

The voice of Southbank

SOUTHBANK Local NEWS

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OC in legal war with developer and manager

By Sean Car

In a case that will be viewed with interest around Australia, The Guild owners' corporation (OC) is involved in a bitter legal dispute with its developer and building management over long-term contracts.

The case is heading for the Supreme Court with claim and counter-claim over what are fair and reasonable rates and contract periods.

Also in dispute is the process used when the OC was first established and contracts were awarded.

The OC is alleging improper practice when establishing the contracts but the developer and contracted management companies are denying any impropriety.

The dispute started when OC manager Luckman Associates Pty Ltd and Guild Management Pty Ltd took the owners' corporation to court late last year over unpaid fees.

The OC has responded with a counter-claim attacking the legitimacy of the original contracts and the roles played by developer Les Smith and OC manager Prince Luckman.

The OC's case questions whether Mr Smith and Mr Luckman had the right to establish contracts, which the OC says are excessive and onerous.

The OC says under the contracts, it is facing rises in management fees from \$275,000 plus

GST in 2012 to more than \$1.3 million plus GST over 55 years (a minimum of 3 per cent increase per annum).

It is understood Mr Smith believes all dealings were transparent and legitimate.

He told *Southbank Local News* there was no factual basis for the OC's allegations and he was taking them extremely seriously.

The case was expected to start in the Supreme Court on September 28 but has been postponed until November 9, due to a change of barrister by the OC.

The new court dates for the hearing are Monday, November 9 to Thursday November 12 and Monday, November 16 to Thursday, November 19.

The Guild OC chairman John Anderton said the outcome of the case could have lasting ramifications for other OCs around Australia.

"With so many high density developments going on in Australia, it's important that the long-term interests of the owners are protected," he said.

Continued on page 2.



Sky-high Southbank stunt

High-wire artist Kane Peterson achieved an Australian first last month, when he successfully walked across a 21-metre tightrope suspended from Melbourne's tallest building, Eureka Tower. Story and pictures on page 11.

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The Guild apartment towers on Sturt St, Southbank.

The Guild OC in legal war

Continued from page 1.

“Off-the-plan purchasers do not have much power against developers, especially for inexperienced first home buyers or where English is not their first language.”

The OC alleges that at its inaugural general meeting in October 2012, the minutes record that Mr Smith attended in his capacity as the owner of all lots and on behalf of another company he controls called 152 Sturt St Pty Ltd, which is also a defendant in the counter-claim.

In a letter to residents, the OC alleges Mr Smith retains a number of links to the building including ownership of some empty shops and art spaces at the bottom of the building via 152 Sturt St Pty Ltd.

The empty arts and commercial space is private property owned by 152 Sturt St Pty Ltd, but the costs of lighting and cleaning the art spaces are allegedly being paid for by common funds from the OC.

It is alleged that one of Mr Smith’s companies is also paid \$22,000 in annual rent from the OC for the use of a small office used by the caretaker in the building’s east tower.

The OC took Mr Smith to VCAT last year for unpaid fees, which resulted in Mr Smith being ordered to pay \$103,000.





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Southbank Police Station given the green light

The new Southbank Police Station at 66-76 Moray St is expected to be in operation by March 2016 after State Treasury officially signed off on the building's lease last month.

After the site's location was revealed in the May edition of *Southbank Local News*, members of St Kilda Rd Police Station have been awaiting an official green light from the State Government to formally sign the lease.

The new double-storey station will replace St Kilda Rd Police Station, which currently responds to the zone covering Southbank, South Wharf and Fishermans Bend.

According to St Kilda Rd Police Station commander Snr Sgt Steve Bills, the tenders for construction are close to being finalised and building is due to start this month.

"As far as I understand, they've got the plans and so the bottom floor will be all about the police station itself and the upstairs will all be administrative," he said.

"There's not a lot of work that they have to do upstairs, there's a lot of work that they have to do on the ground floor. There's some security work that they need to do on the actual building itself and that will all be a part of it."

"It should be open at the end of March because they indicated that it would involve approximately three months building work"

With the lease of the current building at 412 St Kilda Rd due to finish in July next year, Snr Sgt Bills said Victoria Police and the State Government had been keen to relocate the station to a site that was more appropriate to its response zone.



Left to right: Snr Sgt Steve Bills, Leading Snr Constable Jamie Kibel, Snr Constable Chris Lewis, First Constable Jacqui Bertalli and Constable Alice Folvig outside their soon-to-be new home on Moray St.

"Our response zone for St Kilda Rd is a bit of a banana shape and a large part is from City Rd to the river and all the way through Fishermans Bend as well as Southbank itself," he said.

"Some 70 per cent of our work comes from Southbank roughly and so having us here is a much better location from a point of view of where our workload actually comes from."

"When you consider the future demographic projections of Fishermans Bend having up to 80,000 people in another 20 years then it

makes sense to have a station here."

While the new station will only initially house the uniform branch, Snr Sgt Bills said the building was large enough to potentially accommodate more units in the future.

"At this stage it's just the uniform branch coming in here but there's certainly the room to have extra units here so we may end up with some additional support units in here as well but that will be a decision for the superintendent to make," he said.

Woman charged

By Jack Hayes

Police have charged a 35-year-old woman following an alleged handbag theft at a Southbank restaurant last month.

The Cranbourne woman, who was with two young boys at the time of the alleged incident, was arrested in Dandenong on Monday, October 5.

Melbourne Tasking Unit officers ended their search for the female thief, who used young children, potentially her own, to brazenly pinch handbags from multiple high-end Southbank restaurants.

Investigators were told a woman and two young boys attended a restaurant at Southbank at approximately 8pm on Saturday, September 12.

It is believed that the woman had trained the children, aged between three and five years old, to steal from unsuspecting patrons.

The woman told workers that she had friends already seated in the restaurant. Whilst she pretended to look for them the two children disappeared upstairs, grabbing a handbag from under a diner's chair.

The woman waited as the two boys hurried back before quickly fleeing the restaurant avoiding detection.

The bags contained credit cards that were subsequently used in a shopping frenzy.

Snr Sgt Steve Bills of St Kilda Rd Police Station said police were still investigating whether the robbery may be linked to another theft in Southbank that same evening.

She has been charged with a number of theft and deception offences and will face Melbourne Magistrates' Court shortly.



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Forman elected

The Yarra River Business Association (YRBA) has a new president, after executive members elected Red Rock Leisure's John Forman at September 10's annual general meeting (AGM).

Mr Forman becomes the seventh president in the YRBA's 16-year history and replaces Publican Group co-founder John Ahern, who has held the position for the past seven years.

Having long served on the executive committee, Mr Forman said he was excited to be able to spearhead the group's ongoing work.

"I'm very proud to be elected YRBA president and I wish to continue the great work that has been accomplished to date," he said.

"We have a professional executive committee and high quality members from diverse businesses."

Mr Forman said he was looking forward to addressing the following objectives:

- Highlight the tourism and business opportunities of the Melbourne waterways;
- Continue to support recommendations of the Lower Yarra River Use Future Directions Group (LYRUFDDG) - specifically governance, upgrading facilities and the health of the Yarra River; and
- Focus on local business engagement and opportunities.

Outgoing president John Ahern remains on the executive committee and will remain the association's representative on the LYRUFDDG.

Bill Blakeney (Federation Square) remains vice-president, Paul Sullivan (Venice on the Yarra) is again secretary and Peter King (Quest Southbank) is treasurer.



New YRBA President John Forman.

Image: courtesy of Emma Cullen.

Emily Carter of Hospitality One came as the only new face to a smaller executive committee, with Emma Cullen (Eureka Skydeck 88), Philip Hill (Greenco Straits) and James Gantidis (Melbourne River Cruises) not continuing.

Jeremy Vincent (Arts Centre Melbourne), Allan Cayzer (ARC Marina Management/ Marina YE), Harley Moraitis (Crown Hotels and Restaurants) and Jo Gartner (Southgate Melbourne) remain on the executive committee.

The YRBA will host its next luncheon at the Arts Centre on November 30, in what will be a Q&A style forum with Lord Mayor Robert Doyle.

For more information visit www.yarrariver.info



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Further wait on underpass upgrade

\$100 million restoration works to upgrade Flinders Street Station started last month, but the State Government says early works will not include refurbishing the underpass between Elizabeth St and Northbank.

Acting Premier and Minister for Public Transport Jacinta Allan visited the Melbourne icon last month to detail works to make the station safer, brighter and more user-friendly.

Stage one of the project, which will continue until March, will include upgrades to lighting, toilets and platform access as well as replacement of redundant departure and signage boards.

Urgent works to repair the building's crumbling exterior and clock tower, and fix the leaky roof will also begin in the coming months.

However, Ms Allan confirmed that the long-awaited refurbishment to the Elizabeth St underpass would not be included as part of the early works.



The run-down Flinders St underpass between Elizabeth St and Northbank.

Image: John Forman

Yarra River Business Association (YRBA) president elect John Forman has previously labeled the underpass a "disgrace" and said upgrading it should've been an early priority as part of the project.

"We welcome the announcement from

State Government regarding the upgrade of Flinders Street Station," he said. "The Elizabeth St underpass should be prioritised for urgent action."

"The current poor standard of the underpass is an embarrassment to our great city and

can't be ignored."

State Government spokesperson Bob Neilson said the refurbishment of the underpass would be addressed some time after March next year.

"The detailed scope of the works is still being finalised, so I don't know exactly when, but the early works will run through to March next year," he said. "Any works to the underpass would begin after that."

Ms Allan also announced that Major Projects Victoria had started work on a business case for the restoration of the interior of the administration building and its potential future use.

"It will consider a range of redevelopment options, including what could be done with the station's historic, decaying ballroom," she said.

Short-stays back to Supreme Court

The long-running dispute between inner-city residents and short-stay apartment operators took another twist last month with the Watergate owners' corporation (OC) voting to take its grievance to the Supreme Court.

The Docklands-based OC was on the losing end of a recent Victorian Civil and Administrative Tribunal (VCAT) hearing which determined it had no power to mandate minimum letting periods.

VCAT Member Linda Rowland in June found that OCs generally did not have the power to make such rules – potentially affecting owners' corporations across the state.

But in a significant show of strength, Watergate owners on September 14 passed a special resolution to appeal the matter in the Supreme Court. More than 50 per cent (but less than 75 per cent) of lot owners voted to take the court action, which means the matter will have to wait a month before becoming formal.

