The voice of Southbank

SOUTHBANK LACENEWS

- Southbank heritage 'botched' Page 5
- Men's Shed unveiled

Page 7



- Spring at South Wharf

 New feature pages 10-11
- My days teaching at Boyd Special feature page 19



City Rd Master Plan released

By Sean Car

The City of Melbourne has taken a major step towards upgrading Southbank's central spine, with councillors unanimously endorsing the draft City Rd Master Plan for community consultation.

The draft vision, which went before councillors at the Future Melbourne Committee meeting on September 8, will now be put to a six-week community consultation period which gets underway this month.

Developed in partnership with VicRoads, the master plan has been devised with the intention of improving accessibility and safety for pedestrians and cyclists.

Key features of the plan include new crossings at Clarke St, Balston St and Alexandra Ave, community open space underneath Kings Way, slip lane removals at Southbank Boulevard and Southgate Ave and enhanced access to the Arts Precinct.

However, the plan notes that motorists could see their commutes increase by an average of one minute 51 seconds in the morning peak and one minute 37 seconds in the afternoon as a result of the changes.

While the project is expected to be "north" of \$10 million, Cr Mayne said that the project had been long overdue.

"We're going to need to commit to it and fund it promptly because it's a very compelling project and I wouldn't want anyone competing against it in future budgets," Cr Mayne said.

While praising the work of planning officers

for compiling the master plan, Cr Ken Ong said he hoped the community consultation would help "achieve an even greater outcome."

"Southbank is part of the Capital City Zone and we need to reduce speed and calm everyone down," he said.

"I look forward to the outcome of this community consultation because it's not just about amenities. It's about people."

As a key priority plan in its 2015-16 Annual Plan and Budget, the City of Melbourne has stressed the urgent need to deliver on a number of actions as part of the Southbank Structure Plan.

Following a public consultation process undertaken in 2014, the City of Melbourne noted that 90 per cent of experiences recorded of City Rd were negative.

The plan notes that between 2008-2012, up to 70 crashes involving cars, cyclists or pedestrians had been recorded, including two pedestrian fatalities between on the section of City Rd between Southbank Boulevard and Fanning St.

The master plan proposes six key actions to be delivered over five-years:

Continued on page 2



Cutting the cake to celebrate the inaugural UpMarket are Hotham Street Ladies Molly O'Shaughnessy and Cassandra Chilton (front left and right), with (left to right) City of Melbourne Cr Rohan Leppert, UpMarket founder Belinda Buckley, Minister for Creative Industries Martin Foley and Southbank Residents Group President Tony Penna.

A design delight

The highly anticipated inaugural UpMarket was an overwhelming success, as huge crowds flocked to the Australian Centre for Contemporary Art (ACCA) forecourt on Saturday, September 6 to experience Southbank's new designer market. Story and pictures on page 8.

FOODWORKS

(Norks for me!









WE ARE YOUR LOCAL GROCER!

182 City Road, SOUTHBANK

SOUTHBANK MEWS

Suite 108, 198 Harbour Esplanade PO Box 23008 Docklands 8012 Tel: **8689 7980** Fax: **9602 2929** www.southbanklocalnews.com.au

Editor: Sean Car

Publisher: Shane Scanlan

Tel: 8689 7980 Fax: 9602 2929 advertising@southbanklocalnews.com.au

Reader contributions are welcome. Please send articles and images to news@southbanklocalnews.com.au

Deadline for edition 46 is October 1.

CONNECT

Keep up to date with local news & events.



Follow us on Twitter @SOUTHBANK_News



Like us on Facebook **Southbank Local News**



Like us on Instagram
SouthbankLocalNews





A visual render taken from the City Rd master plan of how City Rd West could be transformed outside Boyd.

City Rd plan unveiled

Continued from page 1.

- Transform City Rd West (between Clarendon and Power streets) into "a great central street";
- Activate Kings Way undercroft as a community space;
- Upgrade City Rd East (between Power St and St Kilda Rd overpass) to be safer and more accessible for pedestrians;
- Connect City Rd with the Arts Centre, the Yarra River and Sturt St;
- Reconfigure Alexandra Ave (between St Kilda Rd overpass and Linlithgow Ave) as a boulevard; and
- Expand the cycling network.

The master plan's vision has been developed to align with other projects in Southbank including Boyd Park, Southbank Boulevard Master Plan and the Arts Blueprint.

More than 100 new trees, 700 metres of separated bicycles lanes, street furniture, green median strips and widened footpaths are included in the proposal.

A new cycling route will be implemented along Balston and Kavanagh streets, which will connect with the future linear park at Southbank Boulevard.

The vision also includes plans to upgrade community space at City Rd Park on the corner of Queensbridge St, as well as provide more than 9000sqm of new open space underneath the Kings Way undercroft.

Council has proposed to transform the "redundant" taxi rank near Crown Casino, with a skate park, climbing wall, sports courts, and temporary art space and pop-up pavilions/studios among suggested uses.

Visual upgrades to the St Kilda Rd overpass, improved access to the Arts Centre and Sturt St, and the "potential for permanent open space" at the Testing Grounds site are also noted under the proposal.

Speaking at the meeting, Southbank Residents Group president Tony Penna congratulated the City of Melbourne's acting manager of urban strategy Leanne Hodyl and her planning team for compiling a "brilliant document".

"I have read it cover to cover and I was impressed with the detail and thought that had gone into this plan," he said.

"I am quite excited about this project and what it will mean for the residents who live in the immediate environs of City Rd."

The final master plan will be informed by the consultation feedback and will be presented to council for adoption in 2016.

The City of Melbourne is inviting anyone to share their thoughts on the draft master plan until October 21 by visiting the Boyd Community Hub for a drop-in session or online at www.participate.melbourne.vic.gov.au/city-road

YRBA election challenge

Yarra River Business
Association (YRBA) committee
member and executive general
manager of Red Rock Leisure
John Forman has announced
he will challenge for the
presidency this month.

With the annual elections to be held at the Federation Square boardroom on Thursday, October 8, Mr Forman has nominated himself to take over the position from long-serving current president and co-founder of the Publican Group John Ahern.

In acknowledging Mr Ahern's dedication to the role during his tenure, he said that, if elected, he was determined to continue the association's good work in driving tourism along the river precinct.

"I'll be putting my hand up for election," he said. "John Ahern is still the current president and has been for several years and he's done a great job."

"I'll be coming at it from the government and tourism aspect of the river and I'm really keen to push the tourism focus."

"The Yarra River is the city's biggest asset and I'm keen to enhance it so I'll be flying the tourism flag."

Mr Foreman said that, if elected, he would also continue the push to refurbish the Flinders St underpass, which he described as an "embarrassment".

Current president John Ahern declined to provide comment to *Southbank Local News* until the results of the elections had been finalised.



f 🖸 💆 🕫

Whiteman St to undergo major facelift

The Normanby Rd Reserve in Southbank is set to be widened to help make way for a third tram track, at the expense of 25 car parking spaces in Whiteman St.

City of Melbourne councillors voted unanimously in favour of the Yarra Trams proposal at the September 1 Future Melbourne Committee (FMC) meeting, which will see a central island platform constructed at the reserve for routes 96 and 109 and a separate adjacent platform on a third track for the Colonial Tramcar Restaurant

Existing tram stop safety zones in Clarendon St, located on either side of Normanby Rd, will be removed to allow space for the third tram line, while lane sizes on Clarendon St will be reduced.

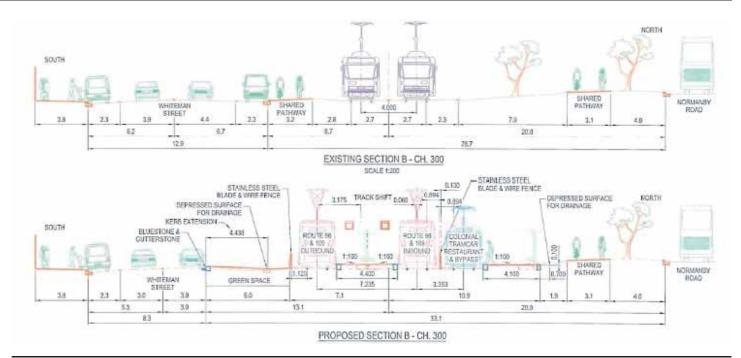
The matter was first considered at the FMC meeting on July 7 this year, however Cr Rohan Leppert proposed to defer the matter in order to canvass alternative design options amid concerns of removal of native vegetation.

While the amended plans will still see the removal of 19 river red gum trees, the removal of 25 car parking spaces will allow for a wider reserve to compensate for additional tree planting.

However, the widening of the reserve will also result in the loss of the existing shared footpath on Whiteman St, with some councillors raising concerns as to how a redesigned route would impact on cyclist safety.

The City of Melbourne's engineering services manager Geoff Robinson explained that cyclists and pedestrians travelling along Whiteman St would now be redirected to cross the tram reserve at the west end of the new tram platform to connect to the existing shared path located on the south side of Normanby Rd.

"We don't do anything which compromises the safety of any user and most of the things that we get to do are generally a compromise," he said.



Plans for the Whiteman St tram junction at Normanby Rd Reserve in Southbank, as shown in the planning permit application presented at Future Melbourne Committee meeting on Sentember 1.

"The cyclist numbers that we got are around 148 bikes in AM peak and a little bit less that that in the PM. We have about 44 bikes that are affected really and they're quite low numbers that come out of Whiteman St."

"The traffic volumes aren't there, the speeds aren't there and there are probably only about 40 bikes here."

Mr Robinson said that planning officers would monitor the situation with new cycling routes before implementing any new safety signage.

"I'd probably suggest that what we'd do is leave it at the moment until after the initial change and see where the fly line went," he told councillors.

"If we put a treatment here, which directed cyclists to the north of the tram platform it

may not suit and then it just becomes more confusing."

Cr Rohan Leppert said that, while he held some concerns about the reconfigured cycling route, the amended proposal was a far more balanced and preferable design outcome than what has been initially considered.

"What we've got here is a better outcome than we otherwise would have and that's because this process has been made public," he said. "It was a long process but I'm glad we did it"

"I do have concerns about the cyclists East to West routes, which has been canvassed during the question time but I think for the reasons stated by Mr Robinson as a balance this is a far more preferable design outcome."

In praising Cr Leppert for calling in the

initial proposal, Cr Stephen Mayne said the removal of 25 car spaces on Whiteman St would allow for a far greater use of valuable public space.

"I'm particularly pleased to see that we've decided to remove 25 on-street car parking spaces," he said.

"This is an example where we're giving priority to the bikes, the trees and the Tramcar Restaurant so there's extra capacity for the Tramcar Restaurant, which is an iconic international tourism business."

"So what if we've lost 25 on street parking spaces. We've got too many at the moment. There's plenty of space underneath Jeff's Shed and Crown, you don't need to defend car parking in this instance."

Yarra Trams is yet to announce when construction of the project will start.



lucas real estate

Lucas Real Estate are very proud to announce that our Property Management Team have been awarded

Property Management Business of the Year (Multiple offices)

at the 2015 Real Estate Business Awards.





lucasre.com.au





Australia's Best Property Management Team Simply refer a friend to Lucas Real Estate and go in the draw to win an iPad!

To go in the running for this great offer please contact

Renee Harrison 0401163 888 renee@lucasre.com.au

Dylan Emmett 0402 465 779 dylan@lucasre.com.au



Development height overhaul

Minister for Planning Richard Wynne launched the central city planning review alongside Lord Mayor Robert Doyle earlier this month, in what is the first overhaul of Melbourne's CBD planning since the late 1990s.

Over the next 12 months, the State Government will work closely with the City of Melbourne, local businesses, residents and the development industry to introduce the strategic plans.

Interim planning controls are now in place over that 12-month period, including height limits and plot ratio controls, as part of the plan to bring central planning rules up to date.

Mr Wynne said that the CBD and Southbank lacked planning controls for density and amenity, which are found in many international cities, and that Melbourne's current densities would not be allowed in New York, Tokyo or Hong Kong.

"There has been a massive appetite in our

CBD and Southbank and it's important we get our planning controls right," he said.

"There hasn't been a significant update of the central city planning rules since 1999, and it is our duty and obligation to bring plans in line with our evolving CBD."

"Melbourne's planning scheme needs to balance scale and density occurring in our city, protecting heritage and character while preparing the city for more growth."

"We want a system that delivers for the people of Melbourne and Victoria. This review will deliver certainty and consistency of outcomes and ensure our fantastic city remains a world beater."

Minister for Creative Industries and Member for Albert Park Martin Foley said the new

planning controls would help ensure Southbank remained an attractive place to live.

"The new planning controls that will make sure that the plot ratios around enlightened streetscapes, setbacks, contributions from developers to civic spaces, separations between buildings and other things that go to the built form of Southbank form a part of the overall package of making Southbank an attractive place," he said.

In establishing the review, Mr Wynne has signed a Memorandum of Understanding with the City of Melbourne and council has been made a referral authority for planning permits before the State Government.

Lord Mayor Robert Doyle said the review

signaled a new era of closer collaboration between the Minister for Planning and the City of Melbourne.

