compliance is to burden them by taking their time away to attend meetings and tribunal proceedings, and in appropriate circumstances, ensuring that financial penalties in the form of VCAT fines are imposed against them.



ON THE BOX with Korey Fernando



Oh brother, 'Big Brother'

There has been a lot of chatter of the past few weeks regarding the latest instalment of the Australian 'Big Brother'.

Now in its 11th season, *Big Brother* has been a moderate success for Channel Nine since its rejuvenation from the television after-life in 2012.

Big Brother has always tried to play itself off as a show that is constantly looking to innovate or, to steal a phrase, "shake things up", but the reality here (pardon the pun) is that what you see is what you have come to expect.

Take a house wired up with almost as much surveillance equipment as Kirribilli House, a 16-strong group of aspiring one-hit, future FHM models and late night game-show hosts, sprinkle in the desperation of an attention-seeking child and garnish with a 40-something host who's really above it all and there you have it. Despite many "twists" and variations that have changed little to the overall product, *Big Brother* remains exactly what you would hope it could be: fairly guilt-free reality television.

In today's reality TV programming landscape, the idea of taking a bunch of bubbly individuals in their 20s and jamming them in a house together for a few days isn't really that shocking. Now is the time of reality shows about tattoo artistry, melodramas that follow the exploits of "real" housewives and *ShopGirls* - a show dedicated to the lives

of a group of women who work in retail. The idea of the humble *Big Brother* house with its booming voiceover and petty contestant antics is so far behind the "shocking" standards of most reality TV that it's almost passé.

This year's *Big Brother* is a totally different beast to the one that was bemoaned in 2006 by then Prime Minister John Howard for being "a stupid program", as controversy surrounded the then raunchy antics of housemates.

The *Big Brother* of today no longer broadcasts its adults only variant edition. Housemates are no longer depicted showering or being provocative and this is in line with the more family-friendly approach that Nine has brought to the mix.

Overall though, has it hurt its viewership? Potentially. In making the *Big Brother* brand more family-friendly, it may have lost some of its edge, but at the end of the day if you're into watching the same old ant farm that is *Big Brother*, you'll still be tuning in regardless.

Big Brother airs at 8pm (approximately) weeknights on Channel Nine.

Korey Fernando can be found live tweeting anything from Eurovision to the Winter Olympics. You can find him on Twitter here: [@KoreyFernando](https://twitter.com/KoreyFernando)



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FACES OF SOUTHBANK

If you could travel anywhere in the world, where would you go?



KAROLINE HUCK, 26
Visiting from Germany

Although she is already far from home, Karoline would travel to Sydney. Luckily for her, she is going to Sydney for an internship before continuing her travels around Australia. Karoline loves the mix of beach, shopping and sightseeing and wants to come back to Australia in a year's time.



MARIAN JAQUIERY, 73
Studying at USA

Despite having visited Italy in the past, Marian would happily return because she "didn't see enough". Marian is due to visit Scotland soon but would like to travel to Italy again. Marian refers to Italy as the "foundation of our civilisation".



VINICIUS DA SILVA, 30
Going to an interview

Originally from Brazil, Vinicius would travel to his ancestral home of Madera Island, Portugal. Although his family has not lived there for three generations, Vinicius would like to take his mother back to see the small and beautiful island.



JULIAN SMITH, 32
Studying at the VCA

After consideration, Julian would travel to Eastern Europe due to the history and culture. Julian has never been to Eastern Europe and things it would be fascinating, but also says that he'd like to travel "everywhere, there are not many places I would not go to".



JIM ABBOTT, 56
Visiting the NGV

As a young man, Jim lived in Ohio as an exchange student. Now, he would like to travel to Orlando, Florida to visit his daughters, Genevieve and Stephanie, who are working at Disneyland. Jim will make this a reality at the end of the year and travel to America with his wife.



ZINDZI OKENYO, 28
Visiting from Sydney

Half Kenyan, half Australian, Zindzi would travel to Kenya for the first time. Her two older sisters were born in Nairobi and grew up in Kenya, and her mother speaks Swahili fluently. Zindzi would love to visit the village her father is from, and hopes to go next year.

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HEALTH & WELLBEING

with Anton Pilli
Genesis Southbank

Strength training IS for everyone

No, this is not an article about how traditional strength training can be fun for everyone.

This is about why it is necessary for everyone – especially the non-athletic, the less active and the ageing population.