The OC's lawyer Tom Bacon promised the matter would be "very cheap", compared

with the hundreds of thousands of dollars the building had already spent fighting short-stays.

He said evidence already presented at VCAT would be submitted in documentary form and he predicted actual court time as "less than a day".

The Watergate case has become a state-wide test case in the battle against short-stay letting in residential apartments.

Mr Bacon told the special meeting that a specialist panel convened to advise the Planning Minister Richard Wynne and Consumer Affairs Ministers Jane Garrett had resulted in an impasse and the government was consulting more widely.

A spokesperson for Ms Garrett told *Southbank Local News* the Government intended to "make any necessary changes to the Owners Corporations Act 2006 by early

next year."

The spokesperson said: "The Victorian Government is committed to improving the regulation of apartment buildings so that property is protected from unruly short-stay parties."

Mr Bacon encouraged owners to take the fight to the Supreme Court because the Government was "watching" and would be less inclined to act in residents' favour if the vote failed.

Mr Bacon also acknowledged that it was unfair that Watergate owners should fund the action, considering OCs around the state would stand to benefit if they won.

Votes taken from the 100 or so residents at the meeting were not actually needed, as the OC committee had previously obtained more than 50 per cent of lot liability in proxies.

Watergate residents have been fighting short stays through various tribunals since 2011 when they joined the City of Melbourne in taking short-stay operators to the Building Appeals Board and had a brief win.

The win was later overturned at the Supreme Court of Appeal and the OC more recently took short-stay operator Paul Salter and his Docklands Executive Apartments to VCAT on a range of matters, including breaching a rule prohibiting stays of less than 30 days.

Mr Salter, a resident of Watergate, addressed the meeting following the vote, urging an end to the legal spending.

He said his business and owners should work together without further legal action, but warned that the wider short-stay industry was behind him and would support him financially.

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From left: Campbell Walker, Michael Ibbott, Matthew Reid and Michael Aladjem

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Builder appointed for Australia 108

Construction of the southern hemisphere's tallest residential tower, Australia 108, at the corner of Southbank Boulevard and City Rd, will start this month, following the appointment of builder Brookfield Multiplex.

The leading global contractor, which is responsible for the construction of a number of other Southbank residential towers, including Prima Pearl, will deliver the 319-metre luxury apartment building.

Developed by World Class Land and designed by Fender Katsalidis Architects, the \$1 billion project will feature 1105 apartments and three levels of residential amenity, which will include two infinity pools 210-metres above ground.

Brookfield Multiplex will start site establishment works on the Southbank project immediately in preparation for piling to start in mid-October.

The tower will be constructed over five stages, with the first stage earmarked for completion in 2018 and the final stage in 2020.

The full construction contract is estimated to be worth more than \$500 million.

Aspial (World Class Land) CEO Koh Wee Sung said the appointment of Brookfield Multiplex recognised the company's expertise in the skyscraper market.

"This is a major milestone for the southern hemisphere's tallest building," he said. "The construction process will be complex, which is why we are proud to be working with Brookfield Multiplex - arguably Australia's most experience skyscraper builders."

Brookfield Multiplex regional managing director Graham Cottam said the company was "thrilled" to be involved in such a transformative project.

Australia 108's luxury apartments launched



A visual render of Australia 108, which will be constructed by Brookfield Multiplex.

to market in February, with the tower's 750 sqm 100th level apartment selling in April to a Chinese national for an Australian record \$25 million.

CBRE managing director of residential projects Andrew Leoncelli said the tower was

almost completely sold, with fewer than 30 residences remaining.

"There has been immense interest in this landmark project," he said. "The opportunity to own a trophy home in the sky has appealed to buyers both locally and internationally."



The Up Market at ACCA will be postponed this month.

Up Market postponed

The Up Market will be temporarily postponed due to high winds at its last market day rendering its current site at the Australian Centre for Contemporary Art (ACCA) forecourt unviable.

Blustery conditions on Saturday, October 3 have forced organisers to rethink its location at the Sturt St site, but it is expected that the market will only miss its next chapter on October 17 and return again on October 31.

Up Market director Belinda Buckley was confident that the group could secure another site nearby in Southbank and said she would meet with ACCA soon to confirm the details.

"The wind got the better of us," she said. "We are postponing the market and looking at another site still within Southbank," she said.

"We look forward to welcoming back the Southbank residents shortly."



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Tony finds the key!

After four-year period of redundancy, the Southbank Community Noticeboard on Sturt St is back in operation.

Up until only a month ago, the noticeboard had consisted of posters advertising the Boyd Community Hub as “coming soon to Southbank.” The Boyd celebrated its third birthday in July.

After a long battle to try and gain access to the noticeboard, Southbank Residents Group president Tony Penna finally tracked down the keys at the City of Melbourne last month.

Mr Penna has wasted no time in pinning up Southbank Residents Group flyers and said he was hoping to engage with Boyd Community Hub and other community groups to help bring the noticeboard back to life.

If you would like to use the noticeboard to share your message or event contact Tony Penna via email at president@southbankresidents.com.au

Southbank Residents Group will also host its annual general meeting on Wednesday, October 14 at the Boyd Community Hub at 6pm. All residents and visitors are welcome.

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Community members meet with the City of Melbourne's urban planners at Boyd to discuss the City Rd master plan.

Feedback on City Rd

Drop-in community consultation sessions on the City of Melbourne's Draft City Rd Master Plan got underway at the Boyd Community Hub on September 28.

The consultation process, which was endorsed by councillors at the Future Melbourne Committee meeting on September 8, has provided the community with a chance to share its thoughts on the plan in person and online.

The project's urban planning team has hosted a number of drop-in sessions, walking tours and pop-ups, which run until Saturday, October 10.

As Southbank's central spine, the development of City Rd comes as our suburb's most significant plan to date, which is why portfolio chair for transport Cr Cathy Oke said it was vital that the community had its say.

"City Rd is an important thoroughfare, however feedback from the community is largely that it is a difficult place to get around as a pedestrian, cyclist, motorist or public transport user," she said.

"We've listened to the local community share their experiences and expectations of City Rd and have fed this into the draft master plan."

"I encourage all users of the City Rd area to provide feedback on the draft plan and contribute with ideas on improvements which could transform the area."

The feedback provided from the hundreds who have commented on the master plan via the Participate Melbourne website to date has been largely positive.

Regular users of the road and local residents have given "smiley face" symbols to a number of the initiatives which include: widening footpaths, installing more pedestrian crossings and bike lanes, planting trees and creating more community space.

However, key concerns still remain for some in relation to traffic flows at Power St and Alexandra Avenue, as well as the plan's proposed cycling route.

The final master plan will be informed by the consultation feedback and will be presented to council for adoption in 2016.

To view the master plan, provide feedback on find out remaining dates of the drop-in sessions at Boyd visit www.participate.melbourne.vic.gov.au/city-road

New Lions Club launches

The new Melbourne City Southbank Lions Club was officially chartered last month with more than 70 friends and guests at the Melbourne City Bowls Club.

Having launched in Southbank late last year, the group chartered on Wednesday, September 16 with 27 members from Southbank, Docklands and the CBD.

Deputy Lord Mayor Susan Riley and Lions District Governor Maureen Thorpe inducted the new Lions members and welcomed them ahead of their work in the local community.

Past council chairman and area leader of the global membership for Lions Australia Tony Benbow installed club office bearers: Alan Cui (president); Damian Ng (vice president); Cheng Ji (secretary), Bo Li (treasurer), Amy Monsma (membership); and Andrea Johnston (director).

Lion's district membership officer Graeme Lukey, who played an integral role in establishing the group in Southbank, said the club possessed a diverse cross-section of the community.

"The club is a diverse representation

of the community it will serve," he said. "It includes members from nine different countries of origin and an age spread of 20 to 60, with an average age of 33."

"It is effectively the only inner-city Lions Club serving all of Southbank, the CBD and Docklands and members look forward to working with and having the support of the local community."

As the club's first order of business, it will be holding a meeting with Deputy Lord Mayor Susan Riley this month to address ways of working with the City of Melbourne.

Mr Lukey said the club would seek to provide humanitarian and advocacy services to assist new immigrants and international students in the area as well as address homelessness and environmental issues.

The Melbourne City Southbank Lions Club will host meetings every second Tuesday of the month from 7pm until 8pm at the Boyd Community Hub in Southbank.



Lion's Club executive members (left to right); Andrea Johnston (Director), Amy Monsma (Membership Chairperson), Cheng Ji (Secretary), Bo Li (Treasurer), Damian Ng (Vice President).

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Visitors flock to the Riverside Quay ideas testing event (above), fresh bread is sold as part of the Melbourne Farmers Market installation (top right), while others have a hit of table tennis (bottom left).

Ideas put to test at Riverside Quay

A range of ideas were tested via temporary installations at Riverside Quay last month, as the City of Melbourne and developer Mirvac continue public consultation on the area's future vision.

Held over a three-day period between Thursday, September 24 and Saturday, September 26, thousands passed through the event-testing site to sample a range of activities, stalls and installations.

A spokesperson for the project team said it developed the following key ideas that were tested via temporary installations:

- A local urban park, one step back from the waterfront;
- Different and flexible spaces and activities in the urban park;
- A local market, tested through Melbourne Farmers' Market stalls;
- The exchange of locally-based goods to test possible future uses for the private laneways;
- A more casual and relaxed connection from the promenade through to Riverside Quay (the street); and
- A greener and softer space that draws from its heritage as wetland on the edge of the river.

The ideas trialled were developed in response to the "Place Vision" for Riverside Quay that had already been developed through earlier community consultation.

The feedback gained and lessons learned

from the testing event will inform the development of a master plan, which is the next phase of work in the project.

A summary of the findings will be presented to the Riverside Quay Place Renewal Community Reference Group at its next meeting on Wednesday, October 14.

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Connecting residents through film

Sovereign apartment residents Paul Doyle and Chris McGill have recently launched a one-of-a-kind cinema club for their fellow residents.

Now approaching its fourth meeting, the cinema club has proven to be an innovative apartment living initiative, with up to 30 residents in regular attendance since its inception in July.

Organised by career production manager Paul Doyle and curated by former filmmaker and professor Chris McGill, Sovereign residents have been blessed with access to a first-class set up.