"The Memorandum of Understanding strikes a balance and continues the economic development of the city, which is so important for the prosperity of Melbourne and Victoria," he said.

"Equally, Melbourne is special and we need to pay attention to the built form in order to maintain the liveability of the city that we love so much."

Proposed changes will be available for consultation next year to bring the community's voice into the discussion. The Melbourne Planning Scheme is expected to be updated in the second half of 2016.

Car-theft crusade continues

Police continue to urge residents and members of the public to be more vigilant, following news of further car thefts being reported in Southbank and surrounding areas this month.

According to St Kilda Rd Police Station commander Snr-Sgt Steve Bills, theft of, or theft from, motor vehicles remain the highest crimes in the Southbank area, with incidents reported everyday.

Among recent incidents reported to police included:

- Secure car park at City Rd, Southbank: Unknown offender(s) gained access to vehicle through the sunroof and stole two backpacks;
- Three vehicles in a multi-level car park were broken into: A variety of items were stolen including a white iPad in a pink case and a Tarocash satchel bag containing personal items;
- Boathouse Drive, Melbourne: Unknown offender(s) smashed in the driver side rear window and removed a laptop bag containing a laptop computer and;

■ Mona Place, South Yarra: DJ equipment stolen from vehicle.

Snr-Sgt Bills said such crimes were difficult for police and there was a lot the public could do to prevent them from occurring.

"The only way we are ever going to curb this trend is if people give more thought to what they leave exposed in their cars," he said.

If you have any information regarding the above incidents or would like to report a theft or any suspicious behaviour contact Crime Stoppers on **1800 333 000**

The Southbank Safety and Security Committee, in partnership with the Southbank Residents Group, has also recently developed a series of new flyers in a bid to raise awareness about theft from apartment complexes and vehicles.

Snr-Sgt Bills said the flyers would be placed in many apartment complexes in Southbank and would be rotated every two weeks.



An example of one of the posters developed by the Southbank Safety and Security Committee for apartment buildings.





Southbank heritage 'botched'

The Melbourne Heritage Action (MHA) activist group has called on the City of Melbourne to take immediate action to protect Southbank's remaining heritage buildings.

MHA has recently expanded its boundaries to cover Southbank, after discovering that, while many of the area's remaining sacred sites are listed on the Victorian Heritage Register, they remain wholly unprotected in law

MHA president Tristan Davies said the issue was the result of an administrative oversight, which stemmed back to 1993 when the area first came under control of the City of Melbourne.

"A significant number of recognised heritage buildings in the Southbank area never had a formal heritage overlay applied to them through the handover," Mr Davies said.

"This has happened largely because huge mistakes were made when control of the area was handed over from the City of South Melbourne to Melbourne City Council in

Prominent among these are the former Castlemaine Brewery buildings on Queensbridge St and the Romanesque warehouses and inter-war offices at 63-69 City Rd, which are now home to the Photography Studies College.

The group has also raised concerns about the City of Melbourne's "rush to redevelop the suburb," with Mr Davies stating that, since 1993, it had allowed a total of eight Southbank buildings with applicable heritage overlays to be demolished.

While the heritage overlay applies to a number of properties and roads in Southbank as shown on the Melbourne Planning Scheme maps, Mr Davies said it had too often been ignored and demanded a review of the system.

"We call on the City of Melbourne to conduct an urgent and comprehensive Southbank heritage survey before its remaining heritage is lost to us, and with it the chance to make Southbank a more livable environment," he said.

"These spaces are the sorts of places that restaurants and galleries and boutiques actively seek to make their home – and that's everything Southbank, outside of the casino, lacks."





The Castlemaine Brewery Store, Malt House and Bottling Store built in 1888 (left) and the Romanesque warehouses and inter-war offices on City Rd (right) are among Southbank's heritage buildings, which are currently unprotected in law.

"This mess needs to be fixed without delay or what is supposed to be a showpiece suburb for urban renewal will become a lesson for future generations in how not to do things."

According to a spokesperson for the City of Melbourne, under the Planning and Environment Act, heritage controls are included in the Melbourne Planning Scheme for the purpose of protecting places that are significant to the city, which are administered by council.

The spokesperson stated that Southbank would be the first subject of a citywide review commencing in 2016.

"Southbank is the next precinct prioritised for review and will be considered by council for the program of works for the 2016/17 financial year," she said.

"The heritage overlay control is consistent throughout the state but some councils may also have heritage policies to guide them in making decisions about applications for planning permits."

"Under a policy titled *Heritage Places within* the Capital City Zone, an application for a permit for alterations, additions or other development of a property subject to the heritage overlay can be lodged and council will consider the provisions in the heritage overlay as well as the policy in making a decision."

Mr Davies said that waiting until next financial year wasn't sufficient and that his group would continue to pursue immediate action

"That will categorically be too late to save many of these unprotected buildings, which are facing specific redevelopment proposals today," he said.

"We call on either the City of Melbourne or the Planning Minister to urgently impose interim controls on all recognised and graded heritage structures within the Southbank precinct that do not currently have an overlay."

In its research of Southbank's heritage controls, Mr Davies said MHA had been surprised to also discover a heritage overlay, which had been applied across the middle of a section of Clarendon St outside the McDonalds restaurant.

Under HO378 of the Melbourne Planning Scheme, the section is marked as "Clarendon St Bridge, South Melbourne."

Southbank Local News contacted both the City of Melbourne and City of Port Phillip in an attempt to find answers about the mysterious bridge, however neither was able to confirm.

If you know anything about this please email:

news@southbanklocalnews.com.au

Stockbroking | Wealth Management | Corporate Advice



Consult your local Investment Advisers

Morgans is proud to introduce the experienced partners of the new Southbank branch.

Tailored individual investment advice across:

- Stockbroking
- Investment advice within Superannuation
- Wealth Management
- Financial Planning

Call or visit our website to speak to one of our experienced advisers on **03 9037 9444 or www.morgans.com.au/southbank**



From left: Campbell Walker, Michael Ibbott, Matthew Reid and Michael Aladjem

Morgans and CIMB – Please visit www.morgans.com.au to understand the products and services within our alliance. Morgans Financial Limited ABN 49 010 669 726 AFSL 235410 A Participant of ASX Group | A Professional Partner of the Financial Planning Association of Australia

Schools Q&A

Deputy Premier and Education Minister James Merlino and Member for Albert Park Martin Foley hosted a "Q&A" forum on Monday, September 7 to speak with the community about new school projects.

More than 50 people gathered at the South Melbourne Commons Hall to take advantage of the opportunity to quiz both ministers on the current state of education in Southbank and the City of Port Phillip.

Both men reassured families that current projects, including Ferrars St Primary School, South Melbourne Park Primary School, Albert Park College and Prahran Secondary College were well on track.

While the State Government made its intentions clear by allocating almost \$4 billion for education in its last budget, many parents were quick to quiz the ministers about many remaining local issues, including a lack of secondary schools and the future growth of Fishermans Bend.

Mr Merlino was quick to reassure families that his government was well aware that a lot of work still remained in bringing education in the area up to speed. "We're working closely with the local community and the City of Port Phillip to shape our shared vision for the new primary schools, as well as the wider Fishermans Bend precinct," he said

"We understand that the need is intense and I'm not asking you to wait until 2018. In particular with this community we have commissioned an independent review to assess what is most needed now."

"We are moving heaven and earth to make sure that we get Ferrars St and South Melbourne Park Primary open by then, but the independent review of primary and secondary pressures will work hard to establish solutions before 2018."

It comes after the State Government announced its first review of the future vertical (multi-storey) Ferrars St School's interim master plan last month, with plans on track to open the Southbank-based school by 2018.



 $\underline{\textit{Minister for Education James Merlino and Member for Albert Park Martin Foley at the September education forum.}$



Lord Mayor Robert Doyle with Southbank businessman David Bower.

Bower earns bronze

After 14 years of operating his business out of the IBM building in Southbank, founder and CEO of Neo Technologies David Bower was deservedly acknowledged last month with a Bronze Lord Mayor's Commendation.

Originally from Sydney, where he founded the company in 1996, David's success since moving to Melbourne in 2001 typifies all the qualities it takes to warrant a business commendation.

"The business was quite formative at that stage. I'd been working in technology since 1993 and I didn't know anybody down here," he said.

"I moved down here because of my partner Julie who I met out on her first night in Sydney. She convinced me that Melbourne was the place to be."

"The home office wasn't for me so I moved into the IBM building and started developing and growing the business from there and I started to become more familiar within the business circles as well."

After 14 years of business in Southbank, David said he looked forward to just as many more

"This Lord Mayor's Commendation I was kind of overdue for it actually so I'll be fronting up again in just a few more years!" he said

"We are deliberately in Southbank and will always stay in Southbank as well."

Through a bit of bravery and inventiveness, David has helped Neo Technologies grow into one of the city's most trusted and successful businesses in the delivery and maintenance of information and communications technology for businesses.

Since establishing his office on level three of the IBM building, he said he had now built a team of nine dedicated staff who were as equally passionate about the work as he was.

"We're basically the IT department for companies that don't have IT departments," he said. "We're happy to help these businesses grow and it's really all about the technology working for the business and not the other way around."

"We have a very high customer retention rate and we don't charge an arm and a leg. All of our staff are very professional and most importantly, for me, they care about what they do."





Have we got the ideas right?

The City of Melbourne and Mirvac have worked with the local community to create a vision for the renewal of the Riverside Quay area.

We're testing our ideas via temporary installations in the Riverside Quay area, including street function and use, new businesses, public spaces, seating, activities, and a new area identity.

Drop into the Riverside Quay area over 3 days to take part in activities, test design ideas, and share your thoughts. Your feedback will help inform the development of a Master Plan for the Riverside Quay area.

When: From 9am Thursday 24 September to 5pm Saturday 26 September 2015.

Where: Riverside Quay Reserve, between Riverside Quay and the Yarra River promenade, Southbank.

You can meet the team at select times on Friday and Saturday. See website for details. For more information, and to provide any feedback, call **9658 9658** or email **Niamh@capire.com.au**

riversidequayplacerenewal.com

Check website on the days for updated information on events.





Melbourne Men's Shed unveiled

The highly-anticipated Melbourne Men's Shed was officially opened on Monday, September 7 at Federation Square, in what is a first for residents of Southbank and the CBD.

Lord Mayor Robert Doyle and Minister for Families and Children and Youth Affairs Jenny Mikakos were among a number of distinguished guests who joined Melbourne Men's Shed chairman Alan Seale to unveil the new facility.

Funded by the City of Melbourne as well as both past and present state governments, the Melbourne Men's Shed offers local men a place to repair toys for the Royal Children's Hospital, information about healthy living and take classes in a range of activities.

Having been operational since March, the centre is already home to more than 30 members and is open to everyone, including retired, unemployed, disabled and socially disadvantaged people.

Minister Jenny Mikakos praised the work of shed members who had contributed more than 400 hours of volunteer labour to make the project possible.

"I have to say, as someone who's visited a number of men's sheds right across the state now, I think this has to be the flashiest men's shed that I've seen to date!" she said.

"This shed came about because of an identified need for a space where people could meet, undertake projects, learn new skills, share experiences and give back to the community."



(Left to right) Melbourne Men's Shed chairman Alan Seale, first chairman Tony Bright, Lord Mayor Robert Doyle, former Minister for Community Services Mary Wooldridge, Cr Beverley Pinder-Mortimer, Cr Richard Foster and Minister for Families and Children and Youth Affairs Jenny Mikakos at the new Men's Shed.

"It really is very impressive walking in here and it's great to see a wonderful turnout here to celebrate the hard work that's gone into making this Melbourne Men's Shed possible"

Located on level one of the Federation

Square car park on the corner of Flinders St and Russell Court, the Men's Shed is housed inside the former home of Travellers Aid, which worked out of the space during the Commonwealth Games.

In February last year, Lord Mayor Robert

Doyle joined former Victorian Minister for Community Services Mary Wooldridge to announce council and State Government funding for the project.

Federation Square, Monash University, the Rotary Club of Central Melbourne, the East Melbourne Group and Woods Bagot Architects also contributed significantly to the project.

The Lord Mayor said the Men's Shed was a fantastic use of the empty space and praised both past and present State Governments for helping make the initiative a reality.

"It doesn't seem like 14 months ago when Mary and I stood in here with many of you in what was an empty shell," he said

"Mary, to her great credit and, as Jenny said, put State Government money behind it and the city wanted a men's shed that was a Melbourne Men's Shed."

"It is a part of that greater movement in creating a kind of social glue – bringing people together and making communities and that's what our city is about."

The Melbourne Men's Shed is open on Mondays (10am – 2pm), Tuesdays (10am-1pm) and on the second Saturday of each month (1pm – 3pm).



YOUR DENTIST IN <u>SOUTHBANK</u> NOW!

Our Central Location Makes it Easy to Pop In Before and After Work or During Lunch Break!!!!

Visit us at www.SmileUpDental.com.au

We are Booking Appointments from MONDAY 14 SEPTEMBER 2015

Starting to See Patients from MONDAY 21 SEPTEMBER 2015

PLEASE CALL US ON 03 9626 5550

NEW NEIGHBOUR - YOU'RE INVITED! GRAND OPENING PARTY!