Once you cut through all the fluff and fashion that's out there in the fitness world, two things remain which all humans physically need – a healthy heart and the basic strength to deal with life's demands or unplanned events.

There's not a doctor or exercise physiologist on the planet that won't recommend that you plan some cardiovascular exercise at least two or three times a week if you're not already getting it from your normal activity.

Strength is not as commonly promoted by GPs because it's not as life-or-death as an ill ticker. It is however, just as important to your quality of life. Yes it is!

For the young and naturally active or the labour-intensive worker, strength gains that pertain to a safe and active lifestyle are easy.

For those that live a life behind the desk or find their ageing or opulent lifestyle has lead them down the path of inactivity, focussed strength training is definitely a must.

So much documented research and advertising goes into how to make 20-35 year-olds stronger, faster or sexier, but it's the 40+ age-group that need to focus on strength

– in particular the strength they have lost.

This may sound like it comes from a point of bias, though I am passionate about this view. The older you get, the more you need to focus on strength training as part of your overall health plan. The older you get, the more you need a gym.

Why is it so? The fact is, as we age we lose muscle mass, we reduce our neuromuscular output, we lose flexibility and bone density.

When we live a sedentary lifestyle, we then accelerate these diminishing returns. Strength training can counter and improve all these problems or, worst-case scenario, slow it all down.

There are full physiological explanations of certain training types, but the bottom line is this: traditional forms of strength training will prepare and maintain you for life better than any other forms of training.

That is training at intensities that force change and adaptation, by testing your strength capacities each and every time you get to work out. Be it in specific movement patterns or for targeted muscle development or rehabilitation. That does not mean training at your sub-maximal efforts twice a week and expecting to force change – it won't happen.

Read more about that concept in last month's article. For the average or ageing person who is not athletically minded, you must consider the stresses in life that your body is not conditioned for by sitting at a desk or just going for easy walks. Lifting heavy boxes, running across the road, taking a fall and being twisted and stretched beyond your

normal function, playing with the kids or grandkids, accepting invites to a game of golf or tennis.

The required basic strength and strength through a wide range of movement and angles are not achieved through modern pop fitness trends like a pump or Pilates class.

These things do not mimic the forces that your body must contend with if your 40kg son jumped on your back suddenly, if you had to contort yourself into a serve and volley, or you had to catch yourself as you tripped on the extension cord to the bar fridge.

These mentioned training modes are great complements to more important formats of exercise and should not be seen as sufficient to provide you a prolonged athletic life or protect you best from life's ills.

The forces your body has to deal with in life are great and at times unpredictable. Your best chance of dealing with these and not breaking is to get you body as strong as possible.

Strength forms the foundation of all your physical capacities. If you don't have it, or you limit it to the mundane, then do not expect too much.

I think Darwin came up with it – the strongest will survive. Or actually I think he said: "It is not the strongest of the species that survives, nor the most intelligent, but the ones most responsive to change."

So make a change. Train so you do get stronger and live the life you want – and make sure you look after that ticker too!



A discerning dog

Although he prances like a horse, Tyce thinks he's a human, according to owner Alex Simanjuntak.

This three-year old longhaired chihuahua is very calm and gentle. A member of a local chihuahua club that meets at the Botanical Gardens, Tyce is good with other dogs.

Trained by Alex, Tyce has never been to puppy school. "Tyce is very well behaved, I worked hard to train him."

Alex likes to keep Tyce's hair short with regular visits to a dog groomer and treats Tyce to chicken snacks and yogurt drops "which he loves."

When Alex lived in Southbank, he found Tyce was a great way to meet other people and became friends with other pet owners.

However, Tyce is more picky, preferring girls to guys.

"Tyce likes to sit on girls laps and he tends to bark at men," he said.



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MARKET UPDATE

with Sarah Robins



Fresh.



Looks good.



Sounds good too.

The real deal

Great atmosphere, a wide variety of fresh produce, friendly people, less packaging, free cooking tips, ... there's a long list of reasons to shop at Southbank Farmers' Market.

One that might not be immediately apparent is accreditation. This is the professional standard that ensures the people selling the goods on offer at the market are, indeed, the people who produced them.

Essentially it excludes wholesale resellers, providing the point of difference that defines a farmers' market compared with other fresh produce markets. Buying direct from the person who grew, made or farmed the food you're buying supports them to be on the land and, with no middleman involved, ensures they set their own prices and ultimately receive more coin in their pocket.