In an effort to provide a platform for residents to meet and form friendships, Mr Doyle said he first thought of the idea after reading a notice from the building's owners' corporation (OC) encouraging residents to form social groups.

Having previously encountered stumbling blocks in trying to re-establish a film society at his current workplace at the Victorian College of the Arts (VCA), he said issues such as distribution and copyright had initially put him off the idea.

However, having been a neighbour of Mr McGill's on the same floor for seven years who had a personal collection of many wonderful movies, he said he eventually had an epiphany.

"I was aware of Chris's background as a filmmaker and I sort of had a little bit of an



Sovereign residents Paul Doyle (left) and Chris McGill (right).

epiphany. When you buy a DVD it's okay to watch it in your own residence. That's the licence you're buying," he said.

"If the residents are watching a film together, we aren't creating any issues for film distributors because we're not charging entry fees, we're not in a public space, and we're on our own turf complying with their requirements."

"The whole building could benefit from Chris's wisdom and experience and would be taken on a journey. So I had a meeting

with Chris and worked out a plan and started this little venture."

With the support of the OC, Paul has since been able to purchase a new television and secondhand surround sound system for the club and make use of what was previously an almost redundant function room.

So far, residents have been treated to some of history's greatest films, including *Cinema Paradiso*, *To Kill A Mockingbird* and *The Last Emperor*, and each screening is followed by a group discussion led by Mr McGill.

As a former film and television writer, director, producer and teacher, Mr McGill said he had thoroughly enjoyed passing on his expertise to residents.

"I've really enjoyed it because you look around and you see the people very happy to be there and that's my only thing. If that weren't happening I'd get a bit depressed but the films that we're showing are classics," he said.

"Eventually when it grows we'll ask people to make suggestions so they feel very much part of the whole process."

The club will next be screening *The Exterminating Angel* and Mr Doyle said many new friendships had already been formed through the initiative.

"It's been freezing every night so far so we've been constantly amazed that anyone comes at all but what people feedback to us is how much they enjoy the comradery."

"And bring as much wine as you like because you don't have to drive home! People make popcorn and they bake treats and stuff like that it's really great," he said.

Find out more about Paul Doyle in this month's *Southbanker* column on page 26.



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Kane Peterson halfway across the high-wire (above), lying down for a brief nap (top right), before arriving at the other end of the wire safely (bottom right).

Sky-high stunt over Southbank

High-wire artist Kane Peterson achieved an Australian first last month, when he successfully walked across a 21-metre tightrope suspended from Melbourne's tallest building, Eureka Tower.

Staged to mark the arrival of feature film *The Walk* to Melbourne in October, Eureka Skydeck provided *Southbank Local News* with rare access to the building's rooftop to witness the breathtaking stunt.

Mr Peterson walked from one point of the north western side of Eureka Tower to the other, along a 21-metre and three-quarters

of an inch wide tightrope suspended 300 metres above Southbank.

While the tightrope specialist was given immaculate weather for the stunt, it did little to settle nervous onlookers who watched as Mr Peterson completed the walk with ease.

With only a few metres to go, he even lay down on his back on the wire to take a brief nap!

Re-enacting the crossing of Philippe Petit, who walked between the twin towers of the World Trade Center in 1974, Eureka Skydeck executive general manager John Forman said Mr Peterson's high wire feat was a fitting symbol for Eureka Skydeck.

"The unique shape of Eureka Tower enabled this type of stunt which has, in turn, allowed

us to pay homage to Philippe Petit and the World Trade Center Towers," he said.

"It's a great opportunity to showcase Melbourne and what was certainly a heart-stopping stunt."

We Need You...

Do you have a passion for Southbank and concern for its livability?

We are always looking for like-minded residents to join our hands-on committee to assist with lobbying Council and Government with making Southbank a better place for all who reside and work here.

We are in need of an array of skill sets.

If you think this is you, please consider joining your community group and then nominating to join our committee at our upcoming AGM.

AGM

6.00pm Wed 14th Oct at Boyd Community Hub.

If you are unable to join our committee please support us by becoming a member for only \$10. Without members our voice is merely a whisper.



Southbank
Residents Group

For further information contact Tony Penna: [resident@southbankresidents.com.au](mailto:president@southbankresidents.com.au)



MCEC an economic driver

For the third year in a row, Melbourne Convention and Exhibition Centre's (MCEC) end of financial year figures have exceeded all previous year-end results.

The Southbank institution recorded a total operating revenue of \$76.3 million and pumped almost \$1 billion into the Victorian economy.

For the first time MCEC has, through an exclusive report conducted by Ernst and Young, measured the economic and social value of its business events over a 12-month period.

In 2014/15, MCEC played host to 918 events and welcomed 724,000 business event visitors through its doors.

MCEC trust chairman Bob Annells said the encouraging results and the forthcoming

expansion of the centre meant the business had never been in better shape.

"We are committed to continually providing a strong return on investment made by the Victorian State Government, which sees us play a key role in supporting the local economy while remaining Australia's venue of choice for business events," he said.

In post-event surveys conducted in 2014/15, exhibitors overwhelmingly reported that the major benefits of exhibiting at MCEC included improved brand awareness as well as leads for future business.

MCEC chief executive Peter King said the

results further highlighted the positive impact that the centre was having on the local business community everyday.

"It's pleasing to see that our exhibitors are realising the value of networking to produce better research and business investment outcomes locally, nationally and globally," he said.

"MCEC really is a valuable community asset and a world class venue. All Victorians should be delighted to see evidence of this success story and the contribution the venue makes to the economy."

Property performer

When it comes to inner city property, Southbank has been the standout performing location in recent years, according to CBRE Real Estate.

City sales director Mark Wizel told a CBD property seminar on September 25 that Southbank had been "an incredible performer".

"If you look at just the increase in Southbank land (value) over the past couple of years, it's really done in two years what it took the CBD to do in five years," Mr Wizel said.

"I think it's a really interesting case study to look at. You've obviously got one player in Southbank who dominated development for 15 or 20 years and they were able to control the messaging to the market in terms of vacancy and absorption, letting and rents, etc."

"And then suddenly this wave of interest came from overseas who saw it as a real genuine CBD, city-fringe location and really didn't differentiate about what they were prepared to pay in Southbank and what they'd be prepared to pay in the city."

"So Southbank's been a really great performer," Mr Wizel said.

The September 25 event also heard from Roy Morgan Research that inner city residents were big spenders.

CEO Michele Levin said they spent more and borrowed more than the average Australian. She said 33 per cent were "big spenders".

"They are 68 per cent more likely to eat out, attend sporting events or festivals, bars and clubs," she said.



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Services

p.14

All of your Spring Racing needs under one roof

Spring Racing CARNIVAL

southgate



Meet the new chefs

p.15

Meet some of the new faces behind your Good Food Blooms creations

- ① Waterfront: Spring Tuna and Elderflower Enchantment Cocktail
- ② Miyako: Hana Sakari (Flower Fully Bloomed) and Rosaceae Drop cocktail
- ③ BearBrass: Roast rack of Spring Lamb and Mr Taylor's Cocktail
- ④ Red Emperor: Black & White Delight Dessert



GOOD FOOD BLOOMS AT SOUTHGATE

by Sean Car

A cascade of edible flowers will transform Southgate's precinct of 13 restaurants and bars during Spring Racing's Melbourne Cup week, from October 31 until November 8.

If you're struggling to decide where to drink and dine this Spring Racing season, stroll along the river to Southgate for race day dining and barhopping to taste an incredible array of edible flowers brought to life through a range of dishes, desserts and cocktails.

Edible flower specialist Lauren

Richardson has been working with Southgate chefs and bartenders to concoct a menu featuring a range of sweet, spicy, herbal and delicate seasonal spring flowers.

Ms Richardson, who has previously supplied edible flowers to the Fat Duck Melbourne and is renowned for working with the city's best chefs, said edible flowers added both to the aesthetic and flavour of a dish.

"With the current trend in fine dining and gastronomy, food is fashionable, chefs are becoming more creative and food is becoming an art," she said.

"Edible flowers contribute to the colour palate and architecture of the plate and add something special to the visual creation of a dish."

"More recently, we're also seeing chefs order flowers not just for the visual element,

but for the unique flavours and textures they bring to a dish."

"Some flowers have more flavour than others, some are more suited to savoury and some are more suited to sweet. Nasturtiums, for example, are quite spicy and have a similar flavour to mustard or wasabi, which work well in savoury dishes like BearBrass prosciutto salad with figs and almonds."

Kicking off on Saturday, October 31 to coincide with Derby Day at Flemington, Good Food Blooms will feature three very special Moveable Feasts spring lunches on Sunday, November 1, November 3 for Cup Day and Sunday, November 8 after Emirates Stakes Day.

Guests will be able to experience edible flower dishes and cocktails at three different restaurants, with participating restaurants

including Pure South Dining, Tutto Bene, BearBrass, Miyako, Artusi, La Camera Southgate, Red Emperor, Hophaus and Bluetrain.

Southgate's acclaimed new cocktail bar, Waterslide, has also created Princes Court, a herbaceous long drink mixing Tanqueray Gin, whole lemon, lavender syrup and soda finished with lavender and lemon thyme.

Good Food Blooms dishes and cocktails will be available on lunch and dinner menus daily.

Online bookings for Good Food Blooms Movable Feasts are essential so book early to avoid disappointment. For more information and to see what other mouth-watering offerings are available visit www.southgatemelbourne.com.au

Meet Southgate's new chefs on page 15.

Good Food Blooms

Saturday 31 October – Sunday 8 November

See flowers bloom from the plate at Southgate this Spring Racing Carnival!

southgate



SERVICES



Mark's Service Depot

Last minute repairs for shoes, watches and more.



Roop Rani

Book a highly exclusive salon treatment.



Eyes On Southgate

Accessorise with some new eye-wear for race day.



SPRING RACING NEEDS RIGHT NEXT DOOR

Whether it is fashion inspiration, a quick fix, hair and beauty or placing a few bets, all of your Spring Racing needs can be found under one roof at Southgate.

Housing a diverse range of fashion and accessories, you're sure to find something special that reflects your individual style and personality at Southgate.