Thursday, 1st of October 2015 – 4 to 7pm Free refreshments and drinks available

COME AND SEE OUR CLINIC, MEET US AND ASK QUESTIONS

Dr Branko Krstic (BDS) - Dr Jaclyn Fahey BDSc (Hons) - Dr Jonathan Hartley BDS LDS - Dr Alan Taing BDSc (Hons) - Dr Nimisha Bhatia BDSc GdipDent - Dr Vinita Goval BDS FAGE FWFO - Dr Galina Vinokurov BDSc

GENERAL DENTISTRY/ COSMETIC DENTISTRY/ GENERAL ANAESTHETIC ARE YOU SEARCHING FOR A DENTAL MIRACLE?

At Smile Up Dental, We Have Extensive Certification and Expertise to Provide You Best Help For Your Dental Needs!

PLUS WE OFFER "GAP FREE* CHECK-UPS FOR LIFE" to all our patients with available health fund rebates

Our goal is that all Smile Up Dental Patients to Achieve and Maintain the Best Oral Health and a Beautiful Smile for Life! <u>AND PAYMENT PLANS TO SUIT YOUR BUDGET!</u>

We also work around **you** with our EARLY MORNING - LATE EVENING - LUNCH TIME & SATURDAY APPOINTMENTS!

*TERMS & CONDITIONS APPLY



(03) 9626 5550 info@smileupdental.com.au

Suite 6, 51-55 City Road, Southbank, Melbourne, 3006

www.smileup dental.com.au









Southbank came alive for the inaugural UpMarket on Saturday, September 6, with everything from fresh food and produce to designer bicycles and jewellery on offer.

Images: Marnie Hawson

UpMarket a design delight

From page 1.

The highly anticipated inaugural UpMarket was an overwhelming success, as huge crowds flocked to the Australian Centre for Contemporary Art (ACCA) forecourt on Saturday, September 6 to experience Southbank's new designer market.

The wait was finally over for Melbourne's design, fashion and food lovers, as the very best of the city's established and emerging designers and artisans showcased their wares and served up mouth-watering delicacies to delighted market-goers.

Hosted by ACCA and curated by a panel of some of Melbourne's most renowned designers and experts, attendees were given a perfect day of sunshine for the inaugural event as the Arts Precinct sprung into life.

City of Melbourne councillor Rohan Leppert, Minister for Creative Industries and Member for Albert Park Martin Foley, Southbank Residents Group president Tony Penna and many others joined UpMarket founder Belinda Buckley to help officially launch and celebrate the new fortnightly market.

Speaking at the event's official launch, Mr Penna congratulated and commended Ms Buckley and her team for persevering with the initiative after their lengthy struggle to establish its home.

"Well, what can I say? Welcome everyone!" he said. "I was overcome with excitement when I heard that finally, the UpMarket was going ahead."

"This has been a long and arduous process and at times, a tiring process so I would like to congratulate Belinda and her dedicated team for their stamina and perseverance with making the UpMarket a reality."

"This space has been calling out for years for

someone to come and embrace it, to make it feel an active contributor to its immediate and extended neighbourhood and I can feel this designer, artisan market is destined to become a Melbourne institution."

Minister Martin Foley praised the market as a perfect fit for Melbourne's cultural spine, a vital platform for the growth of the industry and a wonderful addition to Southbank.

"The UpMarket is a great addition to this precinct," he said. "It's about enlivening the forecourt of ACCA and bringing some of its creativity outdoors to the community." "It's about enlivening Southbank and making sure that, as the population and growth of Southbank continues on, that the opportunities to make sure that we get

this impressive place right starts from the grassroots."

"This market is critical to the success of Melbourne's creative future. It offers an important opportunity to those younger emerging talents to connect directly with consumers, other designers and to cut their teeth in the business world."

"This is about supporting our local creative producers, our artisans and our craftspeople right here in the heart of Melbourne's cultural precinct."

The next UpMarket will be held on Saturday, September 19 from 9am until 4pm at the ACCA forecourt, Southbank.

SOUTHBANK FAMILY MEDICAL CENTRE

We are dedicated to delivering the best possible patient care. Using a holistic approach, we take pride in finding the best possible solution to your situation.

Our clinic features:

- Both female and male GPs
- Bulk billing for pensioners, children under the age of 10 and students*
- · Immunisations for all ages and travel vaccinations
- Men's, women's and children's health services
- · Occupational health and work cover
- Chiropractic services
- Onsite pathology
- Free coffee and WIFI provided

*No Gap for international students who have private health insurance with BUPA, Nib & Allianz.

Call or book online at: www.southbankmedical.com.au



New life for police hospital

The former Victoria Police Hospital on the corner of St Kilda Rd and Southbank Boulevard, was officially re-opened by Victorian College of the Arts (VCA) vice-chancellor Professor Glyn Davis last month after a year-long refurbishment of the heritage-listed building.

The refurbished "Old Police Hospital" provides state-of-the-art accommodation for the dean's office and administrative units of VCA and Melbourne Conservatorium of Music (MCM).

The project, undertaken by architects Francis-Jones Morehen Thorp (FJMT), worked closely with heritage specialists RBA Architects and Conservation Consultants in restoring the building, which was first opened in 1914.

The building is situated in an important location in relation to the City of Melbourne's plan to run a kilometre-long linear park from St Kilda Road down to Queensbridge Square, as well as the future redevelopment of the arts precinct.

Project manager Luke Flanagan said that, while opening the site to Southbank Boulevard had been a key focus, the greatest challenge had been establishing a balance between working with the heritage constraints and achieving an acceptable standard with the functional requirements of the space.

"The real driver there is to create a meaningful connection from the city into the art's precinct," he said.

"There's always conflict and tension there. Every heritage building has its own characteristics and qualities and the trick is to exploit, amplify and take advantage of them – while at the same time ensuring any interventions or additions are made sensitively."

"Don't overwhelm the original but complement it. That's the real challenge. The end result justifies the pain and anguish because what you end up with is a building which is very unique."

All additions to the building have been designed with the intention of showing a visible line between old and new, with key design features including a restored spiral staircase, a two-storey glass curtain wall extension, new steel and glass entry canopies and an interpretive garden adjacent to a copper lift.

Lead architect Louise Goodman said that she believed the success of the project had been in stripping back the building to its original plan.

"This allows the elegance of the new forms and materials of the building additions, which have a beauty in their own right, to complement the existing brickwork and proportions of the original hospital," she said.

Opened in 1914, the former Victoria Police Hospital operated as a hospital for some 65 years and was not only the first police hospital in Victoria, but is claimed to be the first in the world.

During the First World War it was used as a military hospital and later for the public during the Spanish influenza outbreak, with the police resuming control of the site in 1920.

Its design was based on the pavilion principle, which expressed the late 19th and early 20th century attitudes to hospital design.

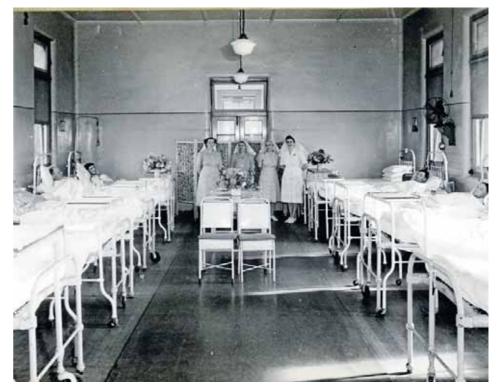
The police transferred their hospital to a new building nearby in 1980 and the site was taken over by the VCA, which had started occupation of the former Police Depot from 1973.

The building was subsequently converted to a printmaking school until 1992. Since then, it has been used for offices and storage and allowed to fall into a dilapidated state

The news of its completed refurbishment comes as VCA announced the completion of another project last month, with the opening of its new cutting-edge teaching workshop.

In 2016, the stables that were once occupied by police horses will also be transformed into visual art studios.

In 2017, a new purpose-built museum will be opened to showcase Michael Buxton's contemporary Australian art collection, while plans for a new conservatorium building are also slowly gaining momentum.





The original police Police Hospital Ward, circa 1946 (above) and a ground floor view of the new look facility featuring a two-storey glass curtain wall extension.











German frenzy returns to South Wharf

Get ready to raise your steins as Melbourne's newest waterside precinct, South Wharf Promenade, comes alive once again in its biggest celebration of Australian and Bavarian cuisine.

Following the success of last year's inaugural event, Oktoberfest returns to South Wharf Promenade on October 10 and 11 to bring the best of Munich direct to Melbourne for two epic days of pop-up food stalls and roving entertainment.

Drawing inspiration from the iconic German Oktoberfest, each of South Wharf Promenade's venues, housed in the lovingly restored cargo sheds, will join the festival, serving food and drinks with a twist of German.

The precinct's authentic Bavarian venue Munich Brauhaus will perform a traditional keg tapping from 2.30pm and play host to a weekend of Oktoberfest shenanigans including live Oom Pah Pah Bands and Kid's

The venue offers a classic Bavarian menu

and serves a range of exclusively imported award-winning Oktoberfest biers.

Punters can sample Oktoberfest Bier Flights for \$15 while taking in the true Munich experience inside this 1000-seat bier hall, while a traditional pop-up pretzel stall will operate on the promenade.

The General Assembly will offer craft beer tasters with matching snacks along with pork spit rolls for \$10, while Melbourne Public will celebrate with a barbecue offering both a classic "Aussie Dog" and a bratwurst "German Dog".

The Meat Market and Common Man will service a pop-up bar and outdoor Bier Garden Marquee, while the Boatbuilders Yard will fire up a German-themed barbecue on the Sunday.

However, hold onto your steins ... there's more!

As a lead up to the event, The General Assembly will celebrate Oztoberfest, in an Australian take on the festival from Saturday September 19 to Sunday October 4.

Perched just metres from the Yarra River and with spectacular CBD views, The General Assembly will offer an enticing range of craft beers from all over Australia, as well as some mouth-watering food from its authentic

And there is plenty more to enjoy at South Wharf Promenade throughout spring, with some of the city's best hospitality talent serving up a diverse range of food and beverage in a distinctly local environment on the south bank of the river.

On the eve of the AFL Grand Final public holiday on October 1, head to Melbourne Public to enjoy Australian music royalty Tex Perkins live with Charlie Owen as they help bring in the long weekend of footy.

As the sunshine starts to reappear over spring, the Meat Market provides the perfect location for a Sunday session with a host of live acoustic artists and DJs, while Charlie Lovett, Common Man and many others provide a relaxing place to enjoy a coffee and meal after a shop at DFO South Wharf.

Few precincts can boast a world-class convention centre, a 5-star hotel, a quality retail centre, a National Trust treasure like the Polly Woodside and some of Melbourne's best bars and restaurants.

If you are yet to experience the magic on offer at South Wharf, spring is the time to come and do just that. For more information and to see what else is on offer visit www.southwharfpromenade.com.au





















Stop looking ... start shopping for spring!

With the warmer months now upon us, there is no need to look any further than DFO South Wharf for inspiration this spring.

Whether it's shopping for the Spring Racing Carnival or redecorating your home in preparation for summer, it can all be found under one roof at DFO South Wharf.

With a growing portfolio of local and international premium brands, and a proposition of "up to 70 per cent off," DFO South Wharf is making the mantra "affordable fashion" its own.

As if housing more than 180 stores of established brands and designers wasn't enough, the centre is also home to leading local and international fashion labels including Armani, Karen Millen, Kate Spade and Michael Kors.

With the Spring Racing Carnival fast approaching, ladies need look no further for all things fashion as well as hair and beauty. Complement your look with Hairhouse Warehouse located on the basement level - finishing your outfit with an amazing hairstyle.

If refreshing your home in preparation for the warmer months is at the top of your todo-list this spring, then DFO South Wharf's Homemaker Centre has everything you need to make home entertaining easy.

Complete with a wide variety of stores including Adairs, Forty Winks, Freedom, JB Hi-Fi Home, Plush and more, decorating one's house or apartment can all be done in a single location and just a stones throw away from Southbank.

Spring is also a time when the motivation returns for many to get active again, and with a flurry of events such as the Melbourne



Marathon Festival on the horizon, DFO South Wharf is your home for major sports brands including 2XU, Adidas, Asics, Puma and Nike.

Local residents are invited to take advantage of further reduced retailer discounts and special offers as part of DFO South Wharf's "Ultimate Weekend".