The local economy benefits, and our long-term food security is supported which supports the entire community. Accreditation also requires stallholders to be located within 100km of the Victorian border, ensuring the producers are based locally and keeping transport to a minimum.

While the system of accreditation, established in partnership with the State Government and managed by the Victorian Farmers' Markets Association, supports genuine farmers, it also has a flow-on effect for shoppers.

The breadth of produce at an accredited farmers' market, for instance, is determined by quality, seasonality and what can be produced locally, rather than the criteria of longevity, uniformity and appearance prioritised by supermarkets.

At Southbank Farmers' Market this means items such as Camboer Prime's goat meat, Portarlinton's fresh mussels and wakame (seaweed) and Myrtleford Butter Factory's cultured butter are available - all in abundance in Victoria, yet less commonly available through major supermarkets.

Within a given food type there is also more variety. Three Bridges offers an array of apple

varieties and The Mushroom Company's range includes shimeji, shitake, oyster and enoki mushrooms. Similarly, meat producers often have unusual cuts of meat as they follow a nose-to-tail philosophy of production so we see lamb neck and pork jowl alongside the steaks, chops and roasts we're more familiar with.

There's another benefit too. If there are food allergies or intolerances in your family, or you simply wish to know more about how your food is grown, you can ask the stallholder directly about their production methods: free range, organics, stocking densities, how long the season will last etc. They may even give you tips on growing your own food at home.

For more information on accreditation, visit: www.vicfarmersmarkets.org.au

The next Southbank Farmers' Market is on Saturday, October 4.

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SOUTHBANK RESIDENTS GROUP WITH TONY PENNA

Southbank residents sold-out by councillors

I have come a step closer to trying to understand the politics of Melbourne City Council, although I feel I am just more confused.

Some might say, welcome to politics, but for so long I felt our councillors were doing such a great job and were listening to the community (I must add there are a few that I feel still do).

Over the last month, I have come to realise there is a lot more going on behind the scenes than I had initially thought. However, the performance of the last month, I feel their credibility has plummeted and my cynicism has grown. In short, I am disgusted with council at present.

Many are aware there was a proposal for a up-market design and gourmet food market to be held weekly on the ACCA forecourt on Sturt St.

It was anticipated this would become a hub for upcoming artists to showcase their wares and evolve into a Melbourne institutional market.

A small number of residents, predominately in the Melburnian and Sovereign apartments, which are in the immediate vicinity of the market site, made objections (some that I saw were food smells that may waft onto balconies and market patrons possibly urinating on fences).

There were some 550+ letters of support from Southbank community residents, a number of Melbourne organisations (such as Arts Victoria), and the council's own planning officers supporting the application, yet the councillors voted against the application seven to three citing many poor excuses such as concerns for children and pets around a busy St Kilda Rd (Cr Pinder-Mortimer), but mainly that the impact on the amenity of the immediate residents was too great for a one day a week operation.

At the meeting I argued that this market correlates precisely with the recommendations of no less than three council reports over the last 10 years and the most recent being the Arts Precinct blueprint.

The market is exactly what these council-endorsed reports stated was required to assist with activating that space. It makes one wonder where councillors get their guidance from.

I certainly don't think it is from all the reports they commission as when querying one councillor days before the meeting about their view on the market in relation to the Arts Precinct blueprint I got the response that "I am only a part-time Councillor and haven't got time to read everything". I nearly fell over.

I wanted to respond with that I am only a part-time community representative, yet I manage to find the time to read all the reports! How did some of these councillors get their seats on this Council?

So a week later at the same meeting there is an application for an amendment to the planning scheme to allow a developer to build a massive building on Collins St which would cast a 25 metre wide shadow across the Yarra onto the Crown promenade and move across the balconies of Freshwater Place podium and through to the public open space of Queensbridge Square.

There is a prohibition for shadow to cross the Yarra onto the south bank, hence the application by the developer.

Well after my experience only the week before and the councillors arguing that it was

of utmost importance to protect the amenity of the Southbank residents I thought this would be an easier argument to win and objected to the amendment accordingly.

I also recalled the Lord Mayor clearly stating only four weeks prior, in the same meeting, that the rule against overshadowing the Yarra is a line in the sand and "sacrosanct". The developer got its approval from the council with seven for and two against.

Where is council's consistency with their arguments for protecting the community amenity only the week before? How can the Lord Mayor imply shadowing the Yarra is something this council won't consider, yet he goes against this a month later? I am frustrated and disgusted!