Vintage clothing specialist American Rag stocks some of the finest imported dresses and fascinators (pictured) as well as a range of accessories including jackets, shirts, skirts, blouses, belts, handbags, gloves, hats and much more.

If you are after some exquisite jewellery to top off your outfit, Aqua J offers a beautiful array of hand-crafted art deco jewellery. With unique one-off creations you

are bound to find something just for you.

For some beauty treatment on race day, look no further than the specialist and friendly team at RoopRani Hair and Beauty Salon.

Providing everything from facials, hair services, spray tanning, manicures and pedicures, as well as body treatments and massages, RoopRani provides highly exclusive salon treatment using a range of the most advanced natural products. To book an appointment visit www.rooprani.com.au

After last minute repairs? Mark's Service

Depot can help – specialising in on the spot watch and shoe repairs, while iBag Drycleaning can help ensure your suit or dress is looking pristine for race day.

To place your bets, head to TAB Southgate for a punt or stop by and pick up the form-guide first from Southgate News and Lotto.

As well as housing a medical centre, pharmacy, eyewear specialist and much more, look no further than Southgate for your everyday needs this Spring Racing season.

www.southgatemelbourne.com.au



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MEET SOUTHGATE'S NEW CHEFS

CHEFS



David Hall

Pure South Dining



Nicola Romano

Artusi



Yosuke Furuka

Miyako



ARTUSI'S poached chicken with violas and chrysanthemum.

Three Southgate restaurants, Miyako, Artusi and Pure South Dining, have recently welcomed new head chefs just in time for the launch of 'Good Food Blooms.'

Miyako's new head chef Yosuke Furukawa comes to Southgate following a five-year tenure as head chef of highly-regarded CBD restaurant Izakaya Den.

Mr Furukawa will prepare a striking Japanese dish Hana Sakari (flower fully bloomed) - Sashimi Carpaccio wrapped with asparagus and Persian gold petals in translucent rice paper with a marinated Sakura sushi ball (pictured on pg 13).

Having never previously worked with edible flowers, he said he had been determined to create something special with his first attempt.

"I tried to express the whole flower in the dish. It was a very fun experience and I can't wait to serve it to the customers," he said.

"The asparagus represents the stem of the flower, sashimi is the petal, with wasabi-dusted Tobiko (flying fish roe) representing the flower's pollen heart."

Having previously worked in Spain and London and been a former finalist in the 2012 Best International Italian Young Chef awards, new head chef at Artusi, Nicola Romano, brings 10 years' experience to the restaurant.

The menus he creates exemplify his passion for creating dishes that focus on the pure taste of produce, sourced through Artusi's artisan producers.

And that passion is reflected in the dish he has prepared for Good Food Blooms - poached New England ranges organic chicken, gem lettuce, sweet corn, chicken crackling and viola flower Merry Melody and chrysanthemum flowers.

"It's an interpretation of a Caesar salad so it's basically the same ingredients but the process is very different. I'm really looking forward to serving this dish," Mr Romano said.

"I still use edible flowers in the menu that we have now and I'm especially comfortable using them in my dishes when the supplier can give them to me because they can be very hard to get."

Pure South Dining's authentic story of respect for provenance and ethical, sustainable produce is familiar to its new head chef David Hall.

Having grown up with a chef for a father, the native Glaswegian has held a passion for cooking from a young age and said he had a natural appreciation for Pure South's working

relationships with its farmers and fisherman.

"Such beautiful fresh produce has come into the kitchen in my first week, especially the seafood," he said.

"I am delighted to be working with such great farmers and fisherman. I really enjoy the Pure South Dining story and I am looking forward to writing the next chapter with the team."

As part of Good Food Blooms, David will prepare a mouth-watering Mt Gnomon farm Wessex saddleback pork belly, brawn kohlrabi, pork consommé, with viola flowers.

These are just some of the delicious offerings available as part of Good Food Blooms so be sure to make Southgate your second home this Spring Racing Season!



southgate

Good Food Blooms

Saturday 31 October – Sunday 8 November

Head to Southgate for race day dining to taste an incredible array of edible flowers brought to life through restaurant dishes, cocktails and desserts.

Available for lunch and dinner daily, strictly for a limited time.

THE AGE **goodfood** MONTH PRESENTED BY **citi**



The dachshunds set off with hundreds gathering to capture the action (right), while the top performers receive their medals at the post-race presentation.

Images: Courtesy of Southgate Melbourne

Wieners race goes worldwide

The inaugural dachshund race, *Running of the Wieners at Southgate*, attracted international attention last month.

Presented by German Bier Hall Hophaus, in celebration of the start of Oktoberfest on Saturday, September 19, registrations from dachshund owners to enter their pets booked out in just three days following the event's announcement.

The day, which attracted more than 2000 people, included a series of heats leading up to a grand final, as well as a best-dressed

dachshund competition.

Overall, the race raised more than \$3900 for Dachshund Rescue Australia, a charity which rescues and privately re-homes dachshunds.

The media response went worldwide, with many media outlets running with a story that this was Melbourne or Australia's first ever dachshund race.

The event went viral, with overseas news outlets such as the Huffington Post, CBS News and the Sunday Telegraph picking up the story, as well as a number of popular online news sites.

Red Rock Leisure marketing manager, Katrina Sherlock said the response to the event was incredible.

"We were overwhelmed by the response

from Melbourne's dachshund owners and the general public just wanting to come and watch the adorable dogs racing and dressing up for the day," she said.

"They are a very unique breed and something we thought would be a bit of fun for a few dachshunds and their owners turned into something that stopped Melbourne in its tracks."

THE 2015 MARITIME ART AWARDS ARE PROUDLY SPONSORED BY:



The Secret Garden at ACCA



SURREAL AND ULTRA-SENSORY, THE WORLD PREMIERE OF THE AUSTRALIAN CENTRE FOR CONTEMPORARY ART'S (ACCA) EXHIBITION 'THE SECRET GARDEN' BY SWEDISH ARTISTS NATHALIE DJURBERG AND HANS BERG OPENS UP A NETHERWORLD OF STRANGE DELIGHTS AND ENCOUNTERS.

Running from October 10 until November 22, this is the first time that Djurberg and Berg's work will be seen in the Southern Hemisphere. In their immersive landscape, sculpture, light, sound and film mix to dazzling effect.

But don't be fooled by its apparent benign nature. In the nooks and crannies of this psychic and hallucinatory place, the "id" runs riot with tales of trouble in paradise.

The Secret Garden features an exciting new commission, as well as a survey of the savagely humorous claymation films that first brought Djurberg and Berg into the international spotlight.

Nathalie Djurberg and Hans Berg live and work in Berlin. Born in Lysekil, Sweden in 1978, Nathalie received her master of fine arts from Malmo Art Academy in 2002 and won the prestigious Silver Lion

for a promising young artist at the Venice Biennale in 2009.

She said the exhibition was designed to engage people's senses through music and narrative in an effort to make them feel like they were a part of the art.

"It's going to have a lot of contrast but I think the contrasts are a lot about life and darkness and also light and darkness in the world," she said.

"It comes from something being a little bit pretty but also a little bit scary and we also add music and Hans has made music for every work."

"For me that is very nice to have music in art because you become a part of the artwork. So we're looking at it as a journey where you begin to have a distance from it and then you become more and more involved and engrossed."

Hans Berg was born in Rattvik, Sweden in 1978 and is a musician, producer and composer, working mainly with electronic music.

Incorporating his own music as part of display, Hans said the surround sound in conjunction with the sculptures would take people on more "spaced out" journey as they travelled from room to room.

"As you go into the first room and you have some sculptures. You look down into the sculptures and there's a video inside the sculptures and then you go into the next room," he said.

"It's like a narration where it goes from the one room being kind of normal to more and more abstract things. Then you go into the big room and it's like going down in the sub-consciousness."

A free public program will take place on



Swedish artists Nathalie Djurberg and Hans Berg

Saturday, October 10, which will include a marathon screening of Nathalie and Hans's claymation short films followed by a conversation with the artists and Melbourne Festival creative associate, Louis Neri.

FOR MORE INFORMATION VISIT WWW.ACCAONLINE.ORG.AU/WHATS-ON



Simon Tedeschi.



Marianne Rothschild and Glenn Riddle.

TEDESCHI & ROTHSCHILD-RIDDLE DUO

By Jack Hayes

OCTOBER MARKS THE RETURN OF INTERNATIONALLY ACCLAIMED AUSTRALIAN PIANIST SIMON TEDESCHI TO THE MELBOURNE RECITAL CENTRE TO CELEBRATE THE RELEASE OF HIS LATEST RECORDING AND NATIONAL CONCERT TOUR.

Tedeschi, one of Australia's leading pianists, is embarking on the monumental task of tackling one of the greatest works in keyboard literature, Mussorgsky's *Pictures at an Exhibition*.

"When I was asked by the ABC to record this work, I could scarcely wait to sink my teeth into it. Like any iconic piece, it is so famous because it traverses the centuries and transfixes us with its pertinence to the struggles, conflicts and fixations we face today," he said.

As part of a quintessentially all-Russian program, Tedeschi also performs Tchaikovsky's delightful and innocent *Album for the Young*, and Prokofiev's altogether darker *Visions Fugitives*.

"It's amazing [performing *Pictures at an Exhibition*]. Russia is the centre for classical music. It is the indigenous music," he said.

Often described by respected critics and musical peers as one of the finest artists in the world, Simon Tedeschi has performed in major concert halls throughout Europe, North America and Asia including the iconic Carnegie Hall, and for world leaders including George W. Bush, Vladimir Putin, Nelson Mandela, and the Dalai Lama.

Bringing his own magic to these works, Tedeschi promises an unforgettable evening of iconic, Russian classical music described by the Sydney Morning Herald as "true greatness".

Tedeschi's vast works includes acclaimed recordings of concerti by Grieg, Tchaikovsky

and Mozart, and solo albums *Gershwin and Me* and *Gershwin: Take Two*, and *Tender Earth*, all making the top five in the ARIA and Limelight Classical Charts.

He is also featured on the Oscar-winning film *Shine* where he played the hands of acclaimed pianist David Helfgott.

Tedeschi will be performing Thursday, October 8 in the Elisabeth Murdoch Hall.

Along with Tedeschi, the Rothschild-Riddle duo will also grace the stages of the Melbourne Recital Centre to continue an already masterful spring schedule.