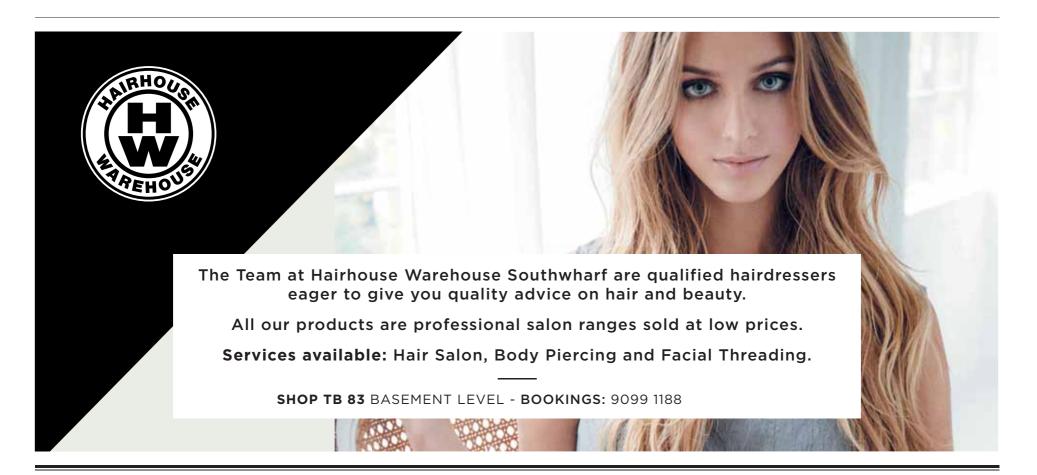
Residents are invited to cash in on the ultimate shopping experience and, with a major prize giveaway and loads of stores featuring special offers, it's a weekend not to be missed!

To keep up to date and receive access to the dates for Ultimate Weekend, exclusive news, offers, events and

invitations you can become a DFO VIP member at www.dfo.com.au/myaccount To add to the services available, DFO South

Wharf also welcomes the Jumbo Early Education Centre on level one Homemaker Centre, which offers long-day care and kindergarten from Monday to Friday.

For more details visit www.dfo.com.au





Minister Martin Foley with Hipster Whale director Matt Hall and 3 Sprockets director Seon Rozenblum.

Gamers unite

Minister for Creative Industries Martin Foley visited Australia's games development hub 'The Arcade' in Southbank last month to announce the program for the first Melbourne International Games Week.

The Arcade, located at 71-75 City Rd in Southbank, is home to Australia's first notfor-profit, collaborative workspace created specifically for game developers and creative companies using game technologies.

The Games Week announcement coincided with the international launch of the new mobile PAC-MAN 256, which was developed by Victorian games company Hipster Whale in partnership with Japanese games giant and original PAC-MAN creator Bandai Namco out of the Southbank centre.

Bandai Namco approached Hipster Whale following the worldwide success of the locally-made game Crossy Road, which has been downloaded more than 100 million times since its launch in November 2014.

Mr Foley said the launch of the inaugural International Games Week in Melbourne was a reflection of the strength of the games industry and the contribution it had made to the Victorian economy.

"Victoria is home to half of Australia's digital games industry with companies ranging from major multinationals to boutique independent developers that, like Hipster Whale with Crossy Road and PAC-MAN, are developing global iconic products," he said.

"Melbourne International Games Week is a celebration of strength of a sector of the creative industries that contributes significantly to the economic life of our

Running from October 23 to November 1, Melbourne International Games Week 2015 would bring together a host of games, gamification and technology events to celebrate Victoria's leadership in the games

The week will culminate with PAX AUS, a major international games festival - the only PAX event outside of the USA - that is expected to attract more than 55,000 games enthusiasts to the Melbourne Convention and Exhibition Centre in Southbank between October 30 and November 1.

Established in September 2013 with the assistance of Creative Victoria, The Arcade on City Rd provides a range of facilities and workspaces for developers including permanent desks, meeting rooms, kitchen facilities and a theatrette.

For more information on The Arcade and International Games Week visit www.thearcade.melbourne and www.gamesweek.melbourne

Opera Australia site up for sale

Opera Australia (OA) has put its Southbank headquarters and rehearsal studio at City Rd on the market.

The company has engaged CBRE as the commercial realtor for the sale of the Melbourne Opera Centre.

According to an OA spokesperson, the organisation has reached an agreement with the owner of the adjacent property to sell the two properties together in order to maximise the sale price, which could realise as much as \$25 million.

"The sale of the Melbourne Opera Centre is all about confidence about OA's future in Melbourne," the spokesperson said.

"The sale of the Melbourne Opera centre is in response to an advantageous market situation and the proceeds from the sale will be used to further consolidate OA's asset base."

While the company is not quitting Melbourne, the spokesperson said that it had outgrown its current facilities.

"The sale will give OA the opportunity to

purchase new Melbourne premises better suited to accommodate full orchestra rehearsals with chorus and soloists and provide more space and better facilities for patron events," the spokesperson said

"Melbourne will continue to be the home of OA's regional touring and schools tours division and commercial division."

"OA currently gives back to the arts sector by providing discounted rehearsal and meeting spaces for small companies unable to afford commercial rent. A larger, more up-to-date facility will enable OA to accommodate more small performing arts companies."

A leaseback option means OA can continue to use the Southbank site for up to three years, as it searches for bigger premises.

While it was looking at options available in the CBD, it is possible the company could share a studio with another company in Southbank as an interim option.



Opera Australia's City Rd site is up for sale





30 Fanning Street SOUTHBANK T: 96903778

fivesolars@gmail.com



Friday Nights at NGV

THIS OCTOBER SEES THE RETURN OF THE WIDELY POPULAR FRIDAY NIGHTS SERIES AT THE NATIONAL GALLERY OF VICTORIA (NGV).

By Jack Hayes

Being held at the *Masterpieces from the Hermitage: The Legacy of Catherine the Great* exhibition, the series showcases a range of leading international and Australian musicians including Jaakko Eino Kalevi (Finland), Gareth Liddiard (The Drones), Augie March's Glenn Richards and the ARIA award-winning contemporary jazz group, the Paul Grabowsky Trio.

The series features a selection of indie, pop, jazz, folk and rock music, running from October 2 to November 6 in the final weeks of the major exhibition.

Visitors will indulge in after-hours access to the exhibition, live performances, pop-up talks and a range of food and dining options in the Great Hall. Visitors can also experience the new *Minute Masters* program, which will see art history experts share some of the most fascinating facts about the artworks in just a few short minutes. Each week of *Minute Masters* will focus on a new and exceptional aspect of Catherine the Great's collection.

The exhibition will draw from the personal collection of Catherine the Great, housed in the Hermitage Museum. More than 500 works are travelling to Australia, including outstanding works by Rembrandt, Velasquez, Rubens and Titian.

In addition to the impressive line-up of artists, some of Melbourne's hottest DJs including rising star Banoffee, Toff in Town's resident DJ Edd Fisher, Melbourne party masters I OH

YOU DJs, festival favourite Airwolf, up and coming cousin duo Klo and, finally, Darcy Baylis, a DJ who had already toured nationally by the time he finished high school.

NGV director Tony Ellwood said: "The popular music series creates a lively and dynamic atmosphere at the NGV with the opportunity to hear live music from some of the best international and local musicians."

The Friday Night series sells out regularly, so booking tickets is essential.

TICKETS ARE ON SALE NOW, SEE NGV.VIC.GOV.AU



BARBERSHOP BURSTS INTO SOUTHBANK

IF YOU ARE A FAN OF HARMONY SINGING AT ITS BEST, THEN THE 2015
BARBERSHOP HARMONY CONVENTION BEING HELD IN MELBOURNE AT HAMER
HALL AND THE DEAKIN EDGE THEATRE THIS MONTH IS A MUST

From September 16 to 19, visitors will have the rare opportunity to see and hear the finest Barbershop Choruses and Quartets in Australia in both competition and in concert.

The Barbershop Harmony Australia (BHA) *Harmony Gold Rush 2015* National Convention in Melbourne will be a joyous celebration of music, friendship, competition and fun

The convention is held bi-annually and is hosted by a different state each time. This year, the Melbourne-based "Melbournaires Chorus" has been granted the honour of hosting the event, something which has not happened since 2002.

The convention program runs across four days and comprises, youth competitions, quartet competitions, chorus competitions as well as the highlight - the *Grand Showcase Harmony Spectacular Concert*, which will feature the medal winners and special American guests, the 2006 World Gold Medal Champion Barbershop Quartet, Vocal Spectrum.

The concert will be presented by 3AW's radio host Denis Walter and is an evening not to be missed. There will be hundreds of Barbershop singer delegates in Melbourne, most of who will attend and celebrate the official launch of the convention at a massed

sing-in and open-to-the-public free event at Federation Square. The lunchtime event to launch the convention will be held on September 17 at 12.30pm.

City of Melbourne Deputy Lord Mayor Susan Riley and 3AW's Philip Brady, will be onstage as the official presenters of the launch, and there will also be an onstage performance by Vocal Spectrum.

The highlight of the event is without doubt the *Grand Showcase Harmony Spectacular Concert*, which will be held at the Hamer Hall on the evening of Saturday, September 19.

The Youth Competition and Concert will be held at the Deakin Edge Theatre, and entry will be by means of a gold coin donation at the door.

Low cost tickets at Hamer Hall are being made available for the competition phases of the quartets and choruses on Friday, September 18.

To book tickets to the event at Hamer Hall call 1300 182 132 or visit artscentremelbourne.com.au

FOR MORE INFORMATION WWW. BARBERSHOPCONVENTION.ORG.AU



JULIEN WILSON TRIO

By Jack Hayes

FOR JAZZ ENTHUSIASTS OCTOBER LOOMS AS AN EXCITING MONTH WITH A SERIES OF PERFORMANCES SHOWCASING THE BEST IN AUSSIE JAZZ.

The Melbourne Recital Centre (MRC) will hold shows starting from Friday, October 9 and running until Saturday, October 31.

The Julien Wilson Trio will open proceedings with an eclectic combination of tenor saxophone, guitars and piano accordion. The trio has been playing sold out shows for over a decade, with their performances being described by *The Age* "as close as you're likely to get to dreaming with your eyes open".

"From what I know, there isn't really any precedent for our sort of instrumentation with accordion, guitar and saxophone," Wilson said.

Julien (saxophone) and his fellow trio members Stephan Magnusson (guitars) and Stephan Grant (accordion), provide a unique Jazz experience with influences from Brazilian and Argentinian musical forms

They have performed sold out concerts at the Berlin Jazz Festival, Sydney Opera House and Melbourne International Arts Festival and have appeared at festivals in Jakarta, Korea, New Zealand and throughout Australia.

The next act for the line-up features upcoming jazz vocalist Elissa Rodger and her band. Rodger, who has been performing form a young age, launched her jazz career after undertaking studies at Victorian College of the Arts and Monash University.

The band will play an hour show on Friday, October 16.

The Julia Messenger Quintet will warm audiences with her show *In a soulful mood*. The Melburnian's exquisite vocal technique and her unique ability to get to the heart and soul of a song has earned her rave reviews around the world.

The quintet will be dazzling audiences in two shows on Saturday, October 17.

Jazz vocalist Hetty Kate will continue the spring line-up with a compilation of classics and curios from Frank Sinatra, Bing Crosby, Ella Fitzgerald and more.

Kate and her band will be playing Tuesday, October 20 for an afternoon of beautiful vintage music, perfect for reminiscing, singing along and enjoying.

Finally, rounding off a superb month of jazz, the Janet Seidel Trio, including Melbourne piano great Joe Chindamo, is performing a night of pure romance in music.

To find out why Janet is described as "Australia's most popular jazz vocalist" and "first lady of Australian jazz vocals" and why Joe Chindamo is routinely described as one of the world's greatest pianists, you will need to purchase tickets to either of their two shows on Saturday, October 31.

All shows will be held on the Salon stage, a beautifully intimate way to spend your October.

HAVE YOU EVER EXPERIENCED THE FEELING OF BUYING A MADE-TO-MEASURE SUIT?

Have you ever experienced the feeling of buying a made-to-measure suit? Were you overwhelmed by the care and attention taken in measuring you? Did the range of fabrics and styles that you could choose from leave you utterly impressed?

Did you sip on a glass of your favourite whisky as expert fitters passionately explained the construction process of your garment to you?

Did you choose every detail, knowing that you would be getting exactly what you wanted in the finished product?

At Oscar Hunt, we pride ourselves on offering an unbeatable experience at a price that belongs to off-the-rack suiting.

BOOK AN OBLIGATION-FREE CONSULTATION NOW TO LEARN ABOUT THE OSCAR HUNT MADE-TO-MEASURE EXPERIENCE.



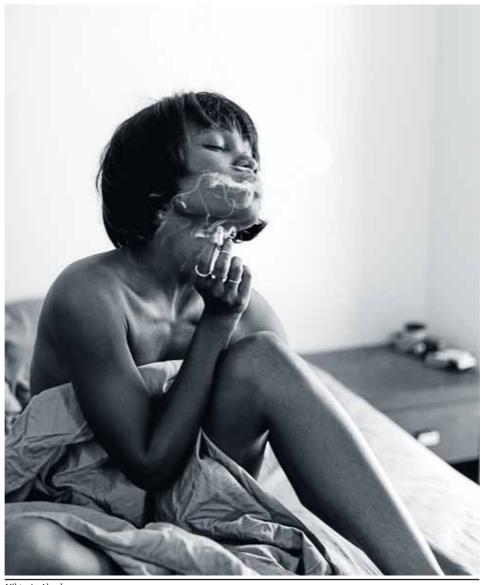






FOR SEAN MCDONALD, THE JOURNEY TO GRADUATING FROM THE PHOTOGRAPHY STUDIES COLLEGE (PSC) IN SOUTHBANK HAS BEEN ANYTHING BUT TYPICAL.