Right, now that I have that out my system, for the lead-up to the election I have arranged a community "Meet the Candidates" Q&A session to be held at Boyd Community Hub on October 27.

Also, if you are not a member of Southbank Residents Group, please consider joining, as membership is what gives us a voice.

It is only \$10 per financial year. Or maybe you might like a position on the committee?

Tony Penna

President

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COUNCILLOR PROFILE

Profile by Shane Scanlan

Melbourne's hip maestro

Rohan Leppert is very inner Melbourne.

The hipster councillor would not look out of place on a fixed-wheel bicycle with brightly-coloured rims and hand-grip-only bars.

But he also has intellectual substance and capacity which goes way deeper than his youthful, male-model good looks might suggest.

Cr Leppert is one of only a few city councillors who can persuade his colleagues of the merits of his point of view using extremely well-articulated, deeply researched and reasoned logic – despite their political differences.

As the younger of only two Greens councillors, one might expect a degree of vocal outrage or at least some political grandstanding.

However, Cr Leppert is successfully navigating the consensual politics mandated by Lord Mayor Robert Doyle, even if this does raise suspicions within his natural constituency.

And it's not as if Cr Leppert doesn't feel like rattling the bars of the cage. He just knows that to get the right outcomes, you have to at least play the game.

"If I was to take the 'boost the profile' / 'attack the conservatives' line then I would be achieving less because there would be no reason for the other councillors to listen to my ideas, to consider my amendments



work being done is not recognised. I think that Cathy (Oke) and I have achieved a lot, so there are good reasons why we have chosen this style of politics."

Cr Leppert's German grandparents (all four) came to Australia post World War II to work on the Snowy Mountains scheme. His father and mother met in Canberra where he grew up, coming to Melbourne to study music the moment he graduated from high school. He bypassed student politics but when he did become politically active based on his desire to save the planet, he jumped into the deep end – advising and guiding Adam Bandt to becoming the nation's first Greens lower house member in 2010.

He had earlier put his hand up at the 2008 City of Melbourne election, losing by a slender margin to ALP candidate Jennifer

Kanis. Between then and the 2012 election, he shadowed the council's activities, so there were no surprises when he was ultimately victorious in 2012.

Although grateful for the relative harmony between all 11 councillors, Cr Leppert is far from happy with the current electoral system which discriminates against residents in favour of non-resident business and property owners.

He blames this system for the relative ease in which non-resident councillors can avoid becoming immersed in the detail of the council's operation.

"I think that the councillors who live within the City of Melbourne interpret their responsibilities differently to the six that live outside. Certainly I think that some of the non-leadership-team councillors who work the hardest are those living inside the City of Melbourne," he said.

"I do occasionally resent that I am caring so much about an issue and a majority of councillors don't even know what language I am speaking."

"This is not a criticism of councillors but more a reflection on the system that we have got, that the councillors can get away with not being on top of the detail.

It's easy for councillors to read a report, say 'yes that looks pretty good' and put their hand up."

He is also pained by the flip-side of this situation, that unelected officers get to run the council largely without regard to the

views of elected representatives.

Being such a bright, young prospect, it would be easy to expect Cr Leppert to harbour political ambitions beyond local government.

In answer to where his apprenticeship on council was leading, he said: "I don't know. I've worked in Parliament House for Adam Bandt and have seen how MPs work and I don't like it. It's been suggested to me that I look at something other than council and I don't think that I ever will."

"I am not seeking to become a career politician or anything like that. I would like to go back to music at some stage."

The demands of being a councillor dictate that he has capacity at the moment for only 16 private music students. And, despite music being a major passion, Cr Leppert can no longer play.

He severed nerves, tendons and arteries in his right hand in an accident several years ago and now lives his musical life vicariously through others.

Of this major setback he said it was "a little bit" tragic but it meant he had more time to devote to politics.

"The arts and culture portfolio (which he chairs) really is a lot of fun. I'm having an absolute ball and, if I can't play, the best I can do is to go along and see the best on offer and it's absolutely wonderful," he said.

Next month's Councillor Profile looks at Cr Arron Wood

SOUTHBANK SUDOKU

A variation of Sudoku, with the letters SOUTHBANK replacing the numbers.

	T	O				S		
			O					U
H		A		U		B		N
			S	T	N		H	
		N	K		O	U		
	K		A	H	U			
S		U		K		H		T
K					S			
		H				O	S	

The rules are the same as regular Sudoku, each line of the must contain the letters 'SOUTHBANK' as must each 9-square box. This Sudoku is medium! Good Luck!