The duo will be using over a decade of experience together to wow crowds as part of the *Salon: Solo Series*.

Marianne Rothschild (violin) and Glenn

Riddle (piano) perform a variety of musical styles composed especially for them by Melbourne composers Linda Kouvaras, Stuart Greenbaum and William James Schmidt from their recently released CD *The Sky is Melting*.

Although it is their maiden performance at the Recital Centre as a duo, Rothschild explained they were incredibly comfortable together on stage.

"It's a very easy relationship musically. It is an absolute privilege to work with a pianist of the caliber of Glenn," Rothschild said.

The duo will be performing on the Salon stage Wednesday, November 11.

For further information and booking head to www.melbournerecital.com.au

IL BEL CANTO

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After two previous critically acclaimed collaborations, Ensemble Liaison is delighted to welcome back one of Australia's most beloved sopranos, Emma Matthews for an evening of her favourite arias by Bellini in special chamber arrangements by the group.

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STEPH DORAN



"I would say that my style is very polished, it's a bit quirky, interesting hopefully and I try and take things from a different perspective or different approach that others might use."

"I really like to include symbolism or a metaphor or a back-story in my work so I really like to work in a narrative style."

While her career continues to go from strength to strength here in Australia, she said she was looking forward to travelling to London next year in an attempt to break into the European market.

"I feel like my work doesn't really have that Australian look about it," she said. "It's a bit different, which has been both a good thing and a little bit of a challenge trying to get it out there and trying to get people to appreciate it."

"Melbourne and Sydney are obviously the two biggest

markets here but in comparison to London or New York it's pretty little so I want to try and break into that market."

As well as teaching outdoor photography classes, Steph is also a Photography Studies College ambassador and enjoys regularly speaking to students and showing them around Blue Tree Studios.

She said she was only too happy to give back to PSC as it had provided her with a wonderful platform to realise her passion.

"I loved studying at PSC I really liked coming to class and I like that it felt like a family," she said.

"You just kind of fit in and knew everybody because it was very small. It's not like a big institution and I really liked that you could get a lot of feedback and help and you had that support network there."

SINCE GRADUATING FROM THE PHOTOGRAPHY STUDIES COLLEGE (PSC) THREE YEARS AGO, THE CAREER OF 25-YEAR-OLD FREELANCE PHOTOGRAPHER STEPH DORAN CONTINUES TO REACH NEW HEIGHTS.

By Sean Car

Shortly after completing an Advanced Diploma in Photography in 2012, Steph said she was both surprised and delighted to be chosen as emerging photographer at the prestigious Blue Tree Studios in Port Melbourne.

"I was first, like, really? You want me to do that? I thought they'd pick the best person from RMIT or PSC not just me, but they picked me!" she said.

"I was given a studio to shoot in, access to equipment, you can assist, you can get feedback and they'll introduce you to the right people and things like that, so that has been amazing."

Having since earned widespread recognition for her work, which has included being selected for the Raw Awakening Showcase in 2014 as well as the cover of *Freque Magazine*, Steph said she felt her greatest achievement had simply been earning money for doing what she loved.

More importantly however, she said the opportunity to work across a range of themes and styles in a professional environment at Blue Tree Studio had provided a platform for her to refine her own style considerably.

"When I was studying I suppose I never really wanted to do fashion because everyone's thing is 'oh I want to be a fashion photographer' and I thought no I don't want to do that," she said.

"I wanted to be more creative and sort of go into the artistic side of things a bit more but once I found out how I could apply that sort of creativity to doing fashion I fell in love with it."

With a background in drawing and painting, she said working in photography had helped her realise her true passion for conceptual fashion photography.

She described her style as something, which was "continually evolving", and which aimed to bring narrative to life.

WWW.STEPHDORAN.COM

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CLINT MANSELL

Oct 10 & 11 - Melbourne Recital Centre
Over the last 15 years Clint Mansell has emerged as perhaps one of the most acclaimed film composers of his generation, his eerie, expansive scores layering dozens of movies – including all of Darren Aronofsky’s projects, from Pi and Requiem for a Dream to The Fountain, Black Swan and Noah.

www.melbournerecital.com.au



FRENCH REACTIONARIES

Oct 21 - Salon
This second program from Melbourne Winds in 2015 focuses on French music for wind ensemble, specifically the impressionistic style of Debussy and Ravel and the reactionaries Poulenc and Milhaud. Immerse yourself in music from this prolific era.

www.melbournerecital.com.au



AMERICAN HORIZONS: FIREBIRD TRIO

Nov 4 - Salon
Firebird Trio explores contemporary American music with works by two composers from the Julliard School, Sebastian Currier and Benjamin Martin. This concert is in tribute to Nicholas Rodakis MM, a Greek-Australian ANZAC who served with 2nd American Corps in 1918.

www.melbournerecital.com.au



ARTIST IN CONVERSATION: RICHARD MOSSE

Oct 10 - NGV International
Set against the landscape of the Democratic Republic of Congo, Richard Mosse’s major video installation The Enclave reveals complex layers of beauty, tragedy and absence in sites affected by ongoing conflict. Learn more about the beauty, tragedy and meaning of this exhibition in a conversation between the artist and curator.

www.ngv.vic.gov.au

OPEN HOUSE: TROMARAMA FOR KIDS

Running until Oct 18 - NGV International
The children’s galleries at the NGV are going to be turned into an entire house where furniture hangs from the ceiling, pink flamingos and tree stumps talk and cheeky garden gnomes chat back at Open House: Tromarama for Kids.

www.ngv.vic.gov.au

MEET THE AUTHOR: MORRIS GLEITZMAN

Oct 25 - NGV International
Australia sent over 100,000 horses to World War I, but only one of those horses returned. For Australian soldiers horses were one of their only tangible connections to home. Morris Gleitzman’s book Loyal Creatures tells the story of a soldier called Frank and his horse Daisy. It explores mateship, adventure and sacrifice.

www.ngv.vic.gov.au

MASQUERADE

Oct 22 - 25 - The Summer
In a wondrous world of riddles and hidden treasure, bumbling Jack Hare is on a race against time to deliver a message of love from the Moon to the Sun

www.mtc.com.au

BUYER AND CELLAR

Oct 30 - Dec 12 - Fairfax Studio
A massive cult hit in New York that went on to a sell-out US tour, Jonathan Tolins’ Buyer and Cellar is a shopaholic’s binge and an adoring fan letter to Barbra Streisand. Green Room Award-winner Ash Flanders stars in this affecting, funny, one-man extravaganza about fame and how it warps us all.

www.mtc.com.au



ARTIST TALK: PETER DAVERINGTON

Oct 11 - NGV Australia
Exhibiting artist Peter Daverington, describes his work as “the stark contrasts of life, the very natural struggle between viewpoints and opinion...” Enter the mind of the artist as he explores his work in the context of the Lurid Beauty Australian Surrealism and its Echoes exhibition.

www.ngv.vic.gov.au



GRAND DIVISIONS

Oct 15 - 17 - Fairfax Studio
Outer Urban Projects vocalists, dancers and string orchestra, cohealth Arts Generator, Neil Jeremia – Black Grace and guest artists combine forces to create Grand DiVisions - an urban cantata with tales of wealth, poverty, privilege, neglect and unexpected journeys of falling in and out of love with Australia.

www.artscentremelbourne.com.au



1984

Oct 16 - 25 - Playhouse
Seen by more than a quarter of a million people, the international smash hit production of Orwell’s dystopian masterpiece – from UK theatre renegades Headlong – arrives in Australia for an exclusive season at Melbourne Festival.

www.artscentremelbourne.com.au



BACK TO THE FUTURE: LIVE IN CONCERT

Nov 6 & 7 - Plenary
To celebrate the 30th anniversary of Robert Zemeckis’ classic, time-travelling comedy, Marty McFly and ‘Doc’ Emmet Brown are coming to Plenary’s big screen! Take a trip back to 1985/1955 and relive the action alongside the MSO’s performance of Alan Silvestri’s dynamic score.

www.mso.com.au

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Carers Week sanctuary

An arts project staged along Southbank Promenade this month provided an intimate space for Melburnians to slow down and reflect during Carers Week.

Commissioned by the City of Melbourne, local artist Jodee Mundy collaborated with 20 primary carers and a team of artists to produce *The Carers Project: A Sanctuary in the City*.

The carers' stories, derived through a series of workshops, daily diary entries, drawings, film making, sound recordings and conversations inform an immersive art installation, which runs from October 6 to 16.

The work invites audiences to enter a bespoke dome on the Southbank Spillway and watch a three-minute film that casts a gaze to the streets of Melbourne, reflecting on what it means to care for ourselves and others.

Chair of the City of Melbourne's arts portfolio Cr Rohan Leppert said the project was an insightful look at the work of carers in the community.

"The city is a busy place and we often forget to slow down and take notice of ourselves and the people around us; this project encourages us to do just this," he said.

"Art has a powerful way of conveying messages and stories that are often overlooked. The City of Melbourne is committed to working with artists to explore



An image of the arts project on Southbank Promenade promoting Carers Week.

Image: City of Melbourne

and share stories, especially those from under-represented communities."

Artistic director Jodee Mundy, who herself grew up as a young carer, said she was proud to be helping lead an important conversation through her art.

"Everyone in my immediate family is deaf except for me so I grew up caring for the communication and access needs of my family," she said.

"When I was young, there was little support

or understanding from the wider community and this experience has given me an innate ability to collaborate with marginalised communities through my art."

The project aims to offer a connection to the wider community by seeking out gaps and filling them with metaphors, which raises awareness and an understanding of the experience of carers.

For more information contact the City of Melbourne on **9658 9658**.

Walking group

Just In Time Personal Training is running a unique and free weekly walking group for the Southbank community.

In addition to walking through the most picturesque parts of Southbank and the Tan, they also include elements of their own personal training techniques.

Managing director of Just In Time Personal Training, Justin Moran, says the level of knowledge they provide differs them from other services.

"We apply a lot of sports science methods regarding education, posture, balance, injury prevention and stretching," he said.

The walking group will meet at the Boyd Community Hub every Wednesday from 9.30 am - 10.30 am.

To register your interest and complete your pre-exercise questionnaire, email Justin at Justin@justintimept.com



Coffee Concerts





Our social series for 2016 is filled with inspiring performances, great company, tea, coffee and cake at the Melbourne Recital Centre in Southbank.