By Jack Hayes



Viktoria Abraham

The 2014 graduate left a secure marketing job to pursue a career in photography – a decision he says has completely changed his life

Sean was working a regular nine-to-five in the city, safely coasting through, when he bought a new camera and decided to start studying at PSC.

"I'll just go and do a six month course and figure how to use it beyond auto mode and then just kept enjoying it and staying longer and longer," he said.

That six months quickly turned into a year, which turned into two years, then three

and finally to graduating with a degree in commercial photography after four years.

The evolution from filing spreadsheets to photographing leading international and Australian artists from John Mayer and Chet Faker, to Cyndi Lauper and touring with Jebediah for their 20th anniversary tour has been one he had never imagined.

"I never plan too far in the future, I never thought I would be at this point a year ago and I never thought I would be at that point the year before that. It's so exciting to see where two years, five years, 10 years take me."

It is this kind of spontaneity that Sean finds the most appealing with photography and PSC provided the perfect platform to turn a hobby into a career.

"I'm sure I will be somewhere totally different to where I thought it would be, which is kind of cool and also knowing that there is a range of possibilities – especially considering where I used to be."

Now being self-employed and running his own business, Sean says the process has been made much easier with by his commerce background – qualifications, he said, would help him stay ahead of the pack.

"I'm really glad I did the commerce degree because if I did photography straight out of school I would have been useless," he said.

Leaving the monotony of the corporate world behind, he says, was one of the best decisions he has ever made.

"I know so many guys that go straight into accounting or finance, all those cliché banking corporates and you look at them now and you see how miserable they are and just hate life. Whereas, I love going to work. It's awesome."

Sean said the "family vibe" at the college offered a unique chance to learn from and collaborate with some of Melbourne's upand-coming photographers.

"You form a pretty cool little bond with all your classmates. Just having a place you can go helps you with your passion, and helps build your skills, which is so rewarding."

"All the teachers there are great. I used to love going each night and catching up with teachers. There are still some that I keep in contact with."

Sean is now focussing his attention to an end-of-year trip to New York with his girlfriend. The pair intend to open an exhibition in Melbourne showcasing a male-female, digital-film perspective of the American city.

"I don't think I will ever get sick of photography or ever get to a point where I feel content, I feel like I can go forever," he said.

WWW.SEANMCDPHOTOGRAPHY.COM



EVENTS



THE COODABEEN CHAMPIONS

Sept 26 - Playhouse

To celebrate the 35th anniversary of their legendary footy show, ABC Radio's favourite sons the Coodabeen Champions are taking their show on the road to perform live for legions of footy fans across Victoria. Covey, Champs, Billy and Richo are limbering up and preparing to run through your banner. Make no mistake, they've come to play and will have a red hot go.

www. artscent remelbourne.com. au

OPEN HOUSE: TROMARAMA FOR KIDS

Running until Oct 18 - NGV International

The children's galleries at the NGV are going to be turned into an entire house where furniture hangs from the ceiling, pink flamingos and tree stumps talk and cheeky garden gnomes chat back at Open House: Tromarama for Kids.

www.ngv.vic.gov.au



BETRAYAL

Running until Sept 26 - The Sumner

Emma is married to Robert. But for seven years, she's been having an affair with Jerry, Robert's best friend. Betrayal begins at the end of the affair, and pursues an enthralling journey to its very beginnings. As memory reels backwards towards the moment the affair started, the lies tangle into a web of deception, and betrayal begets betrayal.

www.mtc.com.au

GREAT ROMANTICS COMPETITION 2015

Oct 4 - Elisabeth Murdoch Hall

Now in its sixth year, this important national competition provides a platform for young musicians and ensembles passionate about Romantic repertoire, including such luminaries as Brahms. Liszt and Schumann.

www.melbournerecital.com.au



TINALLEY STRING QUARTET

Sept 28 - Salon

Tinalley String Quartet invites you to be enriched by greatness, fearing only in the power of enchantment! Beethoven's Opus 74 Quartet, nicknamed the 'Harp' for its elegant pizzicato sections, is exquisitely constructed. The work's uniquely shaped movements combine with a miraculous unity of purpose, design and expression.

www.melbournerecital.com.au

MOZART SYMPHONY NO.40

Sept 17 - Sept 19 - Melbourne Recital Centre

Stravinsky's Octet for Winds, an early neoclassical masterpiece performed here by the wind section of the MSO, and the composer's compact Concerto in D – led by MSO Concertmaster Eoin Andersen – are balanced by Mozart's Violin Concerto, a youthful work of matchless elegance and execution.

www.mso.com.au



THEY SAW A THYLACINE

Sept 15 - Oct 4 - Beckett Theatre

Out of the darkness, Sarah Hamilton and Justine Campbell conjure the ghost of one of Australia's lost beauties, the thylacine. With all the suspense of a campfire story, these feisty, funny women weave a lyrical tale of adversity and extinction. For this thylacine tracker and this zoo keeper's daughter, it's a quest not just to protect a threatened creature, but themselves.

www.malthousetheatre.com.au

SONGS FOR THE FALLEN

Sept 29 - Oct 3 - The Sumner

Following a hugely successful season at the New York Music Theatre Festival that had critics and audiences raving, and with a lush, live pop score by award-winning composer Basil Hogios, you are invited to the decadent final party of

the woman who defied her fate and captured a

www.artscentremelbourne.com.au



ORAVA QUARTET

Sep 22 - Elisabeth Murdoch Hall

This exciting young Australian ensemble is best known to Melburnians through its prize-winning appearances at the 2013 Asia-Pacific Chamber Music Competition. They return to make their Coffee Concert debut with a polished program of Haydn and Mendelssohn, and the excitement of a world premiere from talented young Melbourne composer Kym Dillon.

www.melbournerecital.com.au



ACCA IN THE CITY

Sept 21 - Sept 27 - Various locations

ACCA will take art to the streets, historic sites, social and business spaces of Melbourne's CBD in a rolling series of the unexpected. Choreography for the fans, pop up performances, processions by the river and knowledge bubbles for commuters will feature amongst the performed gestures and procedures that take place during the waking hours of city life.

www.accaonline.org.au



THE SLEEPING BEAUTY

Sept 15 - Sept 26 - State Theatre

Fairies, bluebirds, a gilded court and a spell-shattering kiss: the world's most extravagant ballet is awakened to new life by The Australian Ballet's Artistic Director David McAllister. The much-anticipated world premiere of this landmark production will be the crowning moment of the year and perfect for all ages. Don't miss the moment when this majestic Beauty opens her eyes.

www.australianballet.com.au



THE WEIR

Running until Sept 26 - Fairfax Studio

Theatre's power as an arena for storytelling meets the great Irish tradition of the bar room tale in Conor McPherson's brilliant gem of a play about loss and the consolations of connection. Beautifully understated and emotionally elegant, McPherson's multi-award winning play sees the reunion of Nadine Garner with Private Lives director Sam Strong.

www.mtc.com.au

SOUNDPROOFING WINDOWS

FOR BODY CORPORATE AND HERITAGE LISTED HOMES AND APARTMENTS



NO NEED TO REPLACE YOUR EXISTING WINDOWS TO ACHIEVE DOUBLE GLAZING

Stop Noise will come to your home for a FREE demonstration and show you how we can reduce noise by up to **70%** coming through your existing windows.

Stop Noise secondary glazing system is equally as good as replacement double glazed windows for your thermal insulation and twice as good for reducing noise. There is simply no better option. Save money on your energy bills and get a great night sleep.

Stop Noise is a trusted family owned and operated Melbourne based business since 1995.

VISIT US ONLINEI WWW.STOPNOISE.COM.AU



Call today to organise a free assessment of your windows & doors 1800 880 844 Sinfo@stopnoise.com.au

Office & Showroom- 15 Industry Blvd, Carrum Downs 3201



Southbank Local News is excited and proud to be sharing the story of one of its dearest friends and one of the suburb's first residents, David Beech.

Having first moved to Southbank Gardens at Dodds St in 1994 with wife Wendy, David can still recall the days when the area was referred to as South Melbourne.

Having happily resided at King Parks at Wells St since 1996, David said it had been wonderful to witness Southbank mature into the vibrant suburb it is today.

"It's actually coming up to our 22nd year that we've been in Southbank and the majority of course have been here on Wells St and we can't believe how this place has changed," he said.

"When we first moved here the only contacts we made as such were the few people who lived within this complex, but it has spread beyond that a fair bit now because Southbank is a really vibrant place."

"I think it's a terrific place. There is so much happening; between here and the river there are so many things you can do."

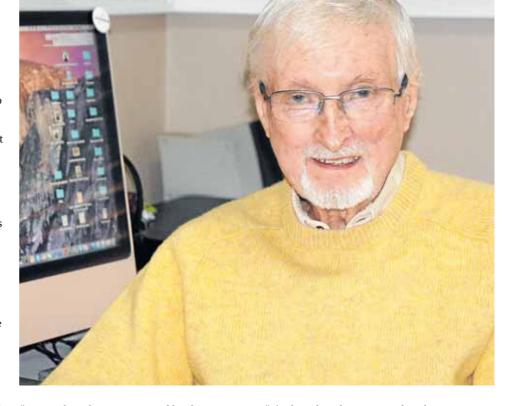
Having previously lived and worked in Ringwood for 24 years with their two sons, David said he and Wendy first moved to Southbank with the intention of being closer to the city and the arts precinct.

A decorated career teacher, tutor and lecturer in a range of fields including arts, design and printmaking, David's background with the arts and education has seen him become an admired and much loved figure in the local community.

Having graduated from the Melbourne Teachers College in 1959, David went on to become a leading expert and developer of the first ever Computer Aided Design (CAD) program at the former Hawthorn Institute before moving to Melbourne University in 1997.

His passion for the arts and education would lead him to become one of the National Gallery of Victoria's first ever male voluntary guides in 2000, where he went on to join the Voluntary Guide's Alumni some nine years later.

He explained that when the gallery was first built on St Kilda Rd in the late 1960s, the guiding was started as a women's initiative right through until the 1990s, making his induction as a guide a breakthrough.



"I started guiding in 2000 and by that stage I'd realised that the guides were all women because it had started off as a women's club so it was difficult for the women to understand," he said.

"There was a training program of about 18 months and I'd have to admit that the training was actually harder than when I did my fine arts degree at university."

"Having to get out on the floor and having to know what you were doing was very hard. In any one-year between the two galleries now there would be 30 exhibitions over 12 months from very small to huge so it was pretty full on."

David continued guiding up until the age of 70 and to this day remains the only male member of the Alumni in its 47 years.

Since then he has continued to play an active role in the community, having been a former member of the Southbank Residents Group as well as a highly valued former delivery man of the *Southbank Local News* for well over two years.

"I really enjoyed doing the deliveries, they were really good times," he said.

"The big plus about it was that the routine was terrific because I'd ring ahead to all the building managers every time and almost every time there was at least a chat or two with the building managers and they were so diverse."

Having been first been described as "crazy" by family and friends for moving to Southbank more than 20 years ago, David said he and Wendy continue to look back on their decision without a single regret.

Today, he still manages to go for a regular walk around the area and is as proud of his community as ever.

"The focus has really been on enjoying the surroundings and seeing it all change so much," he said.

"I'm doing less walking now I'm no longer as fit as I once was but as long as I've been living here I'd do a daily walk and explore new areas and that keeps you in touch with everything that's going on."

"It's such a wonderful place. We could never move now everything just fits in for us so well. Even though this place is small, it's ideal now because you don't need much space."



Profile by Sean Car

South Online Booking Available Yarra Clinic

Mixed Bulk Billing Female Doctors Available www.southyarraclinic.com.au

MEDICAL SERVICES

- General health care
- Family planning
- Women's health
- Men's health
- Minor surgery
- Immunisation
- Skin checks
- Travel vaccinations
- Mental health
- Sexual health
- Work related injury

· Employment checks

- Chronic disease
- Onsite pathology testing
- * Street parking & shopping centre access
 Japanese, French & German speaking doctors available.



South Yarra Clinic

668 Chapel Street South Yarra VIC 3141 (03) 9824 1166

Open 7 Days

CLINIC HOURS

Mon-Thurs: 9am – 9pm Fri: 9am-5pm Sat-Sun: 10am-4pm





Spring has sprung

It has been a long and hard winter here in Melbourne. Just about everyone I've spoken to has been struck down at least once by some kind of bug – flu shot or no flu shot.

I am writing this article from my sick bed. So it's with some relief that the pages of the calendar have been flipped over to September. It's finally spring! As I look out my window the beams of sunshine lighting up the apple blossoms, the sound of chirping birds and even the hapless pedestrian being swooped by a magpie give a sense of new hope, new possibilities and even new life.

Coming out of the dark and cold of winter

into the light and warmth of spring has been fodder for poets throughout the ages, and for good reason. The change of seasons as used in metaphor immediately taps into something we can understand – reversal of fortunes, a shift in experience, attitude or perspective.