Last month's Sudoku solution

N	U	O	A	H	T	B	S	K
B	S	H	O	K	U	N	A	T
A	T	K	S	B	N	O	U	H
S	H	A	U	O	K	T	N	B
U	N	B	H	T	S	K	O	A
K	O	T	B	N	A	S	H	U
O	A	S	T	U	B	H	K	N
T	K	U	N	S	H	A	B	O
H	B	N	K	A	O	U	T	S

STREET SMARTS



Normanby Rd

George Augustus Constantine Phipps, second Marquess of Normanby (1819 - 1890) was born on July 23, 1819 in London.

He was the only son of Constantine Phipps, first Marquess of Normanby and acceded

as Marquess of Normanby in 1863.

He was a politician and became governor of Nova Scotia (1858 - 1863), Queensland (1871 - 1874), New Zealand (1874 - 78) and Victoria (1879 - 1884).

He announced his resignation as Victorian governor in January 1884, and returned to London where he later died on April 3, 1890.

Businesses in Southbank

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NOW LAUNDRY CAN BE A BREEZE

It's often said that necessity is the mother of all invention.

That was certainly the case for Daniel Stoof, founder of Breezy Laundry Lockers.

The concept of a convenient, easy-to-use dry cleaning service was inspired by Mr Stoof's own experience of high-rise apartment living in Melbourne.

New to the area and without a washer or dryer, Mr Stoof found he was making regular, inconvenient trips to the local laundromat.

At the same time, he was frustrated by the inconvenience of having to carry suits and shirts to and from the office in order to visit the dry cleaner during his lunch break.

Coupled with his entrepreneurial background, this experience led to the creation of Breezy Laundry Lockers.

According to Mr Stoof, Breezy Laundry Lockers offers a simple, convenient and innovative solution for time-poor, high-rise residents.

The system involves the installation of high-quality lockers in common areas of apartment buildings, where residents can easily drop off and pick up dry cleaning.

First time users simply need to leave their items in a locker, signup online and place their order or otherwise text their locker

number through.

With a turn around of around 24 hours, laundry is then returned to the same locker and customers are notified when their laundry is ready to pick up.

Mr Stoof said the business was already growing in popularity and that it appealed to owner's corporations because it was an "automated concierge-like service".

"Many of our customers leave for work at 7am so they can put their dry cleaning in their locker and then pick it up the next day when they come home from work."

"This eliminates the hassle of visiting a dry cleaner during business hours and means customers don't have to cart dry cleaning to and from the office."

At the same time, the service is competitively priced according to Mr Stoof and is generally 10 to 20 per cent cheaper than a typical dry cleaner.

"It's really simple, but it solves a lot of problems and adds a lot of value."

Mr Stoof said Breezy Laundry Lockers was the first of its kind in Australia but similar systems were being used across the greater USA, Russia, France and the UK.



Daniel Stoof says getting your laundry done is a breeze.

Lockers are installed in buildings free of charge and, according to Mr Stoof, there's already a waiting list of owner's corporations keen to have Breezy Laundry Lockers installed in their buildings.

"I've partnered with multiple owners'

committees of prominent, luxury buildings around Melbourne who are now on the waiting list, all through word of mouth."

Owners' corporations interested in learning more about the service can visit www.breezylaundrylockers.com.au

THE HOPHAUS – A CLASSIC WITH A TWIST

Since opening up in May this year, manager Scott Highfield says Hophaus has simply gone from strength to strength.



Scott Highfield pulls a beer at Hophaus.

However, as he explained, a lot of love and hard work was put into creating this modern-day Bavarian Beer Hall, in a very short time.

"The place was completely gutted from the previous owners, which was the old Blue Train," he said.

"We had Peter Maddison from Maddison Architects come in and redesign the entire venue from front to back, from the ground up. It probably took us five months to build as well as design this state-of-the-art beer system."

The concept behind Hophaus delivers its patrons a classic German beer hall with a modern twist, which is clear for anyone who sets foot inside.

While that concept is heavily incorporated into its architecture, it is also entwined into its high quality German menu, which Mr Highfield says is important in giving the venue a point of difference.

"Melbourne wants something different. They want something new. They don't want to try the same stuff over and over again," he said.