Some of the highlights for this year's Coffee Concerts include the Benaud Trio, Arcadia Quintet and the first Australian to win the Michael Hill International Violin Competition, Suyeon Kang, accompanied by pianist Stephen de Pledge.

Buy a subscription to all five concerts for just \$220, that's \$44 per concert!

BOOKINGS

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Hardship, loss, redemption, grace and Disney

with Tom Hoffmann

On September 26, the Melbourne Symphony Orchestra performed Disney in Concert at the Melbourne Convention and Exhibition Centre. I wish I could have been there with the kids, but it wasn't to be.

Disney has impacted my life in different ways over the years, firstly as a child, and now as a parent of young children. My first

memorable experience with Disney was when I was eight years old. I went to see *Bambi* at the cinema as part of a friend's birthday celebrations. It was a re-release of the 1942 Disney classic.

Walking into the darkness of the theatre I wasn't sure what to expect, but having had it described to me as a "cartoon" I was probably imagining something along the lines of Mickey Mouse or Goofy. I certainly wasn't prepared for the scene where Bambi's mother is shot and killed by a deer hunter! It absolutely devastated me. I remember crying, but trying to hide the tears, not wanting anyone to see.

The Disney movies and the stories they tell are loved by millions and for good reason.

While being marketed as family movies, they can be deeply moving, pushing all kinds of emotional buttons. Watching the recent smash hit *Frozen* with my daughter I was transported back to that same feeling I had watching *Bambi* as the tragic figure of Queen Elsa experienced terrible grief and aloneness following the untimely death of her parents.

Disney doesn't deny the sadness and complexity of human experience. But it also speaks to the positive journeys of life - journeys of growth, redemption and the experience of undeserved kindness.

So often in the Disney movies the terribly flawed or downtrodden characters - such as the Beast in *Beauty and the Beast* - take their anger out on the world around them, and yet

there comes a time for personal redemption. But that redemption is almost always achieved not on the individual's merits, but with the kindness of another, even to the point of their self-sacrifice.

In the Lutheran church, these themes are our bread and butter. A Lutheran spirituality is one that embraces the reality of brokenness and heartache, but also provides a pathway to having confidence in newness of life through the sacrifice made by Jesus.

When I watch a Disney movie, I'm reminded of my own human struggles and heartaches. But strangely, in the redemption narrative that is so often told, I see the redemption that I know in Jesus and the happily ever after that I look forward to with him.



SOUTHBANK RESIDENTS GROUP WITH TONY PENNA

Drawing the line at citizenship qualification

With great concern I recently learnt that in the current review of the Local Government Act being undertaken by our current Labor Government that they are possibly considering amendments to who is entitled to be an elected representative - i.e. our councillors. Now that doesn't sound so bad I hear you say, but it depends on what the changes are.

In the Local Government Act discussion paper under the heading "Councillor qualification framework: some different views" it states: "Non-Australian citizens (who can be property owners or occupiers) are entitled to enroll to vote but not to become councillors."

Some would argue that maybe only citizens should be entitled to vote. While that is currently the status quo many are happy with that since we have a great number of non-

citizens who reside or have business in the municipality. These people would say it is fair they can have a say in the makeup of the people who will have a direct impact on their immediate living or business environment.

But what if that was to change and non-Australian citizens were allowed to not only vote, but also hold elected positions and become our councillors?

The discussion paper goes on to say: "This is inconsistent with state and Commonwealth jurisdictions where all voters have the right to stand for election."

So should I be reading this in such a way that the discussion paper is asking us to consider making a change to allow non-Australian citizens to also hold elected positions?

If so, then I am sorry but I draw the line there. I think anyone who wields any degree

of power which can influence policies and decisions that affect our direct livability should be an Australian citizen.

The Premier's paper is seeking discussion on local government reform. If you feel, like me, and that only Australian citizens should be councillors then you might like to contribute to the discussion paper and let the Premier know.

On another note, the Upmarket market on the ACCA forecourt on Sturt St continues to amaze me with the variety and quality of stalls. Get on down to the Upmarket on the first or third Saturday and show our local support to these vendors so we can assist with cementing the Upmarket's future in Southbank. I am usually there manning our residents group table and chatting with locals, so while you are there also stop for a chat.

Finally, our AGM is scheduled for Wednesday, October 14 at 6pm at Boyd Community Hub. Please consider attending and showing your support for this fantastic community organisation.

If you feel you might have something you can offer our committee, please consider joining the committee. Alternatively you may not be a member yet and wish to show your support by joining.

If you are a past member, please remember that unless you are a current member then you will not be able to vote on the night.

If anyone would like to discuss membership or joining our committee, please make contact through our Facebook page - **Southbankresidents** or email: **info@southbankresidents.com.au**

Tony Penna - President



Every Sunday

9am Traditional worship with communion
 11am Informal worship with communion
 6pm Sunday Night at St Johns
 Informal contemporary worship hosted by Lutheran Students and Friends

11am Sunday School (during school terms)

Sunday 25th October

9am Reformation Festival Eucharist
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photo Peter Hobbs



HEALTH & WELLBEING

with Justin Moran

Just In Time Personal Training

How good is your posture?

Posture

One of the major areas I focus on when designing an exercise program for any client is posture. It is essential that an assessment is conducted and then a suitable program put in place to address areas of weakness and tightness (flexibility). So what is posture you may ask?

“Posture is the position in which you hold your body upright against gravity while standing, sitting or lying down. Good posture involves training the body to stand, walk, sit and lie in positions where the least strain is placed on supporting muscles and ligaments.”

Poor posture can cause many problems. These include rounded shoulders, chin poke, headaches, back pain, spinal dysfunction, joint degeneration and increase pressure put on other muscles, ligaments and tendons – just to name a few!

One analogy I like to use is that trying to improve and work on your posture is a bit like having a wheel alignment for your car. Sure you can turn your steering wheel to the left or right slightly and the car will still drive straight, but over time this will lead to extra wear and tear on the car. Likewise we can continue to sit, stand and even exercise with poor posture or continue to perform exercises incorrectly and often too fast and/or heavy but we will then further inflict damage to our bodies.

Living or working in Southbank we often



see many young students of ballet and they often serve as a great reminder of how to walk and stand tall as they possess great deportment and posture.

Strength

To maintain or improve our posture, we must ensure that we work on strengthening our relevant muscles and, on the other hand,

stretch our tight areas. By doing this we maintain a good balance.

A good and common everyday example is that many of us have rounded shoulders. As a personal trainer this tells me that more-than-likely anyone with rounded shoulders will have tight chest muscles and need to strengthen their upper back musculature. So, in effect, our strength and flexibility work in an opposing manner. Tight muscles are shortened and require stretching whilst lengthened muscles require strengthening and shortening.

Flexibility – stretching

Stretching allows us to lengthen our muscles and help release tight areas. It is an area easily and often overlooked by most and can be improved by as little as five minutes of stretching a day.

Many people end up with injuries from over-straining muscles when, due to inflexibility, they push past a certain limited range of motion. This range of motion can be improved by stretching and whether you are an avid exerciser or not, the beauty of stretching is that we can all do some on our own and with no equipment.

In saying that, there are many great ways to keep active, improve posture and reduce the chance of injury and these can include yoga, Pilates and body balance classes.

Justin Moran

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A MIX OF FUSION
AND PASSION FOR
ALL SEASONS

Southbank's newest dining option arrives in Coventry Street on 29 October.

Serving colourful, fun and vibrant dishes for breakfast, lunch and dinner the fresh food offering from Mix on Coventry is guaranteed to sate the appetite of local residents as well as office workers.

Focussing on celebrating quality seasonal produce from in, and around Victoria, Mix on Coventry will also serve coffee and specialty teas to suit the tastebuds of aficionados alike.

Open seven-days-a-week, Mix on Coventry is also perfect for any occasion from a quiet Sunday brunch to corporate functions including the office Christmas party.

Why not drop in at Mix on Coventry and let the team take you on a seasonal journey all year round.



DO IT YOURSELF

with **KATHLEEN TOOHEY**

Haymes PaintRight Southbank

Preparation is key

Generally, most DIY projects are completed without proper preparation. Let's face it, it's pretty boring, it's time-consuming and plays absolutely no part in giving you a sign that the final result is just around the corner! I don't enjoy it.

However, I cannot stress this enough. Preparation is the absolute most important part to any DIY project you decide to undertake. Thorough preparation isn't hard, but it does take some patience. By using quality products and applying correct procedures, the results are better, it lasts longer and saves you time and money.

Filling holes or gaps is usually the first place to start.

It is important you use the right type of filler, depending on the size, material and location of the gap. Using the right filler ensures it will dry properly and won't pop out at any stage

in the future. The filler needs to be paintable and easily sanded. I would recommend the GSA and Polyfilla range of fillers. They have a wide variety to suit any project.

Sanding is one thing that most people skip or do a substandard job but it is one of the most important.

Sanding previously-painted surfaces is essential for adhesion purposes, especially when applying a water-based coating to an oil-based one. Sanding also creates a nice, smooth base for the paint to be applied to, leaving an immaculate finish if done properly. It is important to use the right

grit, something too coarse will leave scratch marks, too fine and it will take an eternity! I recommend Saint-Gobain sandpaper rolls.

Taping and masking is the other thing people skip, deciding to just go ahead and paint ending up with a huge mess and uneven lines.

The biggest tip here is quality. Use a good quality blue tape, I would recommend Haymes blue masking tape, for your edges so you can paint stress free. Just don't overload the brush and restrain from painting down onto tape. Instead, painting up to it. This prevents slight bleeding.

Cleaning is the last thing that is very important for the best possible finish.

All surfaces should be free of dust and dirt before paint is applied. Haymes Unikleen is great for this, just be sure to use fresh water afterwards. Rokset Tack Cloths are great for sanding dust. It is just as important to clean your tools thoroughly afterwards, stiff brushes are going to be no good to you in future!

For more information on any of these procedures or products please come and speak to me at Haymes Paintright Southbank.



OWNERS CORPORATION LAW

Tom Bacon is the principal lawyer of Strata Title Lawyers.
Tom@stratatitlelawyers.com.au

Encouraging vertical communities to innovate

The best owners' corporations (OCs) are always looking to innovate, to experiment with new modes of living and to provide a diversity of services and activities to encourage their local community to come closer together.