At St Johns recently, on the last Sunday of winter, one of our readings came from Song of Solomon, a portion of which reads as follows:

My beloved spoke and said to me,

"Arise, my darling, my beautiful one, come with me.

See! The winter is past; the rains are over and gone.

Flowers appear on the earth; the season of singing has come, the cooing of doves is heard in our land.

The fig tree forms its early fruit; the blossoming vines spread their fragrance.

Arise, come, my darling; my beautiful one, come with me."

This most intoxicating love song of the bible expresses that shift from the doom and gloom of winter to the joy of springtime love. Spring isn't just a time of fragrance and flowers, it can also be a time of human renewal. New lighting and changing surrounds enable us to see the world and our fellow sojourners with new eyes.

This spring, as we awake from the weariness of our winter colds, what are we going to open our eyes to as individuals and as a community? What will see differently now the rain is gone? Will we lift our eyes to admire attractive figures as a few layers of clothing are shed? Undoubtedly! But might we also look to those who remain in darkness, whose winter

of discontent or distress continues despite the change of seasons?

The dawn of spring can remind us that for some the weather is only getting colder. For every sunny day there is a deep freeze we know little or nothing about.

September 10 was R U OK day – an opportunity at the beginning of spring to be mindful that some are still shivering in the cold. Having R U OK day at the turn of the seasons is most appropriate. Take the time this spring to look out for those who seem to have less than a spring in their step. Because for every person there is always hope, new possibilities and even newness of life waiting around the corner.

www.ruok.org.au

www.lifeline.org.au 13 11 14



SOUTHBANK RESIDENTS GROUP WITH TONY PENNA

So spring is upon us and the most exciting news to welcome in spring was the surprise announcement by the Planning Minister of Planning Scheme Amendment C262.

Essentially C262 is putting some commonsense back into planning. This amendment will no longer allow the massive developments we have seen in the past unless the development is giving something back to the community and in return for more height. It will only affect new applications.

Melbourne City Council will also have a greater say. We have been arguing this for some time now.

Also of great news is the release of the draft master plan for the City Rd development. I have read the plan and it is very thorough. I am very pleased with the outcome.

Leanne Hodyl and her team have done a remarkable job and I would like to thank them for their efforts with this document. The next stage is further public consultation on this draft master plan. This will commence in the very near future.

You may not be aware, but we have a Men's Shed which services the Southbank precinct.

I attended their official opening on September 7. It is great to see this local community right on our door step at Federation Square. They tell me their membership is not restricted to men. So if you're needing a space to tinker, then please pay them a visit.

The inaugural Upmarket produce and design hub on the forecourt of ACCA was a resounding success. The Minister for Creative Victoria, our local member Martin Foley, and I were honoured to open this initiative.

SRG has been a strong advocate for this market since the outset. It will be operating on the first and third Saturdays of the month. SRG has a small stand at this market.

Come on over and support this initiative and say hi to me and/or a member of the committee while you are visiting. I am confident you will not be disappointed.

Remember to like us on Facebook -

SouthbankResidentsGroup

Tony Penna President



My days as a school teacher at Boyd

Special feature by Goldie Alexander

The latest home for the 'Australian Book Review' (ABR), that most literary of Australian magazines, is the building known as Boyd. This is because this building was once the home of J.H. Boyd Domestic College for Girls. In late 1967, this school was my introduction to 25 years as a high school teacher.

A single mum with two small daughters recently arrived from Perth, I was desperate for work ... any kind of work. Back then, the Victorian Education Department was equally desperate for staff. They were so desperate that any prospective employee had only to prove that she or he had four university subjects, even if no teacher training, and low and behold, she or he had a job.

Desperation breeds fearlessness. Filling in the Education Department's application form, I declared that I could teach everything, except maybe maths and science. I was even capable of teaching music. Someone's eagle eye alighted on this and, sure enough, I was sent to J.H.Boyd as its music teacher.

Back then J.H. Boyd was notorious for containing the most difficult girls in Melbourne. It was also known as a "punishment park" for any teacher who broke departmental rules. The Year 7 to Year 10 students were the daughters of Port Melbourne dockside workers.

Back then, Port Melbourne had a pub on every corner and streets of factories, warehouses and decrepit wooden cottages with outside loos. J.H. Boyd's students knew from an early age that whatever they learnt in school wasn't going to serve them when they were old enough to leave. For these girls it was a splendid way of socialising until sooner or later they would find a job.

J.H. Boyd Girls High School was constructed in 1884-1885 as State School No 2686 and in 1932 was renamed the JH Boyd Domestic College after its patron, a successful grazier, bequeathed a large sum of money for a school where "women should be taught to manage a home correctly".

Domestic arts schools developed in the years during and after WWI - a time when there was a concerted push for "mothering" education. The truth was that by then it was hard to find good servants.

To give these schools their due, they



Goldie Alexander.

expanded girls' secondary education at a time when state governments were reluctant to provide post-primary education.

At the time I knew nothing about the school's history. All I had in my repertoire was the ability to read music and thump out a tune on a discordant piano. The music room was a portable with no heating or cooling.

The girls were frankly terrifying. Think St*Trinians* and the most ferocious fems in Hunger Games and you've got it in one. So it was most unfortunate that the principal (let's call her Ms Mitchell) had great aims for these children. She had visions of them learning notation, perhaps even discovering some latent female Mozart. She certainly visualised them trilling Nymphs and Shepherds - maybe even Scarlatti, Vivaldi, and Johann Sebastian Bach.

Well. I tried. I really did try. Meanwhile, the girls occupied themselves by chucking stuff around the room and continuing feuds that started and ended in the quadrangle. Their undisputed leader, a lass of 13 called Pat who towered well above my five-foot-two, must have felt sorry for me, because at least she ensured that nothing actually hit me unless accidental. If I asked for help from other teachers, all I got was a sniff and a shrug. Anyway, given I was tucked away in the furthest portable, no one cared.

One day I had the inspiration to ask the girls what they would like to do? "Sing," I was told. It turned out that what they wanted was early karaoke. So I took myself into the city and bought multiple copies of The Sound of Music, Fiddler on the Roof, Camelot, some of the early Beatles hits and other popular 50s

It was a raging success. From a classroom of raging St Trinians I suddenly had groups of girls singing their little hearts out. And when we went to see Sound of Music as a

school excursion, there wasn't a dry eye in the cinema.

I wish I could say that I turned the teaching of music upside down. Unfortunately, Ms Mitchell got wind of what I was doing and called me into her office. There, she coldly pointed out that I had not been employed to lead early karaoke sessions, but to teach the girls notation and what she called "more suitable songs". She said: "I'm so disappointed in you. I'm afraid I cannot recommend that you continue your career as

Looking back, perhaps she was right. I should have used the opportunity to go into advertising, television, or film ... anything that would have given me more money, status and led me earlier into my chosen career as a writer. But there were two daughters to be housed and fed.

To cut a long story short, I persuaded the Education Department - using lots of tears and other feminine wiles - to send me to another school the following year where I would teach English and history. No music. There, my first task was to check the roll for period one where every child had a six syllable hard-to-pronounce Greek surname.

So now this spanking community hub in Southbank is open, I sincerely hope that there might be some echo of the 60s ... hope that someone might occasionally hear a dim rendition of If I Were a Rich Man, Climb Every Mountain and even 16 going on 17. If this should happen, please let me know as I would then feel that my very short career as a music teacher was not entirely wasted.

Goldie Alexander is an award-winning author who has had over 80 of her works published in Australia and overseas. She currently resides in Middle Park. She will be speaking at the inaugural Sunday School on Sunday October 18 at the Boyd Community Hub. Bookings are essential contact Natalie Mason at Boyd on 9658 8300. www.goldiealexander.com







Open 7 days 10.00am-9.00pm teahousethaimassage.com.au facebook/teahousethaimassage

*Promotion ends 30/09/15. Booking only. Mention this ad to redeem. Cash only.





WITH KATHLEEN TOOHEY

Haymes PaintRight Southbank

Tis the season!

It's that time of year, Spring has sprung! It's the time of year where we all become inspired to get up, get out and "do".

Spring is the start of wood care season and what I fully encourage people to "do" in Spring time, is use the weather conditions to their advantage and get their decks, outdoor furniture and feature panelling taken care of in time to enjoy all the outdoor festivities of summer.

I'd personally recommend using Haymes Simply Woodcare range, which has everything you could need to not only protect your timber but also make it look fantastic, at the very highest of quality.

So whether you have a timber outdoor setting that needs a makeover or you are building a new deck, the following tips will help you.

As always, preparation is key. It is important to ensure that existing timber is properly sanded and cleaned using a quality wood cleaner and that new timber has had ample time to weather before also going through this process.

Cleaning the timber removes extracts and tannins from the timber, which can affect the durability of the top coat. Once the timber has been suitably prepared and is dry, the top coat can be applied.

The Simply Woodcare range has options for exterior use with Dexpress and Uvex being the heroes of the range – water-based exterior coatings that have greater longevity and can be used for all purposes and surfaces. Uvex in particular has a great

UV resistance. Application is simple with a brush or applicator.

Simply Woodcare also has a fantastic colour range to choose from that is very unique.

My last (very important) tip is to keep on top of the maintenance.

Timber requires ongoing care, but to avoid going through the whole process again and again, all you need to do is check it every year and if there are signs of wear and tear, give it a quick recoat.

Make it apart of your Spring to "do" list. For more information and advice on all things DIY please feel free to come in and speak to me or the friendly staff at Haymes PaintRight Southbank, or visit southbank.paintright.com.au



OWNERS CORPORATION LAW

With Tom Racon

Tom Bacon is the principal lawyer of Strata Title Lawyers. **Tom@stratatitlelawyers.com.au**

Tips to get more people at OC meetings

The majority of large residential buildings (100 lots or more) historically struggle to obtain a quorum at both the annual general meetings (AGMs) and special general meetings throughout the year.

A quorum is achieved if more than 50 per cent of the total votes (or lot entitlement) is present at the meeting either personally or by proxy. If a quorum is not achieved then the meeting cannot officially make decisions on the matters listed on the agenda.

In most instances, the chairperson will decide to proceed with the meeting despite the lack of quorum, and seek to pass the motions listed on the agenda on an interim basis. This means the decisions cannot be acted on for at least 29 days after the meeting, and only if the owners' corporation (OC) is not petitioned by 25 per cent of owners to overturn the "interim" decisions.

However, 29 days is a long time to wait before acting on any decisions of the OC, particularly if urgent repairs are needed, or if levy notices are due to be mailed out, or if legal appeals are required to be brought within a certain timeframe.

In order to boost the numbers present for meetings, here are my tips and tricks for getting more bums on seats:

- Announce the meeting date, time and location in as many forums as possible (mail circulars, emails, text messages) and hang posters and flyers in all lobbies and elevators;
- Strongly encourage owners to give proxies to committee members or

friends if the owners cannot attend;

- Give thought to scheduling the meeting for a time in which most people are likely to attend (a building in Docklands recently held its AGM at midday on a Wednesday. It was no wonder that hardly anyone showed up);
- Publish an end time for the meeting and stick to it. Many owners cite their reason for non-attendance as being that "they don't want to be stuck at the meeting for hours on end";
- Leave general business items for after the meeting ends, meaning that those owners that have to leave can leave, without fear or embarrassment;

- Plan and publicise a social event before or after the meeting and include food and drinks;
- Give away door prizes or a raffle (vendors of the OC may be willing to donate door prizes);
- Arrange for guest speakers such as local MPs, lawyers and architects to address the building on local issues; and
- Acknowledge and thank all of the volunteer work that committee members have contributed throughout the year, and give written certificates or a written thank you from the chairperson.



224 Normanby Street, Southbank 3006 T: 9272 7600

www.southbank.paintright.com.au









"Pretty much doing what we are right now, sitting in the sun. We are from Geelong so we love to go for walks around the city as well."



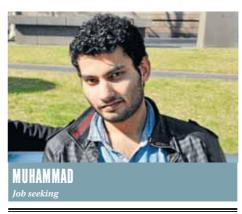
"I have come to live in Melbourne from Russia and $I^{\prime}m$ finally looking forward to some warmth, it has been so cold here."



"I don't get 'seasonal affective disorder' unlike the rest of the city, so winter never bothered me, but I'm finally going to take the surf board out again."



"By spending all my money, this spring I'm getting a car so I'm pretty excited. Apart from that have a drink and enjoy the sun."



"I'm not too sure just yet, hopefully with a bit of luck I will find a new job."



"I'm down from Edinburgh and staying with my family in Healesville. I was going to go to Melbourne Zoo but now I'm going to the

Australia's finest harmony choruses and quartets in competition and in concert



MELBOURNE 2015 16-19 SEPTEMBER

See the Grand Showcase Concert presented by Denis Walter and featuring the World Gold Medal (2006 Champions) Barbershop Quartet Vocal Spectrum Saturday 19th of September at 8.00pm.