"I think you need to be a little bit progressive to succeed from a food perspective in

Melbourne."

Marrying up to its menu, Hophaus offers 30 taps beers – expressing a wide range of constantly-evolving and seasonal niche beer varieties from some of the most cherished German, Austrian, Belgian and Czech breweries.

This is backed up by an impressive wine list, mixing Australian and European wines and an extensive selection of cocktails.

However, as Mr Highfield explains, Hophaus is busy gearing up for its biggest event to date, as it brings a splash of German beer and culture to Southbank for "Hoptoberfest".

"Were doing our own take on Oktoberfest with Bavarian food specials and special Oktoberfest bier being flown in directly from Bavaria in Germany," he said.

"Former Melbourne footy player David Schwarz will kick off celebrations as Hophaus mayor by tapping the keg, and there will be a live sausage eating contest, music and kids activities throughout the day."

Hoptoberfest will run from September 20 until October 5. For more information or to make a booking visit www.hophaus.com.au

WHAT'S ON

COMMUNITY CALENDAR

JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | **SEP** | OCT | NOV | DEC



INNER MELBOURNE LIFE ACTIVITIES CLUB

Meeting on selected dates and various locations, IMLAC takes in the city's parks, its culture, fabulous eating options as well as festivals, galleries and concerts.

Visit our website www.life.org.au/implac or call Carolyn on 9696 1090 for more.



SEPTEMBER 17 - OCTOBER 5
WWW.MELBOURNEFRINGE.COM.AU

MELBOURNE FRINGE FESTIVAL

Have an art attack – new theatre, comedy, dance, circus, music and cabaret, visual art, live art, digital and video art – at the fringe festival.

MONDAY - THURSDAYS & SATURDAYS

CHUNKY MOVE DANCE CLASS

Mondays to Thursdays and Saturdays at 111 Sturt Street. Chunky Move dance classes are the perfect way to unwind, get fit and improve flexibility and strength.
www.chunkymove.com



WEDNESDAYS

BOOT CAMP @ BOYD

If you're looking for a great way to start the day, come along to Boot Camp at Boyd. Active Melbourne Instructors will take you through a series of fun and challenging exercises. Starts at 6:45am



SEPTEMBER 5
FEDERATION SQUARE, 2 SWANSTON ST

FOOTY COLOURS DAY

For the first time, Fight Cancer Foundation is hosting a family fun day. Wear your team's colours and join in a myriad of free activities for both young and old.

TUESDAYS

SOUTHBANK ROTARY

Rotary Club of Southbank Inc meets weekly for dinner on most Tuesday evenings throughout the year at Various locations. Visitors are always welcome.
www.southbank.org.au

SEPTEMBER 22 - SEPTEMBER 26
FEDERATION SQUARE

GRAND FINAL WEEK

With children's activities, live music, a fashion parade and grand final replays, the week promises to be an exciting one.



MONDAYS & SATURDAYS
YOGA WITH ALISON @ BOYD

Looking to improve both your physical and mental well-being? Instructor Alison Corsie hosts classes at Boyd every Monday at 6:15pm and Saturdays at 9am.
alison@inner-rhythms.com.au

SUNDAYS

ARTS CENTRE MARKET

Meet over 80 of Victoria's finest artisans first hand. Discover how these unique artworks are made, chat directly about the products, inspirations and techniques.
www.artscentremelbourne.com.au



SEPTEMBER SCHOOL HOLIDAYS
KIDS COOKING CLASSES

Entertaining cooking holiday program the children will love. They will cut, bake, knead and roll. The kids receive a certificate at the end.
www.itsybitsychef.com.au



FIRST THURSDAY OF THE MONTH, 10AM
MELBOURNE SUNRISE
PROBUS CLUB

The Docklands Library, Dock Square
Probus Clubs for men and women over 50. Keep your mind active, meet new friends, share interests and enjoy activities.
[Joan on rksalesaustptyltd@bigpond.com](mailto:Joan@rksalesaustptyltd@bigpond.com)



SATURDAY OCTOBER 4

FARMERS MARKET

On the first Saturday of every month, the market will be setting up the stalls at Boyd Community Hub. Buy direct from the farmers, enjoy live music and experience a little bit of country right here in the city.

TUESDAYS & THURSDAYS

PHOTOGRAPHY WORKSHOP

This night photography class runs in Melbourne's city centre and has all the night photography tips you'll ever need. At 3 Southbank Promenade.
www.pennykoukoulas.com

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