Communal areas such as rooftops and gardens are one such piece of common property that can be transformed into areas where volunteer residents can come together to socialise and be productive for their community.

A growing number of buildings in Melbourne are inviting local beekeepers to establish a colony of bees on their rooftops. Residents have been quick to assume beekeeping duties and don the protective gear to perform maintenance duties.

Bees play a crucial role in keeping an ecosystem balanced and the well-reported decline of bee populations worldwide due to disease and other factors means that there

is a demand for greater numbers of bee colonies to be established and maintained.

Aside from the community collaboration and goodwill, there is also the added benefit of a healthy supply of fresh honey to be harvested and distributed among residents.

Rooftop herb gardens and veggie patches are also becoming more and more common, and provide residents with the opportunity to use their "green fingers" and have a "potter" in the garden while also providing residents with a source of fresh herbs and vegetables.

For buildings considering these types of innovations, there are some practical and legal issues to consider, such as:

1. Does the OC provide more than just the common property for the activity, i.e. - contribute funds from its administrative fund to establish and maintain the activity?
2. How is rooftop access to be provided safely to residents?
3. Are residents "pottering" in the garden or tending to the bee colony considered to be "voluntary workers" under the OC's policy of insurance? and
4. How does the building determine who receives the precious honey or the tasty herbs and fresh vegetables? I'm still waiting for the legal case to come

across my desk about enforcing rules of the OC against the resident that took too much honey, or was caught on CCTV harvesting the entire mint and basil plants for their cocktail evening.

Whatever the benefits and drawbacks of these types of ideas, it should be the case that OCs remain committed to blue-sky thinking about ways and opportunities to use the common property and their resources to bring as many residents of the building together.

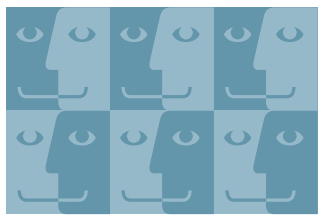
After all, a close-knit building is a true community, and a source of support for each other.

Roof-top yoga at sunrise anyone?



224 Normanby Street, Southbank 3006
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www.southbank.paintright.com.au



FACES OF SOUTHBANK

Question:

What is the best thing about spring in Melbourne?



JULIE
Administrator

"The weather. It's getting warmer and people are happier. I live on the Gold Coast so I'm only down for a few days but it's lovely here."



CHARLES
Office worker

"When the weather is good the Southbank area is quite nice. Just on my coffee break at the moment which is good."



ALI
Office worker

"It's nice coming out of your office and not have to wear a jacket - being able to walk around in pants and a shirt and feel comfortable."



OWEN
Fundraiser

"I like going on walks in the evening. I don't really know where I'm going necessarily, but especially around here there are really nice views."



LAURE
Charity worker

"Barbecues. I have been here for three weeks from Marseille and this city is really beautiful."



MADDISON
Field manager

"The warm weather. The food. I love when it's warm here and beautiful, in spring it's not too hot it's perfect. Everyone is just really happy that summer's coming."

The life of a working dog in the city

By Katie Wong Hoy

Alex Fogarty and her beautiful Kelpie Cross Border Collie Alice are out and about making the most of the rare Melbourne sunshine.

Alice wanders along Southbank with no lead and playfully frolics by the river while her doting owner keeps an eye on her.

"Alice was given to me as a Christmas present eight years ago. She came in a Christmas bag. She was eight weeks old," Alex said.

Alex was born in NSW but has lived in Melbourne for 49 years. She works as a barrister and moved to South Yarra about two years ago with her two sons. She loves that she can easily walk into the city, with loyal Alice by her side.

Alice is a working dog whose mother and father were working sheepdogs in north-east Victoria.

"When she was about 10-weeks-old I couldn't find her, and she had gone and rounded up all the cattle by herself ... it's totally and utterly in her blood," Alex said.



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A love for inner-city living

Having moved to Southbank seven years ago, Sovereign resident Paul Doyle said he and wife Jacqui had fallen in love with the inner-city lifestyle.

As a production co-ordinator at the Victorian College of the Arts (VCA) and having served in various production manager roles throughout the arts precinct, he said it couldn't get much better than living in Southbank.

"Now that I'm working across the road at the VCA it's as convenient as it can get and I can even take a big long break in the middle of the day and it's an easy decision because it doesn't cost me anything," he said.

"In my role I'm very much the first person to get there and the last person to leave. I'm often pretty fatigued on the way home so living near work is wonderful."

Having grown up and worked on a rural property in Western Australia, Paul said the most appealing part of apartment living was the low maintenance factor.

"I had a very fortuitous upbringing where we lived on a five-acre property about an hour out of Perth. I had a father with an excellent work ethic so my weekends were very full taking care of the property," he said.

"That formed my opinion that I don't really need to ever live somewhere where I have to own a lawnmower ever again! I'm done with all that sort of stuff for life!"

While he and wife Jacqui are no strangers to the inner-city lifestyle, having lived in several apartments in Perth, he said they had always imagined living in Southbank since moving to Melbourne in 2007.

Paul said after first discovering the Sovereign apartment building, the pair had been determined to live there despite missing out on an opportunity the first time around.

"It actually took us a while to find something in this building, which was the top one in the area at the time. One of the first apartments we looked at was in this building but we missed it," he said.

"We spent the best part of a year looking around and always thought: 'no there's nothing quite as good as that one.' We came back again though and got one!"

"We're actually one or two floors above the one that we would have bought initially so it all worked out for the best."

Over the years Paul has become an active member of the community not just through his love for the arts, but also through his building having recently launched a cinema



club for his fellow residents (story on page 10).

He said the best thing about the Sovereign was that its enthusiastic and involved owners' committee and building manager had always ensured that it was a wonderful place to live.

"I really appreciate this building and how well it's cared for by the people who live here," he said.

"I appreciate that it's a bit of an older building for the area but it's been well looked after and reinvested in several times over its lifetime."

"I guess it's always easier to convince owner-occupiers to invest in it because they get a benefit from it straight away."

As a career production manager, Paul's experience has incorporated roles with the Melbourne Theatre Company, the Arts Centre with Orchestra Victoria and various other positions working with symphony

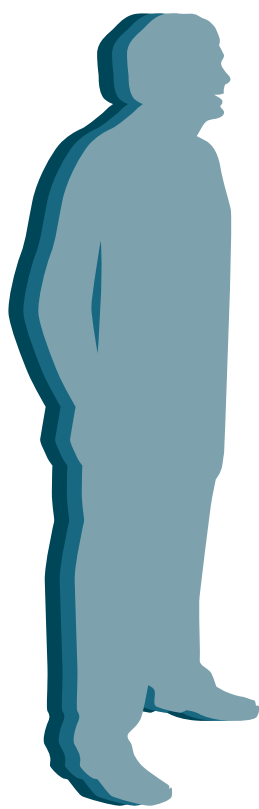
orchestras, opera, ballet and theatre companies.

In recent years, he has also played a pivotal role in the production of White Night Melbourne as a technical director, which he said he was "ludicrously proud to be associated with."

Now assisting the next generation of artists on various projects as production coordinator at VCA, he said he looked forward to many more happy years both living and working Southbank.

"As a centre for culture Southbank is amazing. I can't think of another place in this country where someone like myself who is so addicted perhaps to working in the arts and cultural events industry would want to work and live," he said.

"Melbourne promotes itself as the events city and it's amazing but it's philosophical here in that we invest in infrastructure and events to create something special."



SOUTHBANKER

Profile by
Sean Car

ABR - leading arts magazine at Boyd

Did you know that Australia's leading arts magazine is just around the corner? *Australian Book Review* is based at Boyd Community Hub. Subscribe to *ABR Online* for as little as \$25 or \$49.95 for the print edition. Sign up to our free e-bulletins or follow us on Facebook and Twitter.

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Businesses in Southbank

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FILLING A DENTAL GAP



Smile Up Dental owner Dr Branko Krstic (centre back) celebrates the practice's grand opening with staff, friends and family on Thursday, October 1.

With a shortage of dental services in the Southbank area, Smile Up Dental owner Dr Branko Krstic said he and his team were proud to be filling the gap.

Established at 51-55 City Rd, Dr Krstic and wife Ebru celebrated the clinic's grand opening on Thursday, October 1 with staff, friends and family.

Dr Krstic said it was exciting to have the opportunity to serve the local community and provide the area with a convenient

and quality dental service it so desperately needed.

"It's nice to open up in an area where there aren't many dentists around and obviously with all of the new developments, existing buildings and all of the businesses, we thought it would be a good idea to

provide a service," he said.

"I believe our location, flexible opening hours, our friendly staff and our new modern rooms will be an attractive option for the local community."

Smile Up Dental specialises in all forms of general and cosmetic dentistry and provides a general anesthetic service for its patients.

With a team of seven dentists, who collectively possess more than 100 years of dental experience, Dr Krstic said the practice provided a comprehensive service in a state-of-the-art facility.

"We've got all of the modern things that a dentist should have. It's nice and spacious, full of light and we've got seven dentists who are going to be working here and each one has different areas of interest so we can effectively provide a one-stop shop for virtually 90 per cent of all cases," he said.

"My staff are all very experienced. Some are practice managers and have been in the business for over 20 years and I myself have over 30 years of dental experience."

With many busy workers and families in Southbank having limited time to get to a dentist, Dr Krstic said the practice's flexible opening hours between Monday and Saturday meant it could work to suit it clients.

Running until December 31, the clinic is also offering an opening special for checkups cleans and necessary x-rays for just \$150,

and as a permanent policy, provides clients with an hour of free parking for treatments of \$250 or more.

With a passion for dentistry and extensive experience in treating difficult dental cases and nervous patients of all ages, Dr Krstic said there wasn't a patient he couldn't help.

"I do a lot of restorative work and my interest is dealing with nervous patients and I have extensive experience in that area in using various techniques to overcome their fear because sadly a lot of people have that fear and it's quite common these days," he said.

"I also enjoy treating children as well as well as dentally difficult cases. It's something that is both challenging and uplifting."

Dr Krstic said he considered dentistry an art, and hoped he could make a difference to the smiles of many Southbank residents and workers for many years to come.

"What I love about being a dentist is that to me it's a form of art because I love working with my hands to rebuild something that's broken, to fix something that was once there, to repair or replace something that was unfortunately lost is to me is an art," he said.