6TH YOUTH CONCERT & COMPETITION DEAKIN EDGE THEATRE TICKETS AT THE DOOR (DONATION) NO BOOKINGS

8TH QUARTET COMPETITION HAMER HALL **PRELIMS 9:30AM - 5:30PM** \$25 ADULTS/\$20 CONC. FINALS 7.30PM \$35 ADULTS/\$30 CONC.

7TH MASSED SING FED SQUARE **12.30PM** FREE ADMISSION

9TH CHORUS COMPETITION HAMER HALL 10AM - 3.30PM \$25 ADULT/\$20 CONC. SHOWCASE OF CHAMPIONS HAMER HALL 8PM \$55 ADULT/\$48 CONC.



BlameySaundershears

(PRINCIPAL SPONSOR) www.blameysaundershears.com.au

FOR HAMER HALL EVENTS BOOK AT

artscentremelbourne.com.au or call 1300 182 183 www.barbershopconvention.com.au



TEMPLE BEERS

Three Below. Bottleshops: McCoppins Fitzroy/Abbotsford, Wine Republic Fitzroy, South Melbourne Cellars, Purvis Beers Richmond, Church St Cellars, Vintage Cellars Lt Bourke St

TEMPLE BREWING COMPANY, 122 WESTON ST, BRUNSWICK EAST T.+61 3 9380 8999 BEER@TEMPLEBREWING.COM.AU TEMPLEBREWING.COM.AU f ♥ 🔯 @TEMPLEBREWING



HEALTH & WELLBEING

with Justin Moran
Just In Time Personal Training

Goal setting – three levels



Basic exercise goals

We all know that up and down roller-coaster feeling of setting goals with relation to our health, fitness and exercise. Something clicks – January 1 comes along or the sudden realisation that we are no longer fitting into our clothes.

Whatever it is, it kicks us into some sort of action and gets us into a mindset of change or action. Sadly though it is short-lived and we will have a concerted effort for a few weeks or months but we often revert back to our past behaviors.

Major life goal setting

Just last week I delivered a workplace health seminar to a well-known real estate company and elaborated on the need for people, if they are looking at getting the very best out of themselves, to actively take the steps to set some bigger picture and long-term goals and from that "reverse engineer" back to the basic goals and steps we need to take to build towards the bigger picture.

The now infamous Steven Covey (writer of *The Seven Habits of Highly Effective People* which sold over 25 million copies) once made the statement "start with the end in mind"

There is no better way to do this in relation to goal setting with your life, health, work, happiness, family and relationships to name just a few.

So perhaps the best step you could take is taking a step back and crystal-balling where you would ultimately like to be in say five or 10 years time and then work backwards to how to achieve this. Then keep a copy of these long-term and short-term goals with you at all times and work towards attaining them.

The need for a life-coach, mentor, business coach or personal trainer

At the highest level, you may require the services of someone other than yourself to help pave the way for you and help work with you to set out the path, journey and destination of your grand plan of being the best you can be.

There is no better example of this than the world's fastest man over 100m and 200m – Usain Bolt.

I would be very surprised if you didn't know who he is, however when I asked the real estate group if they knew of Glen Mills – not one person knew.

Who is Glen Mills you ask? He is Usain Bolt's coach. Now some may say why would someone that just runs a straight line over 100/200m need a coach, well Usain Bolt does and he credits all of his success to his coach.

If you are highly-motivated and driven then it may be something that you need to give some serious thought to as I have personally seen much clarity, vision and the ultimate results delivered to those that have elected to go down this path.

I have an expanded Blog post on this on my website **www.justintimept.com** *Justin Moran*





Ken and Max the Kelpie cross

Ken and his Kelpie cross Max were enjoying a coffee when they were spotted basking in the beautiful Melbourne sun outside Southgate.



The two were making a much-needed pit stop during their daily walk into the city from Richmond.

Ken explained that having Yarra Park and the river so close to his house made having a small yard a whole lot easier for his mate

"I'm just walking with my son to Patrick to work, we have a nice chat on the way. It only takes about 20 minutes to half-an-hour. It's good to have a decent walk every day," Ken

Ken is a freelance emergency management consultant, which he said lets him get out of the house and walk Max once or twice a day.

"Max just goes out and brings back his ball and says alright lets go for a walk," he said.

All the while Ken was talking, Max never lost sight of his cherished tennis ball, even when he posed for a photo.

"He's a photogenic dog, I've got a whole album of him at home," Ken said.

SOUTHBANK SUDOKU

A variation of Sudoku, with the letters SOUTH BANK replacing the numbers.

The rules are the same as regular Sudoku, each line of the must contain the letters 'SOUTHBANK' as must each 9-square box. This Sudoku is medium!

Sudoku solution: Edition 44

S	N	K	Т	A	В	Н	0	U
A	U	В	K	0	Н	D	Т	S
T	0	Н	N	U	S	A	K	В
U	В	S	A	N	0	T	Н	K
Н	K	0	S	В	T	U	N	A
N	A	T	Н	K	U	В	S	0
0	S	N	U	Н	A	K	В	T
В	Н	A	0	T	K	S	U	N
K	T	U	В	S	N	0	A	Н

				A		U		T
В					N	S		
			В		U	K		
		0	A			В	K	
K								S
	Н	S			0	T		
		A	T		K			
		N	S					В
0		T		Н				



AA Real Estate & Business Brokers Suite 88b, 90 Lorimer Street Docklands VIC. 3008

Tel: 03 9645 2988 Fax: 03 9645 4588

Good Luck!

www.aabusinessbrokers.com.au sales@aabusinessbrokers.com.au

Proud members of





- Specialists in the sale of businesses and franchises across all sectors
- ✓ We dominate the marketplace in Melbourne and across Victoria
- Committed to excellence in service and customer satisfaction
- We guarantee the highest standards in integrity & professionalism
- Call us for an obligation free appraisal of your valuable business
- We offer sensible and well informed advice on current market conditions



Managing Director Licensed Estate Agent / Business Broker



Businesses in Southbank

SOUTHBANK-BASED BUSINESSES WISHING TO BE PROFILED IN THIS SECTION SHOULD EMAIL: ADVERTISING@SOUTHBANKLOCALNEWS.COM.AU

A HAVEN FOR KIDS OF THE CITY

Hidden away on Normanby Rd in Southbank, many local families would be both surprised and delighted to discover City Kids early learning centre operating out of a retrofitted former warehouse.



Ruth Goga (far left) and Josephine De Bono (far right) with members of the team at City Kids Southbank

Few would guess that behind its walls lies a state-of-the-art early learning paradise, complete with six colourful children's rooms, an expansive central outdoor play area as well as a wondrous rooftop garden with views of the city!

The initiative was the brainchild of City Kids licensee and former primary school teacher Josephine DeBono's father Nick Puopolo, who first came up with the idea to transform the building into a childcare centre.

"It's been a really good way to learn the field but I also had a really good knowledge base coming from a primary setting and I brought a few of my own ideas, which I've been able to implement here," Ms DeBono said.

"We've been open now for over five years and it has turned into a really nice business in terms of having great families and a wonderful team of staff."

In addition to its impressive facilities, City Kids boasts a unique educational program driven by a dedicated team of staff, which comprises qualified carers and educators of babies, toddlers and preschool children.

City Kids 2IC and curriculum co-ordinator Ruth Goga said that, while the centre held high expectations for education, the focus was always centred on creating an environment of love and care between all staff and children.

"The educators here are very driven and I feel that, especially over the last year, we've become really close as a family," she said.

"They're really working as a team and you can see that the children genuinely love the educators and the educators genuinely love the children. You can just see the relationships grow."

"The best thing about childcare, is that if there is one child that won't connect with that educator then there's another educator that will make that connection."

In addition to following the national curriculum, the centre has also established a unique enrichment program, which has a range of fun musical and movement activities.

All programs also utilise technology, with each room equipped with iPads for teaching and learning, while preschool programs also incorporate a number of excursions to various locations throughout the city.

Ms DeBono said all programs were devised with the intention of getting the best out of all children.

"Preparing them for the next step is a really big thing and I guess that's where the curriculum has come from," she said.

"A part of it is about understanding their place in the community so we teach them that you need to be a good member of your community."

Having operated in Southbank for more than five years, Ruth Goga said City Kids had quickly established itself as the local community's most trusted early learning centre.

"We service a lot of working families and many of them don't have extended families of their own so I've had a lot who say we're just like another family member," she said.

"They'll sometimes ring up and say can you spare anyone I need a babysitter tonight! So it's really nice that they have that trust and they feel like they can always talk to us."

City Kids is located at 222 Normanby Rd.

www.citykids.com.au

EXTENDING ROUND THE CLOCK CARE TO SOUTHBANK

Based just 10 minutes up the road, the team at South Yarra Medical Clinic is here to service all medical needs of Southbank residents.

Operating out of the Chapel St clinic since 1999 and having witnessed the transformation of the local and broader community, practice owner Dr Josef Goldbaum said the need to cater to wider demand had become increasingly vital.

"Since we've been here the apartments and other buildings have sprung up like mushrooms!" he said.

"Add that to what's been happening in Southbank as well, which has been poorly covered for medical services and we're just a five to 10 minute drive up the road, we're accessible with easy parking and we've got very good services."

With more than 40 years experience in general practice and nutritional medicine and 20 years in cosmetic surgery and medicine, one is hard-pressed to find a service that his practice can't provide.

He said the combination of experience and

care provided by both he and his dedicated team of doctors had seen the practice well and truly establish its place as a communityfocused medical clinic.

"We've built up a very strong relationship with the community during our time here. Most of our patients have followed either myself or one of our other doctors for many years," he said.

"We've got a very strong team of experienced GPs. We have 12 all up working out of the clinic on full or part-time basis ranging from younger to older both male and female."

South Yarra Clinic offers an extensive range of services, which includes general health care, family planning, minor surgery, immunisations, skin checks, work-related injury treatment, travel vaccinations, onsite pathology and much more.

In addition to its wide range of general practice services, the clinic also offers a range of comprehensive cosmetic surgeries, including anything from anti wrinkle injections to liposuction and varicose vein treatment.

The highly experienced team also possesses specialist care for both women's and men's health, mental and sexual health as well as Japanese, German and French speaking doctors.



The team at South Yarra Clinic (left to right): Sam, Sara, Fiona, Wanda, Josef and Christina.

With a constant influx of new residents to the area, Dr Goldbaum said the clinic was welcoming to anyone in need of any medical assistance.

"We've decided to put more of an emphasis into the general practice side of the business because of the demand for quality GPs, which we have here," he said.

"We're trying to cater to demand by opening seven days a week and extended hours as well. We basically cover each and every aspect of general practice so whatever you can think of in terms of why you go to a doctor we have it here."

"Whatever it is pediatrics, family medicine, men's health, pre-employment medicals, insurance medicals – we'll do it here."

South Yarra Clinic is open 7 days a week at 668 Chapel St.

For more information visit **www.southyarraclinic.com.au**

WHAT'S ON **COMMUNITY CALENDAR**

JUN I I SEP I MAY OCT | NOV | DEC APR A U G



INNER MELBOURNE LIFE ACTIVITIES CLUB

Meeting on selected dates and various locations. IMLAC takes in the city's parks. its culture, fabulous eating options as well as festivals, galleries and concerts.

website www.life.org.au/imlac or call Carolyn on 9696 1090



THIRD SATURDAY OF EACH MONTH

DADS PLAYGROUP @ BOYD

Are you a dad living within the bounds of the City of Melbourne? Here's something just for you. Dads are invited to bring their preschool child(ren) along. Bookings:

kirsty.bates-webb@melbourne.vic.gov.au

TUESDAYS - THURSDAYS & SATURDAYS CHUNKY MOVE DANCE CLASS

Mondays to Thursdays and Saturdays at 111 Sturt St. Chunky Move dance classes are the perfect way to unwind, get fit and improve flexibility and strength.

www.chunkymove.com



WEDNESDAYS

BOOT CAMP @ BOYD

If you're looking for a great way to start the day, come along to Boot Camp at Boyd. Active Melbourne instructors will take you through a series of fun and challenging exercises. Starts at 6.45am

THURSDAYS

MELBOURNE'S GOT SOUL

A fun and friendly group who meet at BOYD to sing and socialise. There are no auditions, and you don't even have to have an amazing voice.

Thursdays 6pm @ BOYD

MONDAYS & SATURDAYS

YOGA WITH ALISON @ BOYD

Looking to improve both your physical and mental well-being? Instructor Alison Corsie hosts classes at Boyd every Monday at 6.15pm and Saturdays at 9am. alison@inner-rhythms.com.au



MENTAL HEALTH WEEK

The wall in the Boyd foyer will feature a a giant colour-in picture of Boyd. Adult colouring-in is proven to relieve stress and help find inner peace. Local artists provide the drawings and we supply the pencils.



TUESDAYS

LAUGHTER YOGA @ BOYD

Laughter Yoga is a unique concept that allows you to laugh even when you least feel like it and is ideal for all ages. Sessions are at Boyd Community Hub, Assembly Hall each Tuesday at 6pm



UNTIL OCTOBER 21 @ BOYD

CITY RD MASTER PLAN

The City of Melbourne has developed a draft Master Plan to transform City Road. Come to a drop-in session at Boyd, sign up to a walking tour or share thoughts at participate.melbourne.vic.gov.au



TUESDAYS

SOUNDS OF SOUTHGATE

Run by voice teacher, choral director and composer Kate Sadler, Sounds of Southgate is a community choir open to anyone to join. 6.15pm - 8pm every Tuesday at St Johns Church Southgate.



SUNDAYS

ARTS CENTRE MARKET

Meet over 80 of Victoria's finest artisans first hand. Discover how these unique artworks are made, chat directly about the products, inspirations and techniques.

www.artscentremelbourne.com.au.

TUESDAYS

SOUTHBANK ROTARY

Rotary Club of Southbank meets weekly for dinner on most Tuesday evenings throughout the year at Federation Square. Visitors are always welcome.

KLARA ART & BOYD OUTDOORS

Claire, Boyd's Southbank resident artist will be creating colourful shapes and

words to represent Boyd, using just tape.

The work will be displayed on the fence

space surrounding the basketball court.

www.southbank.org.au

SEPTEMBER @ BOYD



STARTING WEDNESDAY SEPT 23 @ BOYD FREE WALKING GROUP

Join local fitness experts JustInTime as they lead a 'not just walking group' for Boyd walkers. The program starts from Wednesday 23 September at 9.30am to 10.30am.



FIRST THURSDAY OF EACH MONTH

SUNRISE PROBUS CLUB

For over 50s living in Southbank. Join for fun, activities, events and friendship. First Thursday of the month at Library at the Dock 10am. Contact Sue 0425 831 954. www. clubrunner.ca/mspc.



SOUTHBANK LIONS CLUB

You're invited to help celebrate the charter of Melbourne City Southbank Lions Club at Melbourne City Bowls Club at 6:30pm. Email chengji1214@gmail.com by Sept 9 to book your place.

OCTOBER 16 TO 28 @ BOYD

FIND A STORY

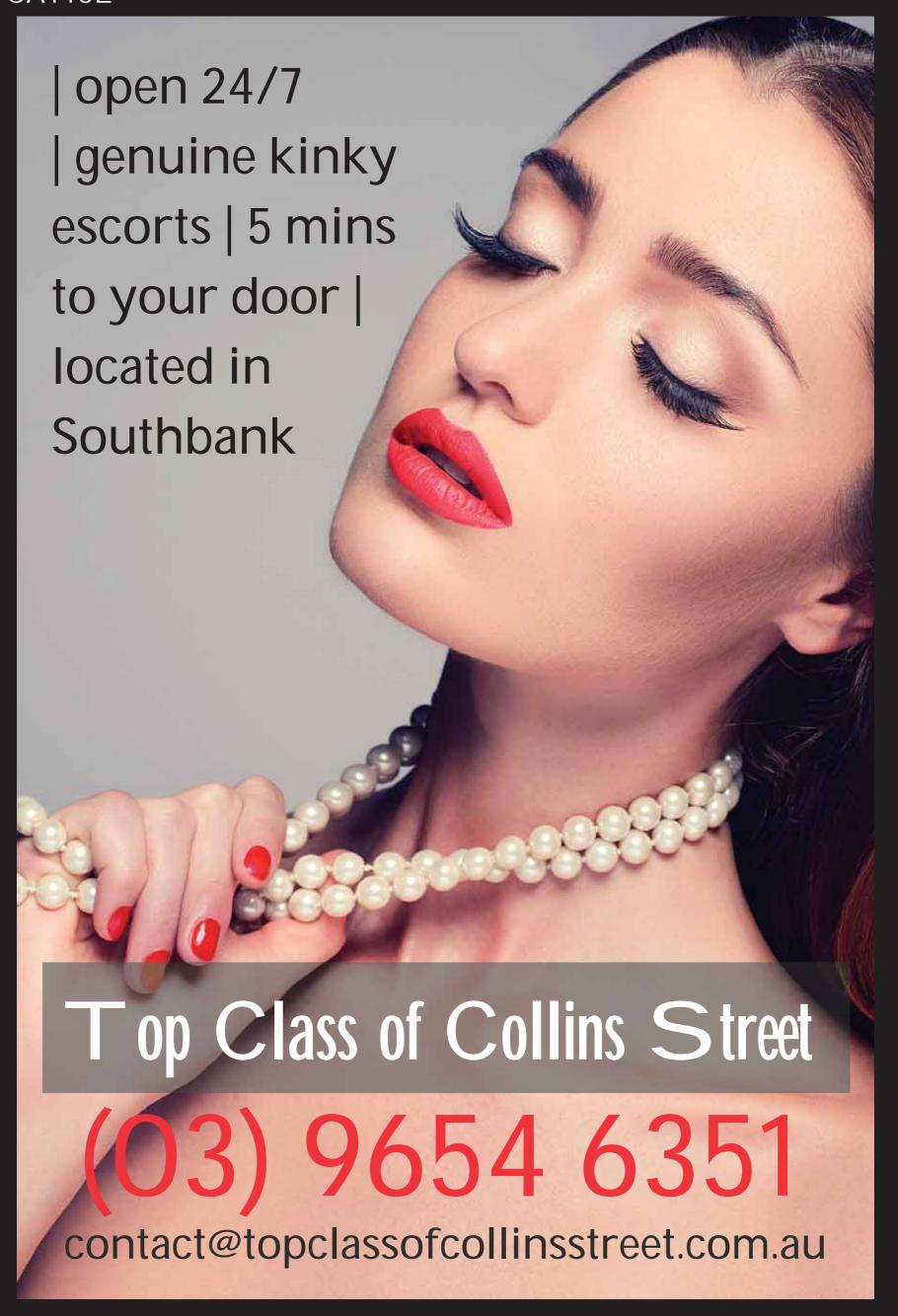
Curious about your family's past and don't know where to start? Book into one of our free family history training sessions and let us help you get started. Bookings essential. Sessions run for 90 minutes.

WEDNESDAYS

READING CIRCLE

A free and informal chat about whatever it is we've been reading. Fiction, non-fiction, plays, poems, travel writing, biography anything at all!

6pm - 7pm @ Boyd Library



BUSINESS DIRECTORY

INTERESTED IN FREE ADVERTISING? SEND AN EMAIL TO ADVERTISING@SOUTHBANKLOCALNEWS.COM.AU OR PHONE 8689 7980

BUSINESS BROKERS



Suite 88B/90 Lorimer Street Docklands, VIC 3008

T: (03) 9645 2988

E: sales@aabusinessbrokers.com.au

www.aabusinessbrokers.com.au

COLLECTABLES



CHURCH



20 City Road Southbank Telephone 9682 4995 www.stjohnssouthgate.com.au

DAYCARE



p. 9681 7771 — **e.** info@citykids.com.au Find us on

ELECTRICIAN



ESCORTS



FINANCIAL SERVICES



Stockbroking I Wealth Management I Corporate Advice

Call or visit our website to speak to one of our experienced advisors on 03 9037 9444 or www.morgans.com.au/southbank

FUNCTIONS



Facilities hire Beautiful venue for weddings and memorial services Concert venue with excellent acoustic and comfortable seating Spacious function room Meeting rooms Kitchen

> 20 City Road Southbank Telephone 9682 4995 www.stjohnssouthgate.com.au

GYM



Mobile personal trainers that come to you and save you time

Justin Moran justintimept.com 0411 798 934 justin@justintimept.com

HANDYMAN

MS PROPERTY SERVICES

ALL CARPENTRY & BUILDING NEEDS SERVICING RESIDENTIAL & COMMERCIAL CLIENTS IN INNER SUBURBAN MELB & CBD





224 Normanby Street, Southbank T: 9272 7600

www.southbank.paintright.com.au

HAIR & BEAUTY



P5 SOUTHGATE COMPLEX - PH 9686 6504 WWW.ROOPRANI.COM.AU

HEALTH FOOD



HOTEL

PH. 9027 2122 E. DOCK37@HILTON.COM

HILTONMELBOURNE.COM.AU/DOCK37



DOCK 37

KITCHENS



ALL CARPENTRY & BUILDING NEEDS OFFICE & HOUSEHOLD MAINTENANCE

CONTACT RODPhone 9328 4072 Mobile 0417 309 711 Email tradelinejoinery@bigpond.com.au

MASSAGE



MEDICAL CENTRE



www.southyarraclinic.com.au

Open 7 Days Bulk Billing Available

PETCARE

Port Melbourne Veterinary Clinic & Hospital



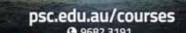
FRIENDLY PROFESSIONAL PET HEALTH CARE

Open 7 days a week Mon-Fri 8am-7pm Sat-Sun 9am-5pm

For advice & appointments Ph: 9646 5300 www.portmelbournevet.com.au 109 Bay St, Port Melbourne

PHOTOGRAPHY





© 9682 3191 Australia's No 1 Photograp

SOUTHBANK LocaLEWS

PHYSIOTHERAPY

Elite Sports <u>Physiotherapy</u>

Sports & Spinal Physiotherapy Remedial Massage Clinical Pilates
Clinical Pilates
Post-Surgical Rehabilitation
Free Injury Assessments
WorkCover/TAC Claims



L3, 4 Freshwater Place, Southbank (entervia Genesis Fitness : 9690 2626 WEB: www.elitesportsphysio.com.au

PLUMBING

CRK PLUMBING est 1992

Specialising in apartments in the CBD

 All plumbing works Leaking taps

Resealing showers

- Gas leaks
- Balcony issuesHot & cold issues
- Renovations or Leaking showers
 - Refurbishments

www.crkplumbing.com.au Tolli 0418 118 008

PROPERTY



www.rpconveyancing.com.au Ground Floor, 171 Moray Street, South Melbourne

REAL ESTATE

Ray White.

Ray White Southbank 111 Clarendon Street, Southbank 3006 P:(03) 8102 0200 F:(03) 8080 3284

lucas real estate

Leading Docklands Agents Located in the heart of Docklands, Lucas offers over

9 years of Docklands Sales & Leasing expertise

1/401 Docklands Drive, Docklands T: (03) 9091 1400 lucasre.com.au

SERVICES



NOISE REDUCTION SPECIALISTS

1800 880 844 ☑ INFO@STOPNOISE.COM.AU WWW.STOPNOISE.COM.AU



SUPERMARKET

FOODWORKS



180 City Road, SOUTHBANK P: 9686 1561

Ray White.

September, 2015

It's been an incredible year in our business. We are in our fourth year of trading and we are proud to say that Ray White Southbank is one of the fastest growing Ray White Offices in Australia and is now sitting proudly in the top 5 offices in Victoria for Unconditional Property Sales. This is a fantastic achievement by my growing team of property professionals.

Over the past 12 months, we have invested heavily into our sales and property management business. We have brought in some of the countries leading real estate experts on long term contracts to assist in improving our service platform. We have invested heavily into our technology platform, training, systems and personnel and look forward to delivering continued great results for our clients.

We'd be glad to extend our services to you and look forward to hearing from you soon.

Andrew Salvo Ray White Southbank & Ray White Projects Victoria Principal (03) 8102 0200



2305/63 Whiteman Street SOUTHBANK



More wanted!

Living in the Vue Grande life couldn't be any easier, with numerous tram stops right at your door step, Crown Complex across the road, convenience stores below and South Melbourne Markets down the road, what more could you ask for?

This creatively laid out 2 bedroom apartment situated on the 23rd floor is a must see.

Michael Pastrikos 0404 282 864

2701/109 Clarendon Street SOUTHBANK

---1 -- 1 **- -** 1

Available for both owner occupier or investor

\$420,000

Offering standout views of Port Phillip Bay and Albert Park Lake from high on the 27th floor, this relaxed and elegantly stylish one bedroom apartment will astonish both owner occupiers and investors alike. South facing and flooded with outstanding natural light. this fresh and modern retreat will impress.

Michael Pastrikos 0404 282 864



D208/601 Victoria Street ABBOTSFORD



Be quick - priced for immediate sale!

\$440,000 plus

Love the Modern Style and Proximity to Victoria Gardens

Love the stunning convenience and inspired contemporary charm of this two bedroom apartment in the coveted Precinct complex, located just moments to Victoria Gardens Shopping Centre and superb Victoria Street restaurants.

Jen Lin Lau 0401 906 629



1105/283 City Road, SOUTHBANK





Be inspired by this Southbank treasure \$540,000 - \$560,000

Possessing an enviable northerly aspect while offering captivating modern style that only the brilliant Bank complex can produce, this 2 bedroom, 2 bathroom apartment is a genuine shining light with amazing views of the CBD, MCG, and Royal Botanical

Jen Lin Lau 0401 906 629





Michael Pastrikos Sales Manager 0404 282 864

■ lilian.kwan@raywhite.com

Lilian Kwan

Sales Consultant

0401 207 028



Jen Lin Lau Sales Consultant 0401 906 629 Mandarin Speaking



Matthew Wallace Property Management 0404 565 050

■ matthew_wallace@raywhite.com

What's your property worth?

Find out how much your property could sell or rent for in the current market – FREE and without obligation.