"It's not just a profession it's an art because to see people's smiles and people's reactions to it and to see everybody get excited about things like that I think that's important."

www.smileupdental.com.au

THE VERTICAL LIVING SPECIALISTS

Since launching his company back in 2004, Lucas Real Estate director Glen Lucas has certainly come a long way.

Today, his company controls a 52 per cent market share of all properties sold in Docklands, has been awarded with multiple national property management accolades and, as he puts it, has well and truly "grown beyond its footprint."

Having first sold property in Docklands in 2000 with MAB Corporation, Glen's philosophy for doing business has always been centred on the local community and he is now keen to bring that same passion to Southbank.

"We're keen to get involved in the community in Southbank and see if we can provide a level of service that they may not be used to," he said.

"We want Southbank to experience the same level of real estate expertise that our clients in Docklands have enjoyed for over 10 years."

"Southbank is very comparable to Docklands as far as the property, lifestyle, and facilities are concerned."

Lucas Real Estate is now recognised as one of Melbourne's most successful inner-city agencies thanks largely to Glen's



Lucas Real Estate accepting the award of Australia's 2015 Property Management Business of the Year at the Real Estate Business Awards. Left to right: Nicole Roberts, Cameron Smith, Yolanda Webster (EBM, award presenter), Dylan Emmett, Gareth Chan, Jenna Hilton, Emma Racky, Esther Kamian, Gayle King and Renee Harrison.

leadership, which was also acknowledged with a Lord Mayor's Commendation in 2013.

Growing from a team of three to now a two-office network consisting of more than 30 employees, who between them possess more than 500 years of real estate experience, operations manager Lisa Walsh said it was a very happy team.

"Lucas is an employer of choice," she said. "A third of our team has been with us for over five years, which is unheard of in real estate."

"We like to think we offer a very

professional and personal development for all of our team members in our company. We wouldn't do anything else, it's a career of choice."

Specialising in residential and commercial property sales, management, leasing and market valuations, Lucas Real Estate offers a fully comprehensive service for all of its clients.

As it continues to enjoy long standing relationships with all of its clients, including many of Melbourne's most renowned public and private developers, Lisa said building

strong connections had always been a priority.

"We've got a really good mix. We have multilingual team members so we can converse with all of our clients regardless of their background," she said.

"We have the ability to communicate with our clients no matter where they are in the world at all times of day, which is very important to us."

As a long-time Docklands "empty nester," Glen Lucas is no stranger to the appeal of the inner city lifestyle.

His passion for that lifestyle and the growth of the inner city had always made it easy to engage with the local community and he said he hoped it would be no different in his efforts to extend quality service to Southbank.

"We live in an apartment, we have a holiday house and we travel down there on the weekends it's just a magnificent lifestyle and that's what we're seeing happening here," he said.

"A lot of empty nesters are selling out of their homes in the suburbs and they're coming into the city and they're enjoying a different lifestyle."

"In Southbank you've got the tram at your doorstep and Crown Casino, so from entertainment to theatres and every lifestyle whim, it's a great place to live and that's what I love about it."

For more information visit www.lucasre.com.au

SOUTHBANK-BASED BUSINESSES WISHING TO BE PROFILED IN THIS SECTION SHOULD EMAIL: ADVERTISING@SOUTHBANKLOCALNEWS.COM.AU

LOCAL MEDICAL CARE

Despite having only just moved here, Southbank Family Medical Centre practice principal Alex Niazov says he and his team have been overwhelmed by the response of the local community.

After establishing the service at the former site of the Medidock Health Centre at 216 City Rd, Mr Niazov said it had quickly become evident how much the area needed quality medical care.

“It’s clear that Southbank is crying out for an efficient, on-time, high quality service medical centre and that’s really what I’m looking to provide,” he said.

“I’m surprised because it usually takes us a little bit longer than what it’s taken us here so I’m surprised how quickly it all sort of came together in Southbank but the community seems to be very supportive of it.”

“We hope the patients love it, they’re telling us good things so we hope that it’s accurate!”

The Southbank practice is Mr Niazov’s third medical centre. He has clinics in North Melbourne and Oakleigh – both successful and community-focused models.

The clinic has recently started opening two nights a week on Tuesdays and



(left to right) General manager Christopher Brown, Dr Pietas Nyamayaro, Dr Karelien Vermaak and practice principal Alex Niazov.

Thursday, with the intention of expanding hours to 8am until 11pm, seven days a week in the future.

General manager of the Australian Family Medical Centre Group Christopher Brown said offering an evening service was crucial for Southbank’s young working demographic and was all part of the business’s belief of “going that extra mile” for its patients.

“Having a doctor here late at night is really good I think because there seems to be

a lack of coverage in this area for a late night clinic,” he said.

“We’re focused on delivering very high quality patient care and just going that extra mile because that’s what really makes a big difference – making sure we follow up and making sure they get good customer service and that they’re not just a number.”

The clinic offers an extensive range of services, which includes general health care, chiropractic, dietary and mental health services, immunisations, skin checks, work-

related injury treatment, travel vaccinations and much more.

The highly experienced team also possesses specialist care for both women’s and men’s health, as well as multilingual doctors and nurses.

Mr Brown said the team was determined to help local families by engaging with the local community in a number of ways.

“Our female GP also loves kids, she really likes working with kids, which is perfect because we’ve got Boyd across the road and she specialises in that field so she really wants to make a project out of working with all the families,” he said.

“We’ll be having university students as well here for training and learning so we want to give back as well and help the next generation of doctors progress.”

Having first worked at the Meat and Wine Co in Southbank as a university student, Mr Niazov said he was proud to return and give back to a community that he was passionate about.

“Any place I worked after that you never found that same vibe and that’s what Southbank is and it’s strange to see because it’s so close to the city and yet it still almost has that small town community feel about it,” he said.

“People are friendly and they want to come here and it’s really amazing so it’s nice to be apart of that community and be able to offer a service to them.”

www.southbankmedical.com.au

Southbank Directory

Bookings for the 2016 Southbank Directory are now open!

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WHAT'S ON

COMMUNITY CALENDAR

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Meeting on selected dates and various locations, IMLAC takes in the city's parks, its culture, fabulous eating options as well as festivals, galleries and concerts.
website www.life.org.au/imlac or call Carolyn on 9696 1090



THIRD SATURDAY OF EACH MONTH

DADS PLAYGROUP @ BOYD

Are you a dad living within the bounds of the City of Melbourne? Here's something just for you. Dads are invited to bring their preschool child(ren) along. Bookings:
kirsty.bates-webb@melbourne.vic.gov.au

TUESDAYS - THURSDAYS & SATURDAYS

CHUNKY MOVE DANCE CLASS

Mondays to Thursdays and Saturdays at 111 Sturt St. Chunky Move dance classes are the perfect way to unwind, get fit and improve flexibility and strength.
www.chunkymove.com



WEDNESDAYS

BOOT CAMP @ BOYD

If you're looking for a great way to start the day, come along to Boot Camp at Boyd. Active Melbourne instructors will take you through a series of fun and challenging exercises. Starts at 6.45am

THURSDAYS

MELBOURNE'S GOT SOUL

A fun and friendly group who meet at BOYD to sing and socialise. There are no auditions, and you don't even have to have an amazing voice.

Thursdays 6pm @ BOYD

MONDAYS & SATURDAYS

YOGA WITH ALISON @ BOYD

Looking to improve both your physical and mental well-being? Instructor Alison Corsie hosts classes at Boyd every Monday at 6.15pm and Saturdays at 9am.
alison@inner-rhythms.com.au

OCT 31 TO NOV 8 @ SOUTHGATE CINEMA

SHOOT THE CHEF EXHIBITION

As part of Good Food Month, The Age Clique photography club and Southgate presents Shoot the Chef Exhibition 2015.
www.southgatemelbourne.com.au



UNTIL OCTOBER 10 @ BOYD

CITY RD MASTER PLAN

The City of Melbourne has developed a draft Master Plan to transform City Road. Come to a drop-in session at Boyd, sign up to a walking tour or share thoughts at **participate.melbourne.vic.gov.au**



TUESDAYS

LAUGHTER YOGA @ BOYD

Laughter Yoga is a unique concept that allows you to laugh even when you least feel like it and is ideal for all ages. Sessions are at Boyd Community Hub, Assembly Hall each Tuesday at 6pm

TUESDAYS

SOUTHBANK ROTARY

Rotary Club of Southbank meets weekly for dinner on most Tuesday evenings throughout the year at Federation Square. Visitors are always welcome.
www.southbank.org.au

TUESDAYS

SOUNDS OF SOUTHGATE

Run by voice teacher, choral director and composer Kate Sadler, Sounds of Southgate is a community choir open to anyone to join. 6.15pm - 8pm every Tuesday at St Johns Church Southgate.



SUNDAYS

ARTS CENTRE MARKET

Meet over 80 of Victoria's finest artisans first hand. Discover how these unique artworks are made, chat directly about the products, inspirations and techniques.
www.artscentremelbourne.com.au

OCTOBER 9 @ BOYD

HIGH TEA FOR SENIORS WEEK

Mimi-Myrtle + Co will be designing a very special Seniors Week High Tea from 10am to noon. Come along and enjoy delicious scones and tarts, with a range of teas. No bookings required.



WEDNESDAYS @ BOYD

FREE WALKING GROUP

Join local fitness experts JustInTime as they lead a 'not just walking group' for Boyd walkers. The program runs on Wednesdays from 9.30am to 10.30am.



FIRST THURSDAY OF EACH MONTH SUNRISE PROBUS CLUB

For over 50s living in Southbank. Join for fun, activities, events and friendship. First Thursday of the month at Library at the Dock 10am. Contact Sue 0425 831 954.
www.clubrunner.ca/mspc

SECOND TUESDAY OF EVERY MONTH

LIONS CLUB

The new Melbourne City Southbank Lions Club hosts its monthly meetings at Boyd from 7pm until 8pm. All welcome.
Email chengji1214@gmail.com for more information

OCTOBER 16 TO 28 @ BOYD

FIND A STORY

Curious about your family's past and don't know where to start? Book into one of our free family history training sessions and let us help you get started. Bookings essential. Sessions run for 90 minutes.

WEDNESDAYS

READING CIRCLE

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